Directory of Short Term Residential, Day Care and Support Services
Short Breaks for
Carers of Adults in Leicester, Leicestershire & Rutland
2017-2018
Introduction

Welcome to the Respite Directory for Carers of Older Adults including a Short Breaks Directory for Carers of Adults with a Learning, Sensory or Physical Disability.

Who is a carer?
A carer is “someone of any age whose life is affected by the need to help another person with daily living.”

What are short breaks for carers?
A short break for carers gives the opportunity for carers to have a break from their caring role. This may be for two weeks once a year or for a couple of hours a week, every week, or anything in between.

The Respite Directory is designed to provide a range of information to help carers choose a service. The services included are

- Residential Home and Nursing Home Respite Care
- Day Services, Day Centres, Day Clubs
- Home Respite Care, Domiciliary Care, Care Attendant Schemes, Befriending & Sitting Services
- Social and Activity Groups, Social Clubs, Luncheon Clubs
- Self Help, Support Groups
- Short Breaks
- Holiday Breaks – catering to the disabled in the UK

The Short Breaks Directory is designed as a central reference point for both carers and care workers, showing them what respite services are available in their local areas. It is hoped that this will lead to more carers receiving the type of break from their caring role that they really want and need.

The Respite Directory for Carers of Older Adults & The Short Breaks for Carers of Adults with Learning, Sensory or Physical Disabilities

- Every effort has been made to check that the information in this directory is accurate at the date of publishing.
- The publishers cannot accept any liability for errors or omissions.
- Inclusion of an organisation in the directory does not imply recommendations.

Prepared and published by The Carers Centre with financial support from Health Short Breaks Carers Committee and Learning Disability Health Short Breaks Project Group. If we can be of any further service please contact The Carers Centre on 0116 2510 999.
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KEY TO SERVICES

As several of the service providers listed in this directory provides more than one type of service, these will appear under the main service provided headings.

Please refer to the key of abbreviations below. Which will appear above each page heading to assist you.

RH/NC/RA  Residential Homes / Nursing Care / Recruitment Agencies - Respite Care

HRCS  Home Respite Care Scheme / Domiciliary Care
       Care Attendant Scheme, Befriending & Sitting Service

DS  Day Services – Centres & Clubs

SAG  Social and Activity Groups

SHSG  Self Help and Support Groups

SB  Short Breaks

HB  Holiday Breaks
   Catering to the disabled in the UK
Residential Home and Nursing Home Respite Care

Although residential and nursing care homes are better known as places that older people go to on a permanent basis, many also offer places for respite. This is where the cared for person stays in a residential home for a short period of time which can range from a few days to a few weeks.

Nursing homes provide more specialist care for people who require more help due to a physical or mental condition.

The majority of residential and nursing care homes are privately run businesses, but there are also a small number of local authority run homes. To use residential or nursing home respite services you can either contact the home directly or through Social Services or Health Services, depending on your circumstances.

Many residential homes also run a range of day services.
Aberry House

We are a registered joint nursing and residential care home set in old Aylestone near to Aylestone village. Our home provides a large range of facilities for comfort & security; providing you with peace of mind that your loved ones are cared for. We are registered by the Care Quality Commission to provide care for adults over 65 years old, people who suffer from mental conditions such as dementia or Parkinson’s disease among others, physical disabilities & sensory impairments. We always offer a holistic approach to care to everyone who lives with us.

Address: 6 Monsell Drive
Leicester
LE2 8PN

Tel: 0116 2915602
Fax: 0116 2915603

Email: aberry@magnumcare.com
Website: www.aberryhousecarehome.co.uk

Service description: We offer this service for adults over 65 yrs with physical disabilities, sensory impairments, mental health conditions or dementia. We care for people whose rights are restricted under the Mental Health Act.

Service charges & Payment details: £715, £850 or £950. For day care £60 /day. Clients will be invoiced, they have the option of paying it on the day.

Organisation contact: Subhrajit Das - HR/ Office Manager

To access, contact: Social Services, Directly or through Health Care NHS.

Areas covered: Leicester City, Oadby & Wigston District and Blaby

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical disabilities, sensory impairments

Type of organisation: Private Sector Organisation
Abundant Life Care Ltd.

Our objective is to enable service users to stay in their homes for as long as they wish. We will always work in a transparent, honesty manner providing care, support & protection for those through their illness or disability who are unable to express needs & wants or control. We provide a high standard of services & strive to provide that continuum of care through our highly qualified, dependable & compassionate caregivers to give the family peace of mind.

Address: 87 London Road
          Office 4
          Leicester
          LE2 0PF

Tel: 0116 3196262
Fax: NA

Email: info@abundantlifecare.co.uk
Website: www.abundantlifecare.co.uk

Service description: We offer home care including 24 hr care, live in, personal, companionship, supported living, light housekeeping, Meal preparation & laundry, Medication assistance.

Service charges & Payment details: Home care per hour - £13.90-£16.00. Live In 1 person- £875 per wk. Live in 2 people -£1,050 per wk. Live in respite (only)- £1,400 per wk. minimum 3 days at £300 a day. Clients will be invoiced.

Organisation contact: Sithabile Ndhlovu - Manager

To access, contact: Social Services, Directly or through Health Care NHS.

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory, Learning Disabled

Type of organisation: Private Sector Organisation
Agnes House, Wyggeston’s Hospital

Agnes House is a purpose built residential home giving quality care to frail elderly residents. Staff are well trained and committed to their work. We are supported by Wyggeston’s Hospital which is a registered charity and we have been awarded 3 stars by our regulator.

Address: Wyggeston’s Hospital
Hinckley Road
Leicester
LE3 0UX

Tel: 0116 2542973 option 2 Senior on duty
Fax: 0116 2543008

Email: clerk.wyggeston@zen.co.uk
Website: www.wyggestonshospital.org.uk

Service description: We offer permanent and respite care

Service charges & Payment details: £680 per week privately. Some possibility of Social Services funding at banded levels. Invoiced or Standing Order

Organisation contact: Louise Richards – Care Manager

To access, contact: Contact the organisation directly or through Social Services

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome of both Genders

Disabilities catered for: Physical and Sensory Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
Established in 1943 by the Methodist Church as an independent charity to provide care and support for older people in need. Our mission is to improve the quality of life for older people, inspired by a Christian concern. We are open to all older people in need irrespective of their beliefs.

Address: 21 Manor Road
Oadby
Leicester
LE2 2LL

Tel: 0116 2715086
Fax: 0116 2714288
Email: home.lei@mha.org.uk
Website: www.mha.org.uk

Service charges & Payment details: Residential only – £741.00 - £777.00
Dementia per week.
You will be invoiced

Organisation contact: Home Manager - Jackie West

To access, contact: Contact the organisation directly by phone, email or in person.
Through Social Service referrals.

Areas covered: Leicestershire and Rutland.

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: All including Dementia

Type of organisation: Voluntary Sector / Charitable Organisation.
ALA Care Ltd. – Enderby Grange

Enderby Grange home is 8 years old, built in a private 4 acres and is situated near to all local amenities. It provides an environment where residents can have peace of mind, feel relaxed and secure in the knowledge that their individuality, dignity and privacy are respected and assured. We encourage residents to maintain their independence by allowing them to undertake normal activities for which they are individually capable.

Address: Sparsis Gardens  
Narborough  
Leicester  
LE19 2BQ

Tel: 0116 2752555 ext 3  
Fax: 0116 2752555 ext 202

Email: enderby@ala-care.co.uk

Service charges & Payment details: £550 per week  
You can either pay on the day of admission or be invoiced for the period of time you are staying in the home. Permanent Residents set up Direct Debits.

Organisation contact: Tez Burbank – Manager or  
Elaine Cooke – Deputy Manager

To access, contact: Contact the organisation directly.

Areas covered: Leicester, Hinckley & Bosworth District, Blaby District and Oadby & Wigston District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Dementia, and physical and sensory

Type of organisation: Private sector organisation
We strive to provide the best care available, valuing all our service users and staff, promoting dignity and care within our home. We take pride in our varied training courses in order to achieve high quality care levels.

**Address:**
148 Enderby Road  
Whetstone  
Leicestershire  
LE8 6JJ

**Tel:**
0116 2477876

**Fax:**
0116 2477007

**Email:** whetstone@ala-care.co.uk

**Website:** www.ALA-care.co.uk

**Service Description:**
We do have about 20 places available for people suffering from Dementia.

**Service charges & Payment details:**
Our charges range from £470 - £550 per week dependent upon initial assessment. Invoiced, Direct Debit, Cheque or a month in advance.

**Organisation contact:**
Lindsay Frearson – New Care Manager  
Natasha Smith - Information

**To access, contact:**
Contact the organisation directly or through Social Services

**Areas covered:**
Leicester, Hinckley & Bosworth District, Blaby District, Oadby & Wigston District, Harborough District, Rutland

**Ethnicities catered & Genders catered for:**
All Welcome

**Disabilities catered for:**
Dementia, and physical and sensory disabilities

**Type of organisation:**
Private sector organisation
Alston House

We are a registered residential care home in Aylestone. Our home provides a large range of facilities for comfort & security; providing you with peace of mind that your loved ones are cared for. We are registered by the Care Quality Commission to provide care for adults over 65 years old who suffer from mental conditions such as: dementia among others, physical disabilities & sensory impairments. We always offer a holistic approach to care to everyone who lives with us.

Address: 380 Aylestone Road
Leicester
LE2 8BL

Tel: 0116 2915601
Fax: 0116 2915611

Email: alston@magnumcare.com

Service Description: We offer this service for adults over 65 yrs with physical disabilities, sensory impairments, mental health conditions or dementia. We care for people whose rights are restricted under the Mental Health Act.

Service charges & Payment details: Payable at Leicester City Council or Leicestershire County Council Banded Rates, may include top up of £50-£100/week, Day Care £60/day. Clients will be invoiced, they have the option of paying it on the day.

Organisation contact: Subhrajit Das - HR/ Office Manager

To access, contact: Contact the organisation and any member of staff will be able to deal with this query.

Areas covered: Leicester, Blaby District, Oadby & Wigston District

Ethnicities catered & Genders catered for: All Welcome

Disabilities catered for: Dementia, physical disabilities and sensory impairments

Type of organisation: Private sector organisation
Amberwood Care Home Ltd

Amberwood is a family run home with an ethos of achieving “home from home” care with a personal approach. We have over 20 years of history in providing residential care to the highest standards.

Address: 218 – 226 Aylestone Lane, Wigston Leicester LE18 1BD

Tel: 0116 2813474 / 2152934 Admin.
Fax: 0116 2811639

Email: amberwoodcarehome@mail.com

Service description: Although we are primarily a permanent place of residence for most of our residents we do offer temporary respite care subject to availability.

Service charges & Payment details: £570 to £620 weekly
Invoiced in advance

Organisation contact: Katie Wade – Matron
Angela Bailey – Office Manager

To access, contact: The organisation directly.

Areas covered: Leicester, Leicestershire & Rutland

Ethnicities & Genders catered for: All welcome

Disabilities catered for: All

Type of organisation: Private Sector Organisation
Barchester Tixover House Care Home

We are committed to enabling our residents to lead full lives within their capabilities, making their own choices about care and general enjoyment of their day. We have a team of friendly efficient nurses and carers who deliver care to a high standard. We have an excellent rating with the Care Quality Commission.

Address: Tixover Grange
          Rutland
          PE9 3QN

Tel: 01780 444491
Fax: 01780 444572

Email: tixoverhouse@barchester.com
Website: www.Barchester.com

Service charges & Available on request
Payment details: Invoiced / Cheque / Credit or Debit card / S.O.

Organisation contact: Clare Twiss – General Manager

To access, contact: The organisation directly or through Social Services

Areas covered: Rutland and Melton

Ethnicities & All Welcome
Genders catered for:

Disabilities catered for: Physical Disability and Sensory Impairment

Type of organisation: Private Sector Organisation
Barons Park Nursing Home Ltd

Address: Desford Lane
Kirby Muxloe
Leicestershire
LE9 2BE

Tel: 0116 2387337
Fax: 0116 2387976

Email: frankloh@prime-life.co.uk
Website:

Service charges & Payment Details: Dependant on service required and assessment of need. By invoice or Government agency

Organisation contact: Frank Loh - Manager

To access, contact: Contact the organisation directly or through Social Services or NHS

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Main service provision is Mental Health / Dementia Care, but also Physical Disabilities

Type of organisation: Private Sector Organisation
Our aim as an organisation is to provide good quality care to those who use our service. Our philosophy is to treat others as you would wish to be treated yourself, and the way you would care for your own loved ones. Our service users are treated as individuals, with respect and dignity, no two people are alike, and care is tailored to the individual not governed by routine set out by others. Family and friends are part of the experience and welcomed. Berrystead is home and you can relax and be yourself here.

Address: 1001 Melton Road, Syston Leicestershire LE7 2BE

Tel: 0116 2692366
Fax Number: 0116 2696452

Email address: clareharvey@btconnect.com

Service Description: We provide long term care for the over 65’s, both residential and nursing. We also accept fully funded (100% continuing healthcare) and short stay including respite care following a full assessment by one of our senior nurses. We offer day care services for up to 4 people per day, Monday to Friday at a cost of £100 per day. We also offer end of life care.

Service charges & Payment Details: £600 per week for Respite
£50 per day for Day Care
Continuing Health Care – 100% NHS funded
Invoiced

Organisation contact: Clare Harvey - Manager or Sam Long – Deputy Manager

To access, contact: Contact the organisation directly.

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical only

Type of organisation: Private Sector Organisation
**RH/NC/RA HRCS**
**Bosworth Court Care Home**

**Address:**
Station Road  
Market Bosworth  
Leicestershire  
CV13 0JP

**Tel:** 01455 290867  
**Fax Number:** 01455 292455

**Email address:** bosworthcourt@givecare.co.uk

**Service Description:** Registered General Nurse and Mental Health Nurse in place, person centred care. Family involvement.

**Service charges & Payment Details:** From £640 – £780 per week. Clients will be invoiced.

**Organisation contact:** Rebecca Thompson - Manager  
Karen Smith - Administrator

**To access, contact:** Through Social services or directly through the care home.

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities Cater for:** Physical Disabilities, Sensory Impaired, Learning Disability, Dementia and Palliative – end of life Care.

**Type of organisation:** Private Sector Organisation
Chataway Residential Care Home

Chataway Care Home believes that this is a service users home from home. We create a friendly and homely environment providing a high level of care. Our clients are always welcome to bring their possessions to bring that extra ‘homely’ feel. With our specifically designed menu to entice all service users to eat healthily, Chataway Care Home is the place to stay.

Address: 4 East Avenue
           Whetstone
           Leicestershire
           LE8 6JG

Tel: 0116 2848306
Fax: 
Email: chatawaycarehome@gmail.com
Website: na

Service charges & Payment Details: Varied depending on banding and individual circumstances.
                                   Varies from £372 - £500 per week
                                   Invoiced if self funding

Organisation contact: Ali Rajani – Operations Manager
                      Jackie Payne – Care Manager

To access, contact: The organisation directly or through Social Service referrals

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical Disability

Type of organisation: Private Sector Organisation
Creative care Limited is a company that offers care and support to individuals often following illness to live as independently as possible. We offer services in residential care homes, domiciliary care and out in the community. We include care in the home, live in 24 hour, supported living, physical and learning disabilities, end of life, Dementia and Alzheimer’s, sit in service, nursing and cleaning. We respect individual values and beliefs as well as maximize choice and independence.

Address: LE1 3HU
Tel: 07583168816
Fax:
Email: enquiries@creativecareuk.co.uk
Website:

Service charges & Payment Details: We charge £13-£16 hour. We invoice on a weekly or monthly basis.

Organisation contact: Mary Ann Kana – Operational Manager
                      Esher Muiruri – Registered Manager
To access, contact: Social Services or Mosaic Disability Team
Areas covered: All Areas
Ethnicities & Genders catered for: All Welcome
Disabilities catered for: Physical Disability, Sensory, Learning Disabled
Type of organisation: Private Sector Organisation
Fernleigh Care Home

We offer 24 hour care for residents with dementia, mental illness and general frailty. The home has been giving service for approximately 30 years. We are a single, independent home. We try to give our service users the best quality of life we can, whilst promoting independence and dignity at all times.

Address: 37 Tamworth Road,
Ashby-de-la-Zouch
Leicestershire
LE65 2PW

Tel: 01530 414755
Fax: 01530 414755
Email: info@fernleighcarehome.co.uk

Service charges & Payment details: Between £480 and £575 per week
Invoiced in advance

Organisation contact: Elaine Sparks – Manager or
Louise Clark – Deputy Manager

To access, contact: The organisation directly or through Social Service referrals

Areas covered: North West Leicestershire District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Dementia

Type of organisation: Private Sector Organisation
RH/NC/RA DS SAG
Genesis Homes (Essex) Ltd

We aim to provide quality care to all our residents. We aim to train and mentor our staff to deliver the quality of care required by our residents. We continually improve our services by asking stakeholders to tell us how we are doing and what else they want us to provide.

Address: Whiteacres
40 Whitehill Road
Ellistown,
Coalville
Leicestershire
LE67 1EL

Tel: 01530 260415
Fax: 01530 260415

Email: genesishomes2003@yahoo.co.uk

Service description: We have en-suite rooms, we have rooms on the ground floor for people with physical disabilities. Our residents go out to clubs, pubs and day trips to be part of the community. We provide short term respite care for people whose carers need a break, or they may have just come from hospital and need time away before being integrated back to their own home.

Service charges & Payment details: We accept local authority rates based on correct banding levels. Top up may be charged where applicable. Invoiced / pay on the day

Organisation contact: Adenuga & Nike Managers
To access, contact: The organisation directly

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical Disabilities, Sensory Impairment, Learning Disabilities

Type of organisation: Private Sector Organisation
Glenfield Woodlands Residential Home

We are a privately owned residential care home for men and women aged 65 years and over from all cultural, racial and social backgrounds. The home caters for a wide variety of needs including personal care with supervision and support, dementia and physical disabilities.

Address: 11 Holmwood Drive
Leicester
LE3 9LG

Tel: 0116 2871696
Fax: 0844 5621562

Email: glenfield@pearlcare.co.uk

Service description: Day Care services are offered – inclusive of meals, though transport will need to be arranged by the families.

Service charges & Payment details: £60 day care
Clients will be invoiced

Organisation contact: Christine Skelham – Care Manager

To access, contact: The organisation directly or through Social Services

Areas covered: Leicester and Leicestershire

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory Disabilities

Type of organisation: Private Sector Organisation
Groby Lodge – Pine View Care Homes Ltd

Pine View Care Homes Ltd philosophy is to provide a home from home environment where staff and residents are friends. Residents are encouraged to eat, drink and socialise together.

Address: 452 Groby Road
Leicester
LE3 9QB

Tel: 0116 2871970

Email: info@leicestercare.co.uk
Website: www.leicestercare.co.uk

Service description: Our homes specialise in Dementia Care, Physical Disability, Mental Health, Parkinson’s, Stroke Care, malnutrition and continuing care for the elderly over the age of 65.

Service charges & Payment details: Available on request
Invoiced

Organisation contact: Dinesh Raja - Manager

To access, contact: Social Services Referrals

Areas covered: Leicester, Hinckley & Bosworth District, Blaby District, Oadby & Wigston District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical Disabilities, Mental Health, Dementia

Type of organisation: Private Sector Organisation
RH/NC/RA
Kibworth Knoll

Address: 12 Fleckney Road
Kibworth Beauchamp
Leicestershire
LE8 0HE

Tel: 0116 2793879
Fax: 0116 2792568

Service description: We are a 36 bedded Care Home giving quality care to our residents

Service charges & Payment details: £650 per week
Standing order or cheque

Organisation contact: Lucy Holt - Manager

To access, contact: The organisation directly or through Social Services or NHS

Areas covered: All Areas

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Physical Disabilities

Type of organisation: Private Sector Organisation
Mauriccare (A.S) Ltd

We offer person to person care in a true home from home environment. Our caring, qualified and professional staff are on hand to care for all.

Address: 138, Westcotes Drive
Leicester
LE3 0AS

Tel: 0116 2334300
Fax: 0116 2334300

Website: www.mauricare.com
Email: ascare@mauricare.com

Service charges & Payment details: Varies according to needs. Invoice

Organisation contact: Salim Boodhoo - Director

To access, contact: The organisation directly or through Social Services

Areas covered: All Areas

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Physical and Sensory Disabilities

Type of organisation: Private Sector Organisation
Mauricare

We offer person to person care in a true home from home environment. We care from the heart and treat our clients like family.

Address: 22–24 Fosse Road Central
          Leicester
          LE3 5SR

Tel: 0116 2513785
Fax: 0116 2513785

Website: [www.mauricare.com](http://www.mauricare.com)
Email: [contact@mauricare.com](mailto:contact@mauricare.com)

Service charges & Payment details: Varies according to needs. Invoice

Organisation contact: Salim Boodhoo - Director

To access, contact: Directly or through Social Services

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory Disabilities

Type of organisation: Private Sector Organisation
Oak House Residential Home Ltd

Our aim is to provide the best quality care to our residents. We empower them to make decisions about their lives in the home. We offer choice and a good quality nutritious diet. We believe in caring for our residents until end of life rather than moving them into hospital or a nursing home.

**Address:** Pond Lane
Greetham
Oakham
Rutland
LE15 7NW

**Tel:** 01572 812647
**Fax:** 01572 813633

**Website:** [www.oakhouse-carehome.co.uk](http://www.oakhouse-carehome.co.uk)
**Email:** debbie@oakhouse-carehome.co.uk

**Service charges & Payment details:** £700 per week for respite (up to a 3 week stay to give families a break) and from £700 for residential care (for those not requiring nursing care with low to medium dependency). £55 for day care service.

**Payment details:** On the day or by Invoice

**Organisation contact:** Linda Ellis – Office Manager / Co Director
Debbie Dalby – Care Manager / Director

**To access, contact:** Directly or through Social Services

**Areas covered:** Leicester City, Melton District, Rutland

**Ethnicities & Genders catered for:** All Welcome – over 65 years

**Disabilities catered for:** Physical and Sensory Impairment

**Type of organisation:** Private Sector Organisation
Pine View Care Homes Ltd

Pine View Care Homes philosophy is to provide a home away from home environment where staff and residents are friends. Residents are encouraged to eat, drink and socialise together.

Address: 418–420 Hinckley Road
Leicester
LE3 0WA

Tel: 0116 2855868

Email: dinesh@pineviewcarehomes.co.uk

Service description: We have a range of activities such as sing-a-longs, pantomime shows, pub meals, music and movement classes, games afternoons, bingo, arts & crafts and many more.

Service charges & Payment details: £450 per week
Invoiced

Organisation contact: Dinesh Raja

To access, contact: Social Service Referrals

Areas covered: Leicester, Hinckley & Bosworth District, Blaby District, Oadby & Wigston District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical disabilities, Dementia, Mental Health

Type of organisation: Private Sector Organisation
Precious Hope Health and Home Care

We are a Home health care Company that achieves the highest standard in the care industry and is a vital part of the continuum of care in the communities we serve.

Address: 16 Swan Street
Leicester
LE3 5AW

Tel: 0116 2622175 / 01708 331590
Fax: 0116 2530775

Email: precioushopehealthcare@yahoo.co.uk
Website: www.precioushopecare.co.uk

Service description: We are here to make a positive difference in the lives of our service users by providing compassionate, high-quality, home health care with dedicated, caring and highly skilled staff. We also have a Befriending Scheme.

Service charges & Payment details: £16 per hour. £1,000 per week for a live in carer. Invoiced after care provided.

Organisation contact: Chipo Kasenazo - Manager

To access, contact: Through Social Services, Directly or through continuing health care via NHS.

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory, Learning disabilities (Adults only)

Type of organisation: Private Sector Organisation
Well established, purpose built home – providing care for people with dementia, other mental health problems and physical disabilities. We aim to achieve a high standard of care providing personal care. Our main aim is to promote privacy, independence, dignity, choice, rights in all aspects of day to day activities and do not mind taking a certain amount of risk in achieving the above principles of care.

Address: 34–36 Station Road
Rearsby
Leicester
LE7 4YY

Tel: 01664 424519
Fax: 01664 424519

Email: saira.dhinam@googlemail.com

Service description: We cater for clients over 55+ years of age, providing personal care (not nursing care). Along with respite care we could also provide day services (from 10am – 6pm time negotiable) for those whose carers need a break. Places are subject to availability.

Service charges & Payment details: Respite Band 3 £460 per week, Band 5 £560 per week.
Day Services – depending on availability
Payment made on first day.

Organisation contact: Saira Dhinam - Manager

To access, contact: The organisation directly or through Social Service Referrals

Areas covered: Charnwood District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Dementia / Mental Health, Physical Disabilities, Sensory Impairment

Type of organisation: Private Sector Organisation
Rushey Mead Manor Nursing Home

We are a person centred care and nursing home. The home is well established and part of the community and welcomes visits to the home prior to booking.

Address: 30 Coatbridge Avenue
Leicester
LE4 7ZS

Tel: 0116 2666606
Fax: 0116 2660708

Email: solosnagra@hotmail.com
      nkhan@midlandhealthcareltd.co.uk

Service charges & Payment details: £420+ for residential care per week, £50 per day for day care. Will be invoiced.

Organisation contact: Nabila Khan – Manager

To access, contact: The organisation directly or through Social Service referrals

Areas covered: Leicester, Charnwood District, North West Leicestershire District, Hinckley & Bosworth District.

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical Disabilities, Sensory Impairment, Mental Health, Dementia, Elderly.

Type of organisation: Private Sector Organisation
Rutland Care Village - Prime Life Ltd

Our aim is first and foremost to provide care packages that meet the specific needs of each client. We attach importance to quality of life making sure individuals remain keyed into the important elements of respect, dignity, privacy, and choice that are theirs by right.

Address: Huntsman Drive
Barleythorpe Road
Oakham
Rutland
LE15 6RP

Tel: 01572 722350 / 0116 2705678 (Head Office)
Fax: 01572 725980

Email: rutland@prime-life.co.uk
Website: www.prime-life.co.uk

Service description: An initiative concept of care for the future. The site which opened in June 2006 comprises three separate care homes with nursing, together with the Brambles Social Centre and 24 cottages in the grounds, whose occupants can enjoy a high level of support delivered direct to their own homes at any time of the day or night.

Service charges & Payment details: All rooms are en-suite at £798 per week. Bracon Cottage £826 per week. Nursing care is as above with the FNC payment on top. Also there are Social Service funded beds available through Rutland County Council. Will be invoiced.

Organisation contact: Karen Hunter – Sales Manager

To access, contact: The organisation directly or through Social Service referrals

Areas covered: Rutland (New Homes available in other areas)

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Mental Health, Physical, Sensory & Learning Disabilities

Type of organisation: Private Sector Organisation
Scraptoft Court Nursing & Residential Home

Address: 273A Scraptoft Lane
          Leicester
          LE5 2HT

Tel: 0116 2431115
Fax: 0116 2431115

Email: scraptoft@live.co.uk

Service charges & Payment details: Fees range from £500 - £1000 per week, Invoiced

Organisation contact: Helen Appleton - Manager

To access, contact: The organisation directly or through Social Service referrals

Areas covered: Leicester, Charnwood District, Blaby District, Harborough District, Oadby & Wigston District, Melton District.

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Dementia, Physical Disabilities and Nursing Care

Type of organisation: Private Sector Organisation for over 15 years.
Shared Lives Services

Leicestershire Shared Lives Services has been established for over 30 years. We currently aim to offer support to adults who need support and / or accommodation through age, disability or other circumstances. Shared Lives Services are all about households sharing their lives, families, home, interests, experience and skills with people who need some help and support to live their lives to the full.

Address: Shared Lives services,
Adults & Communities
Department, room 500,
County Hall
Glenfield
Leicestershire
LE3 8RL

Tel: 0116 3059240 – Business/ Manager – Rosemary Watson
0116 3053964 – Team Support Worker
0116 3059225 – Claire Sutskova (development worker)

Email: sharedlives@leics.gov.uk
Website: www.leics.gov.uk/index/social_services/asc_carer/sharedlives.htm

Service description: We have approved Carers across the county who provide longer term accommodation and support; short stay care, short breaks (respite, home from hospital care, interim support as a stepping stone into independent living, day time support).

Service charges & Payment details: This can vary according to the level of support required & will also depend on the individual’s income, savings & disability related expenditure.

Organisation contact: Claire Sutskova – Development Worker

To access, contact: Individuals should speak to either their allocated social care worker or contact Leicestershire County Council’s.
Customer service Centre on 0116 3050004

Areas covered: Leicestershire

Ethnicities & Genders catered for: All Genders

Disabilities catered for: All Disabilities

Type of organisation: Statutory Sector organisation
RH/NC/RA
Sibbertoft Manor Nursing Home

Established 13 years ago as a private, independent home. We offer a superb place to live in, maintained to the highest standard with qualified nursing staff.

Address: Church Street
Sibbertoft
Market Harborough
Leicestershire
LE16 9UA

Tel: 01858 881304
Fax: 01858 881488

Email: matron@sibbertoftmanor.com
Website: www.sibbertoftmanor.co.uk

Service charges & Payment details: Respite will be the same as permanent residents pay.
Will be invoiced

Organisation contact: Mrs Patricia Bevin – Matron / Manager

To access, contact: The organisation directly or through Social Service referrals

Areas covered: Leicester, Blaby District, Harborough District, Oadby & Wigston District, and Rutland County.

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Physical Disabilities, Sensory Impairment

Type of organisation: Private Sector Organisation
Silver Birch - Pine View Care Homes Ltd

Pine View Care Homes philosophy is to provide a home away from home environment where staff and residents are friends. Residents are encouraged to eat, drink and socialise together.

**Address:**
85 Lutterworth Road  
Aylestone  
Leicester  
LE2 8PJ

**Tel:**
0116 2832018

**Email:**
dinesh@pineviewcarehomes.co.uk

**Service description:**
We have a range of activities such as sing-a-longs, pantomime shows, pub meals, music and movement classes, games afternoons, bingo, arts & crafts and many more.

**Service charges & Payment details:**
£450 per week  
Invoiced

**Organisation contact:**
Linda Johnson

**To access, contact:**
Social Service Referrals

**Areas covered:**
Leicester, Hinckley & Bosworth District, Blaby District, Oadby & Wigston District

**Ethnicities & Genders catered for:**
All Welcome

**Disabilities catered for:**
Physical Disabilities

**Type of organisation:**
Private Sector Organisation
Our aim is first and foremost to provide care packages that meet the specific needs of each client. We attach importance to quality of life making sure individuals remain keyed into the important elements of respect, dignity, privacy, and choice that are theirs by right.

Address: Ratcliffe Road
Leicester
LE2 3TE

Tel: 0116 2705678
Fax: 0116 2704450

Email: st.georges@prime-life.co.uk
Website: www.prime-life.co.uk

Service description: The St George’s Care Centre opened in March 2008. This existing care home has undergone a major refurbishment and now provides for 36 clients, all in single accommodation with en-suite facilities, and provides residential care to clients whose needs are associated with dementia.

Service charges & Payment details: An average room = £700, with en suite room = £735 per week
Premium rooms £770 per week

Social Services funded beds are also available. Will be invoiced.

Organisation contact: Karen Hunter – Sales Manager

To access, contact: The organisation directly or through Social Service referrals

Areas covered: Leicester, Charnwood District, Blaby District, Harborough District, Oadby & Wigston District, and Rutland

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Dementia

Type of organisation: Private Sector Organisation
The Gables Care Home (Market Harborough Ltd)

Our aim is to provide a high standard of care for older people in a home from home environment. Our care is based on individual needs and enables people to be independent in a supported environment. Older people benefit from a warm environment which values their knowledge and experience and promotes relationships based on dignity and respect.

Address: 29 Leicester Road
Market Harborough
Leicestershire
LE16 7AX

Tel: 01858 464612

Email: gablesreshome@aol.com
Website: www.gablesreshome.co.uk

Service description: Respite beds can be used if a room is available but we cannot pre book respite care. There are two day care places available every day which can be booked a week in advance. Care in the person’s home can be arranged as requested.

Service charges & Payment details:
Respite Care (Residential) £675 per week
Daycare Service (no transport provided).
Home Respite Care £16.48 per hour
Live in Care (24 hour) £900 per week
Payment arrangements can be made with each individual and can be charged weekly, or per calendar month for the service used.

Organisation contact: Samuel & Vanessa Suffolk - Care Manager / Owners

To access, contact: The organisation directly

Areas covered: Harborough District

Ethnicities & Genders catered for: All Welcome

Type of organisation: Private Sector Organisation
The Grange Nursing & Residential Home

Our aims are to offer ‘quality’ of care to our clients that are acceptable to their relatives and friends. Happiness, fulfilment and satisfaction are the goals we aim to achieve. We offer a friendly, safe and warm home with home-cooking and open to visitors at any time. Our costs and charges are extremely competitive and over 90% of our staff are NVQ 2 and 3 qualified, and we also employ a number of qualified nurses.

Address: Smeeton Road
Saddington
Leicestershire
LE8 0QT

Tel: 0116 2402264 / 07824643211
Fax: 0116 2404888
Email: info@grangesaddington.co.uk

Service charges & Payment details: There is a £50 top up charge. Will be invoiced

Organisation contact: Chris Colledge - Management

To access, contact: The organisation directly or through Social Service referrals

Areas covered: Leicester, Hinckley & Bosworth District, Blaby District, Harborough District, Oadby & Wigston District, and Melton District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical Disabilities, Parkinson’s, and Multiple Sclerosis, Dementia

Type of organisation: Private Sector Organisation
Tudor Care Home

We are a small residential care home that first opened in May 2010. We have just 9 bedrooms and offer a family style relaxed and comfortable home for older persons. Our aim is to produce high quality care through a philosophy of dignity and respect, choice and inclusion. We have a well trained and very motivated staff team.

Address: 68 Tudor Road
           Hinckley
           Leicestershire
           LE10 0EQ

Tel: 01455 234968
Fax: 01455 234968
Email: tudorcare@live.co.uk

Service description: We offer permanent or respite care to older persons, people with a physical disability and people with dementia. Our day care services are very flexible and are available between 8am & 8pm, 7 days a week. These can include meals, activities, personal care and laundry.

Service charges & Payment details: Fees for respite range from £470 - £650 per week
                                 Day care fees are from £5.00 per hour plus extras as required.
                                 Pay on the day or Invoiced

Organisation contact: Cindy Nicholls - Manager
To access, contact: The organisation directly or through Social Service referrals

Areas covered: Hinckley & Bosworth District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Dementia, Physical Disabilities, Sensory Impairment

Type of organisation: Private Sector Organisation
Ty – Gwyn Residential Home

We opened in 1990 and adopted the residents’ charter of rights. We believe that all residents have the right to be treated as individuals and reside in a happy, homely and stimulating environment which encourages independence. We believe that by encouraging independence, respecting resident’s privacy and encouraging decision making we can retain dignity, self respect and abilities of residents.

Address: 2 Hall Walk
Enderby
Leicestershire
LE19 4AH

Tel: 0116 2864271
Fax: 0116 2861568

Email: clairelouise_mason@hotmail.com

Service description: Residential care – non nursing. Day Care in-house tailored programmes. Some clients choose to attend various day centres away from the home.

Service charges & Payment details: Prices may vary, please contact the home to confirm. Invoiced or paid by BACS by Leicestershire County Council.

Organisation contact: Claire Mason - Manager
To access, contact: The organisation directly or through Social Service referrals

Areas covered: Leicester City, Hinckley & Bosworth District, Blaby District, Oadby & Wigston District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Learning Disabilities, Physical Disabilities, Sensory Impairment & Mental Health Difficulties

Type of organisation: Private Sector Organisation
Vista – Kathleen Rutland Home

The Kathleen Rutland Home sits in its own beautiful grounds, and offers a home to 47 men and women, who are blind or partially sighted. Admission can also be offered to people who are visually impaired and have dementia, but the home is not able to offer support to people with other mental health conditions. There are a small number of places available for people who are not visually impaired. The home is situated in the heart of the Leicester Forest East community.

Address: 117 Hinckley Road
Leicester Forest East
Leicester
LE3 3PF

Tel: 0116 2394234
Fax: 0116 2394234

Email: charlotte.jackson@vistablind.org.uk
Website: www.vistablind.org.uk

Service description: The Kathleen Rutland Home is registered for older people. You will have your own room with en-suite toilet and wash basin and your own room key for privacy. It also has attractive large gardens as well as a variety of communal areas, including lounges, a dining room, activity rooms and outside seating areas.

Service charges & Payment details: Available on request, will be invoiced

Organisation contact: Charlotte Jackson – Home Manager

To access, contact: The organisation or through Social Services referral.

Areas covered: All areas

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Blind & Partially Sighted people with Physical, Sensory or Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
Vista

Vista is a local charity dedicated to improving lives of people with sight loss across Leicester, Leicestershire and Rutland.

Address: VISTA House
1a Salisbury Road
Leicester
LE1 7QR

Tel: 0116 2498839 – Vista’s helpline
0116 249 0909 / 8818 – General calls

Email: info@vistablind.org.uk
Website: www.vistablind.org.uk

Service description: Early Intervention & Prevention Services – Assessment & Visual Impairment Rehabilitation, Deafblind Reablement, Vistore the Vista Shop
Vista’s Community Based Services – Activity Classes, Befriending Services, Children, young people & families support, Community Day Services, Correspondences and Administrative Support, Day trips and Outings, Learning Disability Support, Low Vision Services, Residential Care, Social Groups, Specialist Communication & Guide Support

Service charges & Payment details: Available on request

Organisation contact: Marketing Manager - Shilpa Gokani

To access, contact: The organisation directly or once registered as blind or partially sighted

Areas covered: Leicester, Leicestershire and Rutland

Ethnicities & Genders catered for: All welcome

Disabilities catered for: People with sight loss and other sensory disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
Western Park View Nursing Home

This is a purpose built family run nursing and residential home, caring for older people and those reaching end of life. We aim to provide person-centred care & support while helping people to maintain their independence & dignity.

Address: 390 Hinckley Road
Leicester
LE3 0WA

Tel: 0116 2470032
Fax: 0116 2544533

Email: manager@westernparkviewcarehome.co.uk
Website: www.westernparkviewcarehome.co.uk

Service charges & Payment details:
Residential Private = £750 per week
Nursing Private = £750 per week + RNCC
or Social Services banded rate + RNCC
Invoiced monthly

Organisation contact: Karen Carter - Manager

To access, contact: The organisation directly or through Social Service referrals, also CQC website, local care directory

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical & Sensory

Type of organisation: Private Sector Organisation
Day Services

There are a wide range of Day Services available, such as Day Centres and Drop-In Clubs or Residential Homes that also provide Day Care.

Some are run once a week, others five days a week or more and they offer a variety of activities which people can join in. Some Day Services are aimed at specific groups of people i.e. people with a specific condition or disability, of a certain age or from a specific ethnic group.
Adhar Project

The Adhar project was set up in 1989 and is a registered charity. “ADHAR” originates from the Indian language and means “SUPPORT”. The Trustees and management committee are made up of professionals from a range of backgrounds and diversity. The Adhar Project provides a range of Social Care Services to support Asian people with mental health issues in the community.

Address: 79 St Peters Road
Leicester
LE2 1DH

Tel: 0116 2200070
Fax: 0116 2220074

Email: admin.box@adharproject.org
Website: www.adharproject.org.uk

Service description: From April 1st 2015 – Adhar will be running Drop Ins, Support groups, Peer Support 1-1. They also have direct payment services. 1-1 PA and group work. For low level Mental Health.

Organisation contact: Harjit Sanahu or Vijaya Gowda

To access, contact: Contact the organisation directly or through Social Service referrals.

Areas covered: Leicester Area

Ethnicities & Genders catered for: BME, both genders

Disabilities catered for: Mental Health Disabilities – low level

Type of organisation: Voluntary Sector / Charitable Organisation
Age UK Leicester Shire and Rutland is a local charity which promotes the wellbeing of older people by helping to make life fulfilling and enjoyable. We are committed to maintaining the dignity, privacy and independence of older people by providing a range of relevant services which meet the needs of Leicester, Leicestershire & Rutland residents.

Address: Land House
113 Princess Road East
Leicester
LE1 7LA

Tel: 0116 2992233
Fax: 0116 2992244

Email: enquiries@ageukleics.org.uk

Service description: Wellbeing groups are run across Leicester city, Leicestershire and Rutland to support older people including those with mobility, frailty and mental health issues. Transport can usually be provided in wheelchair enabled minibuses.

We also provide luncheon clubs and other services.

Service charges & Payment details: Varies depending on type of service

Organisation contact: Contact Main Reception on 0116 2992233

To access, contact: Contact the organisation directly or through Social Services referrals

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
Age UK Oadby & Wigston

Our overall aim and philosophy is to improve the lives of older people living in the borough of Oadby and Wigston. The centre at Paddock Street celebrated its 30th year in 2009. It has grown from a small group concerned with older people’s welfare to a large centre offering lunches and activities. We also offer lunch at St Peters Church Hall in Oadby 3 days a week.

Address: 51 Paddock Street
Wigston
Leicester
LE18 2AN

Tel: 0116 2885203
Fax: 0116 2812038

Email: joyhusband@dsl.pipex.com
Website: www.age-concern-ow.btik.com

Service description: We have a drop-in centre for lunch. Transport can be provided for those unable to access the centre otherwise. We have a day care unit for 12 people (referred by Social Services) and activities include watercolour painting, calligraphy, computers, Tai Chi, decoupage, dancing, bowls, whist and days out. We offer an information and advice service for the over 55’s. Hairdresser – Monday and Friday
Chiropodist – Tuesday to Thursday
Coffee Bar open to all from 9:30am – 4pm, Saturday 9:30am – 12noon
Mini Bus Service – 10 People for pick up and drop off lunches Mon-Fri.
Lunch Club – 5 days per week from 12:30pm – 1:30pm.

Service charges & Payment details: Varies depending on service
Pay on the day or in advance for some courses. Direct Payments may be used

Organisation contact: Joy Husband – Chief Officer
Naina Gandhi – Volunteer Coordinator

To access, contact: Contact the organisation directly or through Social Services referrals

Areas covered: Oadby & Wigston District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory and Learning disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
Choices for Life

Choices for Life are an independent day service in North West Leicestershire. We have been providing motivating and stimulating sessions and activities since 2002. We are professional, friendly and flexible and believe in providing excellence in community opportunities. We have modern, spacious bases and transport and a qualified and experienced staff team.

Address: Units 1 & 2 Phoenix Park
Telford Way
Coalville
Leicestershire
LE67 3HB

Tel: 01530 839189 / 837110
Fax: 01530 837110

Email: katherine@choices4life.co.uk
Website: www.choices4life.co.uk

Service Description: As well as our day support service we are also offering personal assistants for community opportunities including individual service plans and communication passports.

Service charges & Payment details: This depends on individual circumstances, to be discussed with the service manager on contact.

Organisation contact: Katherine Merryweather – Service Manager
01530 837110

To access, contact: Contact the organisation directly or through Social Services referral

Areas covered: North West Leicestershire District
Charnwood District
Hinckley & Bosworth District

Ethnicities & Genders catered for: All Welcome

Type of organisation: Private Sector Organisation
Conifer Lodge

We offer a good care team that will treat our clients with dignity and respect their needs.

Address: 33 Aylestone Lane
Wigston
Leicester
LE18 1AB

Tel: 0116 2883170
Fax: 0116 2883170
Email: coniferlodge@fsmail.net

Service Description: We have 2 places for Day Care Services. We provide breakfast if required and full personal care if needed. Meals, activities, baths or showers all provided in our friendly Residential Home. We have no time limit and the client can stay from 8am – 8pm if needed.

Service charges & Payment details: We charge £45 per day, clients will be invoiced

Organisation contact: Anne Crooks – Manager or Pamela Simpson – Deputy Manager
Christopher Kemp - Owner

To access, contact: Contact the organisation directly or through Social Services referrals

Areas covered: Oadby & Wigston District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: The Elderly, Physical, Sensory & Learning Disabilities

Type of organisation: Private Sector Organisation
Deacon and hardy have been in operation for the past 3 years. We offer Day Services to adults with learning disabilities mainly but can include Physical Disabilities. Our aim is to provide a caring, stimulating & enjoyable service. The activities are person centred and needs LED. We aim to enable individuals to be as independent as possible.

**Address:**
Deacon & Hardy Community Support
Unit 3, Carr House
Hawley Road
Hinckley
Leicestershire
LE2 9JS

**Tel:** 01455 616700

**Email:** deaconhardy@live.com
**Website:** www.deaconandhardy.com

**Organisation contact:** Jon Hall, Steve Hardy or Rob Deacon

**Service charges & Payment Details:**
Standard rate £58 per day, 1-1 rate £120 per day (one staff to person).

**Areas covered:**
Hinckley & Bosworth, Oadby & Wigston, Blaby, South Leicestershire.

**Ethnicities & Genders catered for:** All welcome

**Disabilities catered for:** Learning Disability (also Physical, Sensory)

**Type of organisation:** Private Sector Organisation
DS
Guru Tegh Bahadur Day Centre / Carers Link Project

We are a Day Centre providing respite services and luncheon clubs that provide a hot meal for clients.

Address: 106 East Park Road
          Leicester
          LE5 4QB

Tel: 0116 2741683
Fax: 0116 2741683

Email: G.T.B.DayCentre@hotmail.co.uk

Service description: We provide Day Care facilities for the elderly (over 65 yrs), in a warm secure place. We offer a good hot meal and activities for health as well as support and information for carers through the Carers Link Project.

Organisation contact: Mandy Cekhon - Manager
                      Mandy_cekhon82@yahoo.co.uk

To access, contact: The organisation directly for Luncheon Clubs or through Social Services referrals

Areas covered: Leicester City

Ethnicities & Genders catered for: Asian Elderly, both genders

Disabilities catered for: Physical Disabilities, Sensory Impairment

Type of organisation: Voluntary Sector / Charitable Organisation
DS HRCS
Helping Hands Homecare

Address:  Head Office: Arrow House
          Church Street
          Alcester
          B49 5AJ

Tel:  01789 767996
Fax:  N/A
Email:  melanie.geldard@helpinghands.co.uk

Service description:  We provide quality support and care to enable people to remain in their own homes and pursue their chosen lifestyle, regardless of age, disability and geographical area.

Service charges & Payment details:  Live in care starting cost from £900 per week. Hourly visit service starts from £17 per hour, depending on location.

Organisation contact:  Melanie Geldard – Marketing Manager

To access, contact:  From a variety of multiform channels. Social Services, HCPs.

Areas covered:  All Areas

Ethnicities & Genders catered for:  All Welcome

Disabilities catered for:  All

Type of organisation:  Private Sector Organisation
Hinckley Stroke Club

The club started 26 years ago as a social outlet for stroke patients and their carers. Carers may stay if desired but are encouraged to go and spend a little time on their own leisure or hobbies – i.e. shopping, hairdressing etc or just some “me” time.

Address: Westfield Community Centre
Rosemary Way
Hinckley
Leicestershire
LE10 0LN

Tel: 01455 637516 (option 5)
Fax: 01455 619921

Email: westfieldcc_uk@yahoo.co.uk

Service description: We offer a chance to meet with other stroke patients and a range of activities including Bingo, cards, dominoes etc. We also provide a 2 course meal which is cooked on the premises.
We also give any help we can to contact services.

Service charges & Payment details: Local Transport (Hinckley & Burbage only) £2.50
2 course cooked dinner £3.50
Pay on the day

Organisation contact: Alison Nuttall – Assistant Organiser

To access, contact: The organisation directly, through Social Services or referrals from other agencies

Areas covered: Hinckley & Bosworth District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory Disabilities – Stroke Patients

Type of organisation: Voluntary Sector / Charitable Organisation
Holmfield Day Centre offers Day Care for people with dementia. The Day Centre is open from 9am to 4pm Monday to Friday.

**Address:**
Croft Road  
Beaumont Leys  
Leicester  
LE4 1HA

**Tel:** 0116 2368115  
**Fax:** 0116 2368117

**Email:** holmfield@lqha.co.uk  
**Website:** [www.leicesterquakerhousing.co.uk](http://www.leicesterquakerhousing.co.uk)

**Service description:** There are stimulating activities and games on offer and a two course midday meal is provided. Holmfield will try and maintain existing skills for all the service users. Bathing facilities are available at a small charge.

**Service charges & Payment details:**  
Private – Direct Payments = £38 per day  
Commissioned – County = £3.30 per day  
Commissioned City = £3.30 per day. Payments will be agreed.

**Organisation contact:** Sharon Rendell - Manager  
Anne Byrne – Service Leader

**To access, contact:** The organisation directly, through Social Services referrals

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Dementia, Physical and Sensory disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation
The Day Service aims to provide a specialist day service for people with dementia in a relaxing and social environment. This service will be offered five days a week and will also aim to support carers and their families. Our service offers a wide range of activities which include support, activities, and community involvement that help individuals maintain their independence within their own community in a way that is right for them. We also have an enclosed, secure sensory garden.

Address: 2 Tigers Close
Kennedy House
Wistan Place
South Wigston
Leicestershire
LE18 4WS

Fax: NA

Email: JandSDayServices@outlook.co.uk

Service description: Our service offers a wide range of activities which include support, activities and community involvement that help individuals maintain their independence within their own community in a way that is right for them. We also have an enclosed, secure sensory garden.

Service charges & Payment details: £60 Per Day 9:30- 3:30 Arrangements will be made with each individual to suit their circumstances.

Organisation contact: Julia Leadbetter/ Suzanne Lucas- Directors

To access, contact: Individuals can contact us direct if this is a private arrangements/ have a cash payment card through a personal budget through adult social care. (Social services)

Areas covered: Leicester city, Hinckley & Bosworth, Harborough District, Oadby & Wigston District, Blaby

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory Disabilities – Dementia related illness

Type of organisation: Private Sector Organisation
DS HRCS
National Autistic Society

We champion the rights and interests of all people with Autism and aim to provide individuals with Autism and their families with help, support and services that they can access, trust and rely upon and which make a positive difference to their lives.

Address: Unit B
Edwared House
Grange Business Park
Enderby Road
Whetstone
Leicester
LE8 6EP

Tel: 0116 258 1847
Fax: 0116 258 1844

Email: Stefan.dziewanowski@nas.org.uk
Website: www.autism.org.uk

Service description: Outreach – In your home or the community
Day Services – Individual & group activities.
Day Care - residential and supported living.
Respite care.

Service charges & Payment details: Varies depending on service
Direct Payments, Individual Budgets, Social / Health Care Commissioning or privately

Organisation contact: Stefan Dziewanowski – Registered Manager

To access, contact: The organisation directly or through Social Services referrals

Areas covered: All Areas

Ethnicity & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory and Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
Rise is a day opportunities service led by Harjinder Sandhu, a parent of a young person with PMLD and Autism and Frank Williams, a senior leader in Special Education Needs. We are developing “Rise” to ensure that young adults can continue to develop the skills they have learnt at school and college and to demonstrate and reinforced their active roles in the Community in areas of independent living, health & Wellbeing, Education & Employment, Communication, Behaviour and Social inclusion. We provide activities such as music, art and enable our members to access Community venues, Museums and Parks.

Address: 27 East Street
Leicester
LE1 6NB

Tel: 0116 243 6424
Fax: 0116 243 6461

Email: rise@diectcare.uk.com
Website: directcare.uk.com/rise

Service description: Outreach – In your home the community or our base. We are CQC registered for domiciliary and a day service. We include befriending & sitting services.

Service charges
Payment details: Varies depending on level of support – 1-1 or 2-1.
£15.00 per hour, 1:1 Full day £120.00 Direct Payments, Personal Health Budgets, Social / Health Care Commissioning or privately

Organisation contact: Frank Williams or Harjinder Sandhu – Registered Managers

To access, contact: The organisation directly or through Social Services referrals, health team referral, self-referral, school, college

Areas covered: All Areas

Ethnicity & Genders catered for: All Welcome

Disabilities catered for: Young adult with profound and Complex Learning difficulties including Autism from 18 + years old, Physical, Sensory and Learning Disabilities.

Type of organisation: Private organisation, domiciliary company and day service.
Rosebery St Peter’s Community Centre Ltd

To actively promote and provide greater opportunities for the interactive social and education life of the community without distinction.

Address: Storer Road
Loughborough
Leicestershire
LE11 5EQ

Tel: 01509 213144

Email: stpeterscc@btconnect.com
Website: www.roseberystpeterscc.co.uk

Service description: We hold the following groups;
Charnwood Stroke Club
Mosaic Group

Service charges & Payment details: Varies depending on group, pay on the day

Organisation contact: Linda Soukes - The Centre Co-ordinator

To access, contact: The organisation directly or through Social Services referrals or other agencies

Areas covered: Charnwood

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory and Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
Sanatan Manavta Day Care Service

Our Day Care Service started in 1995. We work with elderly and disabled service users who may be mentally frail or be experiencing memory problems, mental illness, depression, be socially isolated, physically frail, have very poor mobility and are restricted in their activities because of their disabilities. We provide regular respite for carers to enable them to continue to care for the elderly and disabled.

Address: 172 Surrey Street.
          Leicester
          LE4 6FH

Tel: 0116 2610954
Fax: 0116 2610954
Email: yash153@hotmail.com

Service charges & Payment details: Day Centre £28.50, Lunch £3.50 - Pay on the day

Organisation contact: Mr Yashwant Patel – Care Manager

To access, contact: Through Social Service referrals

Areas covered: Leicester City, Charnwood District

Ethnicities & Genders catered for: Asian, both genders

Disabilities catered for: Physical, Sensory and Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
DS SAG SHSG
Volunteer Centre Castle Donington & District

We were established in 1975 to help to improve the quality of life in northern parishes in North West Leicestershire, by enabling people to have the opportunity to play an active and positive part in their community, offer a variety of services appropriate to the needs of the community, to provide recruitment and support to our volunteers and voluntary organisations in the local area.

Address: 25a Borough Street
Castle Donington
Leicestershire
DE74 2LA

Tel: 01332 850526
Fax: 01332 850526

Email: info@cdvc.org.uk
Website: www.cdvc.org.uk

Service description: Opening Hours – Monday – Friday 8.30am –1.30pm
Friday Club – Visually impaired and / or physically disabled
Free hospital transport scheme – If registered at Kegworth or Castle Donington surgeries. Community Bus Scheme- All buses fully accessible for wheelchairs.
Free wheelchair loan service. 5 Dial-A-Ride shopping trips per week (Bus).
Lunch Club Kegworth- every Thursday. Grow Cook Share Lunch Club – starting Monday 16th April – aims to grow and eat your own food, Transport provided. Gentle exercise class aimed for wheelchair users, knee and hip therapy. Disabled swimming bus – Thursday pm to Whitwick, will pick up from home.

Service charges & Payment details: Charges vary depending on service

Organisation contact: Julia Burkin

To access, contact: The organisation directly, Social Service, GP referrals

Areas covered: North West Leicestershire District / South Derbyshire, Long Eaton and Sorley.

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
West Leicestershire Mind

West Leicestershire Mind was started in the 1980s to support people suffering with mental health issues. We cover Counselling, Information and support and self-development courses throughout the west of Leicestershire.

Address: 8A Station Road
           Constitutional House
           Hinckley
           Leicestershire
           LE10 1AW

Tel: 01455 890168

Email: info@westleicestershiremind.org.uk

Website: www.westleicestershiremind.org.uk

Service description: We offer a Counselling Service and Anger Management courses based in Hinckley. A Personal Assistant service in a wide area of locations and provide a 3rd party direct payment service. We help with personal cash budgets and set up contracts with the service user agreement.

Service charges & Payment details: Varies depending on service, Pay on the day.

Organisation contact: Ian Bennett – Counselling
                      Debbie Morris – Manager of personal assist service

To access, contact: The organisation directly or through GP, CMHT or Social Services referrals.

Areas covered: Leicestershire

Ethnicities catered & Genders catered for: All Welcome

Disabilities catered for: Mental Health

Type of organisation: Voluntary Sector / Charitable Organisation
Home Respite Care Schemes / Domiciliary Care Including Care Attendant, Befriending or Sitting Services.

Home Respite Care and Care Attendant Schemes are where a paid carer will come into the cared for persons home. They provide services to meet the persons assessed need, often taking over the responsibilities of a carer. This enables the carer to have a short break from their caring role which they can spend however they wish.

Some of the services that these schemes provide include such things as getting the cared for person up in the morning, putting them to bed at night, shopping, cleaning, fetching pensions, taking them to Doctors appointments etc.

We have also included in this section any Befriending Schemes or Sitting Services, as again these are services that can take place in the cared for persons home enabling the carer to have a short break.
Age UK Leicestershire & Rutland (Uppingham)

Age UK is an independent, non political, voluntary organisation with charitable status. We are committed to caring for elderly people, enabling them to remain in the community for as long as possible. We provide practical help, advice and services for the elderly.

Address: 13 High Street East
Uppingham
Rutland
LE15 9PY

Tel: 01572 822171

Email: wendy.bye@ageukleics.org.uk

Service description:
We have a drop-in every Friday from 10 -12 noon at the Church Hall in Uppingham.
We hold luncheon clubs in Uppingham, Oakham, Whissendine, Rhyall and North Luffenham.
We run the Rutland Carers Support Group which meets on the 2nd Monday of the month 1.30pm – 3pm at The Lodge, Stamford Road, Oakham.
In addition we run a number of social and educational groups.
We also provide a Befriending service.

Service charges & Payment details: Varies depending on type of service, pay on the day

Organisation contact: Wendy Bye

To access, contact: Contact the organisation directly

Areas covered: Rutland

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Frail and Elderly

Type of organisation: Voluntary Sector / Charitable Organisation
We have been trading in Leicester for 10 years and nationally there are over 130 offices. We employ over 160 support workers across Leicester and have contracts with both the City and County Councils. Our overall aim is to deliver the highest quality of care and support to all our clients which are person centred and outcome based. We offer services which range from ½ hour to 24 hr support including sleep-in services.

Address: First Floor, Abbey House
56 Burleys Way
Leicester
LE1 3BD

Tel: 0116 2621999
Fax: 0116 2622999
Email: support@aspireuk.co.uk
Website:

Service description: We support people as outlined above. We operate 24 hours a day 365 days a year

Service charges & Payment details: Between £12 - £16 per hour
Clients will be invoiced

Organisation contact: Mr Vijay Majithia

To access, contact: Contact the organisation directly or through Social Services referrals

Areas covered: Leicester, Charnwood District, North West Leicestershire District, Blaby District, Oadby & Wigston District, Melton Mowbray

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory & Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
HRCS DS SAG
Athena Care – Live in Care & Home Based Respite Service

Since 2001 we have become a leading provider of live in care & respite care throughout the UK.

Address: 1st Floor Piper House
190 Scudamore Road
Leicester
LE3 1UQ

Tel: 0800 2346306

Email: enquiries@athenacare.co.uk

Service description: Our adult & children’s live in respite service supports the client to remain at home whilst receiving live in care by fully trained professional social care staff. The service is aimed at promoting independence and choice. Services are tailored to meet the needs of the individual and prevent people from having to move into residential or nursing care for a respite stay.

Service charges & Payment details: Costs (subject to assessment) start from £759.99 per week.

Organisation contact: Stella Baxter – Registered Manager.

To access, contact: Contact directly, through the web page or Local Authorities.

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome


Type of organisation: Private Sector
HRCS
Blue Ribbon Community Care

We are an independent provider of “at home services”. We make it possible for people who need carer support, to maintain independence in the comfort of their own home. Our aim is to provide service users with the extra care or help they need to continue to lead the life they wish.

Address: Barking House
Farndon Road
Market Harborough
Leicestershire
LE16 9NP

Tel: 01858 827092
Fax: na

Email: cathy@blueribboncare.org.uk

Website: www.blueribboncare.org.uk

Service description: Assistance with Personal Care, Meals, Medication/s, Shopping, all housework chores. Support to appointments, respite care and sitting calls. We also offer support with personal budgets and offer Provider Managed Accounts.

Service charges & Payment details: Monday-Friday £16.45 hr. £11.20 (30min) £14.25 (45 min)
Weekends £17.45 hr. £12.65 (30min) £15.55 (45min)
These are available, subject to availability.
Bank holidays are charged at double rate. Service users are invoiced weekly, payment can be payable via cheque, BACS or standing order.

Organisation contact: Cathy Thompson

To access, contact: Contact directly or through Social Services in market Harborough.

Areas covered: Harborough District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory and Learning Disabilities

Type of organisation: Private Sector Organisation
HRCS DS
Burbage Homecare

Address: 3a Taragon Business Centre
         9-13 Coventry Road
         Burbage
         Leicestershire
         LE10 2HL

Tel: 01455 239435
Fax: 01455 251836

Email: burbage.homecare@virgin.net
Website: www.burbagehomecare.co.uk

Service charges & Payment details: Depending on service required. Increases at weekend and Bank Holiday. Cleaning service available. Clients invoiced fortnightly.

Organisation contact: Sonia Scott – Manager

To access, contact: Contact the organisation directly


Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory & Learning Disabilities

Type of organisation: Private Sector Organisation
HRCS DS
Caremark – Hinckley, Bosworth & Blaby

We are part of a franchise which has over 90 established offices throughout the country and 2 in Malta. We have robust policies and procedures in place which have been challenged and approved by CQC and many local authorities.

Address: CAREMARK
Suite A Best House
Grange Business Park
Enderby Road
Leicestershire
LE8 6EP

Tel: 0116 429 1100
Fax 0116 319 0010

Email address: blaby@caremark.co.uk
Website: www.caremark.co.uk/blaby

Service Description: This service can be used for Children. Adults and Elderly who chooses to retain their independence by living at home. This service is also available to anyone who lives in sheltered accommodation.

Service charges & Payment Details: £16.50 per hour. This is for a Bespoke Care package tailored to the individuals requirements. £15.50 Direct payments, social service packages. Rate is static for evenings and weekends.

Organisation contact: Jo Caney – Care Manager / Director

To access, contact: Through Social Services referrals or directly with the organisation.

Areas covered: Hinckley & Bosworth, Blaby districts.

Ethnicities & Genders catered for: All Welcome

Type of organisation: Private Sector Organisation
Caring Companions Homecare

We are an independently owned and operated care sector. We aim to ensure we deliver a person centred approach to our care ensuring the individual is involved when it comes to setting up his/her care package. We will personalise our need assessment forms to service users & ensure quality & consistency of care.

Address: 8C Devana Road
Leicester
LE2 1PJ

Tel: 0116 3192450 or main office 0116 2430888
Fax: 0116 3192450

Email: enquiries@caringcompanionshomecare.co.uk
Website: www.caringcompanionshomecare.co.uk

Service description: Caring for people whose rights are restricted under the Mental Health Act - dementia, eating disorder, personal care, physical & sensory, substance misuse.

Service charges & Payment details: Costs £12.50 per hour flat rates. Initial assessment is carried out. Clients will be invoiced with a 14 day's pay period.

Organisation contact: Manish Kumar - Manager

To access, contact: Contact the organisation directly or through Social Services referrals

Areas covered: Leicester City, Charnwood District, North West Leicestershire Oadby & Wigston District.

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory Disabilities

Type of organisation: Private Sector Organisation
**HRCS DS**  
**Crossroads Care East Midlands (South Leicestershire Office)**

Our aim is to provide practical, emotional and social care to Carers and people with care needs, to promote independence and autonomy and to allow Carers to have time to themselves.

- **Address:**  
  Wycliffe House  
  Gilmorton Road  
  Lutterworth  
  Leicestershire  
  LE17 4DY

- **Tel:** 01455 560046  
  **Fax:** 01455 555576

- **Email:** lizcullinan@carerstrustem.org  
  **Website:** www.carerstrustem.org

**Service description:** Crossroads Care East Midlands is a charitable organisation providing support to Carers and people with Care needs. Highly trained Carer Support Workers provide one to one support either in the home or community. Each person has a care plan to suit their individual needs. Tasks may include personal care, nourishment, social activities and daily living tasks as well as specialist training. All Carer Support Workers have an enhanced disclosure CRB check and complete a comprehensive ongoing training plan. We provide mental health visits to carers in their own homes or other convenient places to carry out assessments or support. We run regular Carers Groups to offer support on information and advice.

**Service charges & Payment details:**  
Monday to Friday 9am – 8pm £13.58 per hour.  
Evenings & weekends – 8pm – 8am £14.86 per hour  
and Bank Holidays £17.14 per hour  
Various methods of payment

**Organisation contact:** Liz Cullinan

**To access, contact:** The organisation directly or through referrals from Social Services, GP’s, District Nurses or other agencies.

**Areas covered:** All Areas (Mental Health – Leicester)

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Mental Health and Dementia

**Type of organisation:** Voluntary Sector / Charitable Organisation
Destiny Health Care Services Limited

We provide person centred care and offer a wealth of personal, health and domestic services to meet the needs of dependent clients. These include older people, disabled and those needing assistance due to illness to continue living in their own homes. This will be achieved by promoting a standard of excellence, which embraces fundamental principles of good care practice that is witnessed and evaluated through the practice, conduct and control of quality care in the domestic environment.

Address: Business Box
3 Oswin Road
Leicester
Leicestershire
LE3 1HR

Tel: 0116 279 5026
Fax: 

Email: info@destinyhealthcareservices.co.uk

Website: www.destinyhealthcareservices.co.uk

Service description: We are a domiciliary care agency and provide a range of personal care and essential domestic support for vulnerable people living in their homes who may be unable to carry out tasks. We offer 1 hour – 24 hour care including live in care.

Service charges & Payment details: £13.50 - £16.00 per hour. £850 - £900 per week for any live in care. Invoiced after the care provided.

Organisation contact: Eunice Munjoma – Manager

To access, contact: Social Services or directly to the Organisation.

Areas covered: All Areas

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Physical, Sensory and Learning Disabilities

Type of organisation: Private Sector Organisation
As a family we have suffered first hand through the difficulties of receiving unreliable and poor quality care for many years. This has had an impact on all our lives. Direct care (UK) Ltd. Was set up to make a real difference to the most vulnerable in our society. We provide a dedicated service delivered directly to your home, based on trust, commitment to the welfare and an uncompromised belief in bespoke high-quality care for all.

Address: Ground Floor
27 East Street
Leicester
Leicestershire
LE1 6NB

Tel: 0116 243 6424 / 07548 805229
Fax: 0116 243 6461

Email: info@directcare.uk.com
Website: www.directcare.uk.com

Service description: Day Centre-bespoke person centred activities, life skills, community opportunities, physical activities – working towards achieving our client’s goals 24 hours per day. Domiciliary, respite and live in services. Open 7 days per week all year.

Service charges & Payment details: Rates vary depending on complexity of care required. Prices range from £13-22 per number of staff. Pay by cheque, standing orders, credit/debit card or cash.

Organisation contact: Harjinder Sandhu - Director
Tina Niranane - Manager

To access, contact: Contact office directly.

Areas covered: All Areas

Ethnicities & Genders catered for: Adults of all welcome

Disabilities catered for: Learning Disabilities, Dementia, End of Life

Type of organisation: Private Sector Organisation
Empathy Nursing & Social Care

We are an agency that was formed by professionals with a desire to change the quality of life for those who will use our services, we are not there to sympathise with anyone but empathise towards those in need of support. We provide well trained and experienced carers who will work alongside your loved ones to support individuals in the comfort of their home.

Address: Unit 18, Matrix House
3rd Floor
7 Constitution Hill
Leicester
LE1 1PL

Tel: 0116 253 1832
Fax: 0116 268 5120

Email: enquiries@empathynsc.co.uk

Service description: As an agency we recruit and provide staff into nursing homes and individual homes. We also provide workers to work in individual’s homes who are well trained in speciality areas ie. Sensory, Dementia, Aggression Management.

Service charges & Payment details: On an hourly rate, subject to discussion
Individually invoiced.

Organisation contact: Stanley Munika – Health Manager
Gladys – Business Manager

To access, contact: Directly, or through other available access

Areas covered: All Areas

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Physical, Sensory, Learning Disabled, All Domiciliary Care Support

Type of organisation: Private Sector Organisation
HRCS DS
Hinckley Carer Support Scheme

The aim of our scheme is to provide the client with personal assistance, support and respite care in order that the breakdown in care is prevented. We promote best care and independence and offer choice.

Address:  
Hinckley Health Centre  
Hill Street  
Hinckley  
Leicestershire  
LE10 1DS

Tel:  
01455 614655

Fax:  
0845 2262411

Email:  
hcss@talktalkbusiness.net

Website:  
www.hinckleycarers.org

Service description:  
We have staff trained to a high competency. We can provide person centred care, tailored to the clients’ need.

Service charges & Payment details:  
Subject to assessment from £15.30 could also be subject to mileage.
Alternative payment methods – Direct Payments by Invoice

Organisation contact:  
Mrs Jane Tweed or Mrs Paula Farmer

To access, contact:  
The organisation directly, through Social Services or referrals from other agencies

Areas covered:  
North West Leicestershire District, Hinckley & Bosworth District, some of Blaby District

Ethnicities & Genders catered for:  
All Welcome

Disabilities catered for:  
Physical and Sensory Disabilities

Type of organisation:  
Private Sector Organisation
Home Instead Senior Care provides the special gift of freedom; enabling people to remain at home where they are most happy. Families can enjoy the freedom to relax in the knowledge that their loved ones are in excellent hands, being cared for by the world’s leading home care who specialize in older aged adults. We give personalised care built around the needs of the individual.

Address: 50 Boston Road
Beaumont Business Centre
Beaumont Leys
Leicester
LE4 1AA

Tel: 0116 3192474 / 01455 698011
Fax: NA

Email: nisha.chandarana@homeinstead.co.uk
Website: www.homeinstead.co.uk/westleicestershire

Service description: We provide domiciliary care for the elderly, allowing them to stay in their own homes. At present we are providing a lot of Dementia/Alzheimer’s and Parkinson’s care.

Service charges & Payment details: We charge £21 hr for Mon-Fri 8am-8pm. £23 hr evenings & weekends. Invoiced on a monthly / weekly basis.

Organisation contact: Nisha Chandarana – Managing Director
Maxine Elton – Care Manager

To access, contact: Directly

Areas covered: Charnwood, NW Leicestershire, Hinckley & Bosworth, Rutland.

Ethnicities & Genders catered for: All welcome

Disabilities catered for: All areas

Type of organisation: Private Sector
Joylink Health Care Services

Joylink is run by health care professionals with longstanding experience working in acute hospitals, community and residential or nursing homes. Our aim is to provide quality staffs for NHS, Private hospital, Care Homes, Prisons and many more. Our services are run throughout the east midlands, UK.

We believe in giving quality comprehensive care with sensitivity, compassion, respect and value to our clients. We are dedicated to giving dignified care and treatment with our friendly, trustworthy and reliable team. We recognize the need and significance of trust and compassion in a secure environment.

Address: Unit 4B
Andrea Building
91-101 Humberstone Road
Leicester
LE5 3AN

Tel: 07855035430 / 07714639785
Fax: 0116 6261817

Email: joylinkhealthcare@yahoo.co.uk
Website www.joylinkhealthcare.co.uk

Service description: We are a Healthcare Recruitment Agency and supply staff to Nursing homes, Residential Homes and NHS hospitals.

Service charges & Payment details: Hourly rate and subject to discussion.
Invoiced weekly or monthly

Organisation contact: Nora Badu - Director

To access, contact: Contact organisation directly or any available access.

Areas covered: All areas

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Physical, Sensory & Learning Disabilities

Type of organisation: Private Sector organisation
HRCS DS SAG
Mosaic: shaping disability services

Founded in 1998 we are a direct service providing organisation managed by disabled people for disabled people. Our aim is to deliver quality services designed by disabled people that disabled people want.

Address: 2 Oak Spinney Park
Ratby Lane
Leicester Forest East
LE3 3AW

Tel: 0116 2318720 or (Gujarati line) 07590982657
Fax: 0116 2312037

Email: enquiries@mosaic1898.co.uk
Website: www.mosaic1898.co.uk

Service description: Independent Life Project – delivers personal, domestic and social care in the community.
Social Groups – we are developing a range of social and leisure groups funded through direct payments.

Service charges & Payment details: Varies depending on service, invoiced individually

Organisation contact: Michael Brittain – General Duty Manager.
Mob: 07812804809
Charlotte Henderson – Duty Manager
Mob: 07792702299

To access, contact: The organisation directly or through a full Community Care Assessment

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory & Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
New Hope Specialist Care

We aim to offer client freedom and independence to feel safe and secure, we give training to a care team, in order for them to provide a capable care and support service. We offer support in any area and pride ourselves on going that extra mile, to make sure we give the utmost help and support.

Address: 118 Bull Head Street
Wigston
Leicester
LE18 1PB

Tel: 0116 288 6974
Fax: 0121 544 7104

Email: managerleicester@newhopecare.co.uk
Website: www.newhopecare.co.uk

Service description: We would provide either 1-2 support workers to give breaks for family members this can be a sitting service within the family home or take the client on a day trip out, so the family have time at home.

Service charges & Payment details: Clients are invoiced each month

Organisation contact: Cynthia Cheza - Manager

To access, contact: Directly or from Social Services and C.H.C. we can take clients from private to Social Services.

Areas covered: All Areas (except Mkt. Harborough)

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory and Learning Disabilities

Type of organisation: Private Sector Organisation
**Pure Homecare**

We are a leading, award winning, Leicester based care agency providing a range of trusted home-based and day to day living services throughout Leicestershire. We help people in need of extra care and to support their families. Our fully qualified and experienced Caregivers offer a variety of quality; client-centred care services to adults whatever their needs as they are all extremely valuable to us. We believe that consistency is important for our clients which is why we generally ensure that all people in our care receive one to one contact from the same Caregiver/s. We feel it is important to reassure our clients and their families that they are receiving a high standard of care. We also provide Training Centres for those working in the care sector & residential homes. These are led by professionals and cover: Moving & handling, Medication, Safe Guarding Adults at risk, End of Life. We also offer tailor made specific training. Contact details for this:- **Mark on 0116 254 9450 (professionals only)**.

**Address:**
19B De Montfort Mews  
De Montfort Street  
Leicester  
LE1 7GE

**Tel:** 0116 2549450  
**Fax:** 0116 2557988

**Email:** info@purehomecare.co.uk  
**Website:** www.purehomecare.co.uk

**Service description:** Pure Homecare offers day, night and weekend support services to cover all areas of care.

**Service charges & Payment details** We charge on an hourly rate, depending on the complexity of care required. Invoiced monthly via cheque, BACs, cash or direct debits.

**Organisation contact:** Tracey Vale – Sales and Marketing Consultant.

**To access, contact:** CHC, Website, directly or as a referral through your GP or District Nurse.

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical, Sensory and Learning Disabilities

**Type of organisation:** Private Sector Organisation
The Alzheimer’s Society

Founded in 1979, The Alzheimer’s Society is the UK’s leading care and research charity for people with Dementia and those who care for them. We exist to champion the rights of everyone with Dementia and those who care for them.

Address: 4 Oak Spinney Park
Ratby Lane
Leicester
LE3 3AW

Tel: 0116 2311111
Fax: 0116 2510366

Email: sally.grundy@alzheimers.org.uk

Service description: Befriending services for Leicester & Leicestershire. Local support groups in Loughborough, Coalville, Market Harborough, Oakham, Melton Mowbray, Syston and Blaby providing social activities and information and support to carers and service users.

Service charges & Payment details: Service is free. Small charge for refreshments

Organisation contact: Tracey Siniane – Locality Administrator

To access, contact: The organisation directly or through Social Services, GPs, Day Centres.

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Dementia

Type of organisation: Voluntary Sector / Charitable Organisation
The Care Agency Ltd

The Care Agency was established in 1990, our aim is to enable our clients to maximise and maintain their personal independence by introducing carers who have similar interests. We liaise with the clients family to provide consistent, competent & caring services. Our carers supply a variety of live in duties, to give peace of mind for both the client and their family.

Address: 23a Church Street
Lutterworth
Leicestershire
LE17 4AE

Tel: 01455 559988
Fax: 01455 559885

Email: info@thecareagency.co.uk
Website: www.thecareagency.co.uk

Service description: The Care Agency arranges 24 hr, live-in care at home, mainly for elderly clients – this can be for respite or holiday cover. Support can be arranged with washing, dressing, personal care, medications, accompany client to social occasions, shopping as well as all household duties. Will manage affairs within guidelines.

Service charges & Payment details: Daily rates from £80.50 - £100.00 per day. Clients pay carers directly at the end of each live in booking. Clients are invoiced for the agency fee of £19.96 inc. VAT. The carers’ fee is paid directly to them at the end of their booking.

Organisation contact: Sarah Keeshan – Branch manager

To access, contact: The organisation directly

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical & Sensory Disabilities

Type of organisation: Private Sector Organisation
Social and Activity Groups

Throughout Leicester, Leicestershire & Rutland there are many Social and Activity groups running for the carer and / or the cared for. These groups offer a range of activities, some based around a common interest, some based around a condition or disability.

These groups offer carers the chance to either have a short break whilst the person they care for attends or for the carer to attend and meet with similar people to have fun and socialise.

Included in this section are also luncheon clubs. These provide the cared for person with a hot meal and the chance to socialise with others outside the caring relationship.

The groups and luncheon clubs vary in how often they meet, who they cater for and what they charge.
SAG
Age UK Lutterworth District

Your local Age UK working for all those people in later life, of Lutterworth and the surrounding villages, to make it a fulfilling and enjoyable experience. A Lutterworth charity working for Lutterworth people.

Address: 7 High Street
          Lutterworth
          LE17 4AT

Tel: 01455 557116

Email: aclutterworth@tiscali.co.uk

Website: www.ageconcernlutterworth.co.uk

Service description: We have 2 travelling lunch clubs, line dancing, board games, exercise classes, drop-in, monthly excursions, indoor bowls, bingo, tenpin bowling, day events.

Service charges & Payment details: Varies depending on the service provided, On the day or in advance

Organisation contact: Martin Allen

To access, contact: Contact the organisation directly

Areas covered: Lutterworth

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory & Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
SAG
Ashby Baptist Church

We are a church community. Our motto is to know God, to love God and to show God through Jesus, which is expressed through our offering of a worship. Space and opportunities are offered to all with spiritual needs and there are fellowship groups for people who are lonely and in need of company and stimulation. We aim to contribute to the social capital of the community as a whole.

Address: Ashby Baptist Church
Brook Street
Ashby-de-la-Zouch
Leicestershire
LE65 1HA

Tel: 01530 413721

Email: revdiashbybaptist@mac.com
Website: www.ashbybaptist.co.uk

Service description: Mondays – bible study and lunch 11:30-2:00
Art and crafts afternoon, Mondays twice monthly 2:00-4:00
Wednesday and Saturday coffee morning 1:30-12:00
Wednesday midweek service 2:00-4:00
Friday lunch club 1:15-3:30
2nd Saturday each month is fellowship service for older people with tea.

Service charges & Payment details: No charge – voluntary donations accepted.
Lunch club £2.50. Holiday at home £6.00 per day. Pay on day.

Organisation contact: Rev. Diane Holmes – Team Minister
Graeme Heath – Team Minister

To access, contact: Contact the organisation directly, occasional referrals from Social Services and health centres

Areas covered: North West Leicestershire District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory and Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
SAG
Ashby & District Stroke Support

The group is nearly 20 years old. We meet fortnightly and are a social group for stroke survivors and their carers. Carers are welcome to come or to have a break. No medical referral is necessary.

Address: Brown Court
Atkinson Road
Ashby-de-la-Zouch
Leicestershire
LE65 2LZ

Tel: 01530 413723

Email: ashbygroupsecretary@yahoo.co.uk
Website: www.ashbystroke.org.uk

Service description: The group offers self help, official information, speakers on a wide variety of subjects, meals out, outings, chat and friendship.

Service charges & Payment details: Members will be charged for the meeting plus a small transport charge to help with costs. On meals out members pay for themselves.

Organisation contact: Pat Fone – Organiser

To access, contact: Contact the organisation directly or via referral

Areas covered: North West Leicestershire District

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory and Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
**SAG SHSG**

**Hinckley & District Branch of the Parkinson’s Disease Society**

We offer support and friendship to people with Parkinson’s, their carers and family. We provide information and advice as a diagnosis can be a devastating piece of news but with help and support life does go on and there is still lots to look forward to.

**Tel:** 01455 446181

**Email:** [k.mapletoft@ntlworld.com](mailto:k.mapletoft@ntlworld.com)

**Service description:** A monthly meeting on the second Sunday of each month 2:30pm – 4:30pm at the Mary Forryan Centre, St Peters Roman Catholic Church, Leicester Road, Hinckley. We also have day trips out. There is always information and advice at the meetings where you can have a cup of tea in a friendly atmosphere.

**Service charges & Payment details:** Just £4 membership fee to head office. £1 refreshment costs.

**Organisation contact:** Kevin Mapletoft (secretary) 01455 440423

**To access, contact:** The organisation directly

**Areas covered:** Hinckley & Bosworth District

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Parkinson’s & Physical Disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation
SAG
Parkinson’s UK – Leicester & District Branch

Address: 282 Hinckley Road
          Leicester
          LE3 0TL

Tel: 0116 2772119
Fax: 0780 3170897

Email: howard@hg19.co.uk
Website: www.parkinsons.org.uk/leicester

Service description: We hold meetings around the City and County. Leicester, Coalville, Loughborough, Syston, Oadby, Oakham, Market Harborough

Service charges & Payment details: No charge except Donations

Organisation contact: Howard Gowdridge - Chairman

To access, contact: The organisation directly

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Parkinson’s & Physical Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
SAG
Ratby Senior Citizens Welfare Association

Our organisation was set up 50 years ago to cater for the needs of elderly villagers. At present many clubs and groups use our hall for activities such as dancing, bowling, short mat etc.
Our Evergreen club has Bingo sessions and a weekly Drop-in coffee morning has been running for almost 20 years. A committee made up of 8 people is responsible for the day to day running of the hall.

Address: Village Hall
c/o 18 Station Road
Ratby
Leicestershire
LE6 0JN

Tel: 0116 2387193

Email: na

Service description: Our village hall is available for hire and parties etc are booked on a regular basis.
Sunday and Bank Holidays closed

Service charges & Payment details: The hire of the hall is a very competitive rate

Organisation contact: Elaine Sharp

To access, contact: Directly.

Areas covered: Hinckley & Bosworth District

Ethnicities & Genders catered for: All Welcome

Type of organisation: Voluntary Sector / Charitable Organisation
SAG  
Thursday Lunch Club

A weekly lunch club to help OAP’s get out and meet others and enjoy a meal together.

**Address:**
2 Sherrier Way  
Lutterworth  
Leicestershire  
LE17 4NW

**Tel:**
01455 557412

**Service charges & Payment details:**
£3.50 to include cost of meal and rent of premises used. Pay on the day

**Organisation contact:**
Rita Nicholls - Organiser

**To access, contact:**
The organisation directly or through Social Services referrals

**Areas covered:**
Lutterworth / Walcote area

**Ethnicities & Genders catered for:**
All Welcome

**Type of organisation:**
Voluntary Sector / Charitable Organisation
Self Help & Support Groups

For many carers there is a need not only for respite / short breaks or socialising with other carers but also to try and do as much to help themselves as possible.

This can take the form of joining a support group where they can meet with carers dealing with the same condition or disability to share information and receive moral support.

It may take the form of counselling or befriending for themselves to help them deal with the changes in their lives that taking on a caring role creates.

This section lists organisations that are primarily aimed at giving support to carers rather than the cared for person.
The Wigston Bipolar self-help group belongs to the national network of local groups run by Bipolar UK. The group is open to anyone affected by Bipolar, in Wigston and surrounding areas.

**Address:**
Kings Centre  
56 Bull Head Street  
Wigston  
LE18 1PA

**Tel:** 0845 434 9971

**Email:** wigston@bipolaukgroups.org.uk

**Service description:** Group meetings are held on third Wednesday of each month from 7.30 – 9.00pm these are friendly, confidential and informative. They are open to all individuals affected by bipolar, including those with a diagnosis, family members, friends and carers.

**Service charges:** This service is FREE

**To access, contact:** Directly, or through the London office on 020 7931 6480.

**Areas covered:** Wigston and Borough

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Mental Health

**Type of organisation:** Voluntary Sector / Charitable Organisation
SHSG
British Red Cross Independent Living

We have a nationwide website and mail order business which has over 400 products on it. Our retail shop stocks over 800 products all designed to help make life easier. All funds generated through the sale of our products are used by The British Red Cross to help people in crisis, whoever or wherever they are.

Address: 113 Clarendon Park Road
Leicester
LE2 3AH

Tel: 0116 244 9049

Email: dlcinfo@redcross.org.uk

Service description: The British Red Cross provide a wide range of services throughout Leicester, Leicestershire & Rutland and produce a wide range of information to help you.

Open Hours: 9.00am – 4.30pm Mon-Fri.
10.00am - 2.00pm Sat.

Service charges: Depends on service

To access, contact: Patricia Chapman – Information Officer

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory and Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
SHSG SAG
Gujarat Hindu Association

We
- Create and promote peace and harmony amongst all communities
- Provide advice and support to Gujarati Hindu organisations based locally and nationally
- Initiate and host a series of cultural events such as Raas Garba competitions and Diwali celebrations
- Take a lead role in development of social, cultural and educational projects in communities in Leicester
- Publish the cultural and educational magazine “Ame Gujarati”

Address: Leicester Hindu Festival Council
51 Loughborough Road
Leicester
LE4 5LJ

Tel: 0116 2668266
Fax: N/A

Email: vva@ghauk.com

Organisation contact: Mrs Vaidehi V Acharya – General Enquiries

To access, contact: Contact the organisation directly

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: All

Type of organisation: Voluntary Sector / Charitable Organisation
Hospice Hope was formed in 2002 to support people with life limiting illnesses in NW Leicestershire. We run two Support Cafes in Ashby & Coalville, where guests (both patients & carers) can relax, take a break & receive emotional support. Our wider aim is to open a day care centre, 5 days a week, to provide a wide range of services to local people.

**Address:**
Hospice Hope
23 Ashby Road
Ravenstone
Leicestershire
LE67 2AA

**Tel:**
07935800658

**Email:**
info@hospicehope.org.uk

**Website:**
www.hospicehope.org.uk

**Service description:**
At our support café’s, guests can chat to our volunteers, access confidential support, relax with a complementary therapy treatment. Take part in group activities – quizzes, games etc. Limited to 15 people per session.

- Ashby Café – every Friday 1.30pm-4pm at Legion House, South St. Ashby de la Zouch.
- Coalville Café – every Wednesday 1.30pm-4pm Methodist Church, Hall Lane, Whitwick

**Service charges & Payment details:**
Free

**Organisation contact:**
Jane Hagreen – Charity Administrator

**To access, contact:**
Directly or through healthcare professionals in the NW Leicestershire area.

**Areas covered:**
NW Leicestershire

**Ethnicities & Genders catered for:**
All Welcome

**Type of organisation:**
Voluntary Sector / Charitable Organisation
Leicestershire Citizens Advice Bureau

We can offer advice and information on a wide range of enquiries such as Debt, Welfare Benefit, Housing, Employment, Health & Community Care, Immigration, And More……

Address: 3rd Floor
60 Charles Street
Leicester
LE1 1FB

Tel: 0844 417 1025 - Landline
0300 330 1025 – Mobiles Only

Website: www.leicscab.org.uk

To access, contact: Ring Advice Line, Drop in, or by referral from other organisations.
Monday – Thursday 9.00am – 4.00pm
Friday – 9.00am-3.30pm

Areas covered: Provides FREE independent and confidential advice to anyone who lives in Leicester.

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory & Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
Leicester City Adult Social Care services, supports adults and older people who are in need of personal care services. We recognise the concerns and anxieties of carers that are often caused by difficulties in finding the right sort of help.

Address: Adults & Housing
1 Grey Friars
Leicester
LE1 5PH

Tel: 0116 454 1000
Emergencies: 0116 255 1606 (outside office hours & weekends)

Email: customer.services@leicester.gov.uk
Website: www.leicester.gov.uk

Service description: Open Monday – Friday 9am – 4pm
When a care relationship is 24 hours per day, 7 days a week a break is not a luxury but essential to maintaining the caring role.
We can provide or arrange a number of different services which may help people stay independent and help carers to continue their caring role.

Service charges & Payment details: Advice and information is free.
Charges for services vary. Payment varies according to service

To access, contact: The organisation directly.

Areas covered: Leicester

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory and Learning Disabilities

Type of organisation: Statutory Sector Organisation
We aim to support people to live in their own homes for as long as they are able to do so. This includes support to carers.

Address: County Hall
Glenfield
Leicester
LE3 8RL

Tel: 0116 232 3232

Website: www.leics.gov.uk

Service description: Open Monday – Thursday 8am – 5pm
Friday 8.30am – 4.30pm
There is a range of ways in which we can offer support. We may be able to provide services for the person for whom you are caring, or for you or for a combination of both.

Service charges & Payment details: Advice and Information is free. Charges for services vary.

To access, contact: The organisation directly

Areas covered: Leicestershire

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical and Sensory and Learning Disabilities

Type of organisation: Statutory Sector Organisation
**SHSG**

**Papworth Trust Centre**

We aim to carry out housing repairs and adaptations to older and more vulnerable people who live in private sector housing or privately rented accommodation, so that they can continue to live at home in comfort, safely and securely. We also run a handy person service to carry out smaller jobs and do benefit checks to ensure that our clients are claiming everything that they are entitled to.

**Address:** Papworth Trust  
51 Kenilworth Drive  
Oadby  
Leicester  
LE2 5LT

**Tel:** 0800 952 5000 (free) 10am-5pm Monday-Friday.

**Email:** info@papworthtrust.org.uk

**Website:** www.papworth.org.uk

**Service description:** We administer local authority grants for minor and major works and disabled adaptations and work with local and national charities for those who cannot afford to carry out repairs to their homes. We also organise private work. We have contractors who are vetted and approved to work with vulnerable people. We also have advisers and technical staff to do plans and schedules and give expert advice.

**Service charges & Payment Details:** We try to obtain funding but each job is taken on its own merit and dependent on income and benefits.

**Payment details:** Generally invoiced when work is complete

**Organisation contact:** The phones are answered by administration staff who deal with initial enquiries.

**To access, contact:** Contact the organisation directly or through referrals from Social Services, Local Authorities, Age Concern, RBL, SAFFA

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical Sensory and Learning Disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation
SHSG
Patient Advice & Liaison Service (PALS)

PALS aim to help solve any problems, concerns or questions you have when using health services in the area. We work with patients and staff to improve our health service for everyone.

**Address:**
Leicestershire Partnership NHS Trust
Riverside House
Bridge Park Plaza
Bridge Park Road
Thurmaston
Leicester
LE4 8PQ

**Tel:**
0116 295 0830

**Email:**
PALS@leicspart.nhs.uk

**Service description:**
We provide information, advice and support to patients, their families and carers, on NHS services and local support groups.
We help you with complaints and provide more information on how to get more involved in developing NHS services. We have British Sign Language Support and Interpreters on request.

**To access, contact:**
The organisation directly

**Areas covered:**
All Areas

**Ethnicities & Genders catered for:**
All Welcome

**Disabilities catered for:**
Physical, Sensory & Learning Disabilities

**Type of organisation:**
Voluntary Sector / Charitable Organisation
SHSG
Rutland County Council

We provide a wide range of services and we have provided as much information as possible online.

Address: Rutland County Council
Catmose
Oakham
Rutland
LE15 6HP

Tel: 01572 722577
Fax: 01572 758307

Email: enquiries@rutland.gov.uk

Areas covered: Rutland

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Various

Type of organisation: Statutory Sector Organisation
Support for Carers Leicestershire aspires to inform and support carers in all communities throughout Leicestershire. Our aim is to improve the quality of life for carers, promote their health and well-being and to encourage them to make real choices about their lives.

**Address:**
Support for Carers Leicestershire
The Settling Rooms
St Mary’s Place, Springfield Street
Market Harborough
Leicestershire
LE16 7DR

**Tel:** 0845 689 9510
**Fax:** 01858 410047

**Email:** maureen@supportforcarers.org
**Website:** www.supportforcarers.org

**Service description:**
The service offers a range of support including
- A dedicated telephone advice line open Monday – Thursday from 9am – 5pm and Friday 9am – 4.30pm
- A website full of useful information and news on a range of subjects including financial support for carers, local events and activities and a directory of support services available in your area.
- A telephone befriending service specifically for carers.
- The chance to meet and talk to other carers at local carers’ support groups and via online forums.

**Organisation contact:** Pat Wilkins – Service Manager

**To access, contact:** The organisation directly

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical and Sensory & Learning Disabilities

**Type of organisation:** Voluntary sector / Charitable Organisation
The Bower House – Harborough Christian Counselling Service

We are a trained Christian counselling service available to all. We deal with all kinds of life issues- specific problems, crises, inner conflicts, relationships. This is for individuals, couples or families with the opportunity to talk confidentially. Our services are free, we accept any donations for the furtherance of the service.

Address: 32 Coventry Road
Market Harborough
Leicestershire
LE16 9BZ

Tel: 01858 469257

Service charges & Payment details: Our clients make donations whenever they can

Organisation contact: Patricia Gibbard – Service Co-ordinators
Philippa Oliver-Bee – Counsellor Coordinator

To access, contact: Contact the organisation directly

Areas covered: Harborough District

Ethnicities & Genders catered for: All Welcome

Type of organisation: Voluntary Sector / Charitable Organisation
The Carers Centre

The Carers Centre is a registered charity which was set up in 1994 to support carers in Leicester, Leicestershire & Rutland. All of our services are aimed at the carer rather than the cared for.

**Address:**
Unit 19, 4th Floor, Matrix House
7, Constitution Hill
Leicester
LE1 1PL

**Tel:** 0116 2510 999
**Fax:** 0116 251 3514
**Email:** enquiries@thecarerscentre.org.uk
**Website:** www.claspthecarerscentre.org.uk

**Service description:**
- **Advocacy** – Help with communicating with statutory agencies, we can help with individual form filling.
- **Information** – Respite Care / Short Breaks directories for carers of older people & adults with Physical, Sensory or Learning Disabilities. Also a website, newsletter and information centre covering a wide range of illnesses, conditions and issues.
- **Support Group** – offers carers in Leicester the opportunity to meet with others in similar situations and enjoy some quality social time.
- **Self Help Group** – An Advocate will offer advice with paperwork, caring issues, questions in a small group setting. These run once a week from 11am-1pm.
- **Caring with Confidence** – A seven week programme running in the City and County Covering looking after yourself physically and mentally, improving your communications Skills, finding out what you may be entitled to, dealing with everyday caring and emergencies and getting balance in your life and finding a bit of time for yourself.

**Service charges:**
ALL SERVICES ARE FREE

**Organisation contact:** Contact Main Reception on 0116 2510 999
**To access, contact:** Contact the organisation directly or through referrals from Social Services, GP’s or other agencies.

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** All

**Type of organisation:** Voluntary Sector / Charitable Organisation
**SHSG**  
**Voluntary Action Rutland**

Our aim is to relieve poverty and stress for the people of Rutland, to support organisational development, to recruit, support and place volunteers and to provide social care schemes.

| **Address:** | Rutland Volunteer Centre  
| | Lands End Way  
| | Oakham  
| | Rutland  
| | LE15 6RB |

| **Tel:** | 01572 722622 |
| **Fax:** | 01572 725488 |

| **Email:** | enquiries@varutland.org.uk |
| **Website:** | www.varutland.org.uk |

**Service description:** VAR provides the facilities for other organisations to deliver services

**Service charges & Payment details** Charges for room and refreshments and support services. Will be invoiced.

**Organisation contact:** Carole – Senior Admin

**To access, contact:** Contact the organisation directly

**Areas covered:** Rutland

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** All

**Type of organisation:** Voluntary Sector / Charitable Organisation
Introduction

This section covers

**Short Breaks for Carers of Adults with Learning Disabilities, Sensory Impairment and Physical Disabilities**

Who is a carer? A carer is “someone of any age whose life is affected by the need to help another person with daily living.”

What are short breaks? Short breaks are where carers have an opportunity to have a break from their caring role. This may be for two weeks once a year or for a couple of hours every week or for any variation in between.

With this in mind the Short Breaks Section is designed to provide a range of information to help carers take a break.

The Short Breaks Section is designed as a central reference point for both carers and professionals working with carers, showing them what services are available in Leicester, Leicestershire & Rutland. It is hoped that this will lead to more carers receiving the type of short breaks that they really want and need.

- Every effort has been made to check that the information in this directory is accurate at the date of publishing.
- The publishers cannot accept any liability for errors or omissions.
- Inclusion of an organisation in the directory does not imply recommendations.

The directory has been produced by The Carers Centre and funded by the Primary Care Trusts in Leicester, Leicestershire & Rutland.

We would welcome any questions or comments regarding this directory. If you would like to receive this in a different language or format – Braille, Large print or Audio Tape, please contact

**The Carers Centre on 0116 2510 999.**
Service Descriptions

Day Services

There are a wide range of Day Services available such as Day Centres and Drop-in Clubs.
Some are run once a week, others five days a week. They offer a variety of activities which people can join in, including drop-in clubs, social or therapeutic groups. Some day centres and day services are aimed at specific groups of people i.e. those with a particular disability or those from a specific ethnic group.

Home Respite Care Schemes

Care Attendant Schemes and Home Respite Care Schemes are where a paid carer will come into the cared for person’s home. They provide services to meet the person’s assessed needs, often taking over the responsibilities of the carer. This enables the carer to access respite time. They can spend this time as they wish, from going out, catching up on housework or sleep.
Some of the services that these schemes provide include such things as getting the cared for person up in the morning, putting them to bed at night, shopping, cleaning, taking them to the doctors’ appointments etc.

Sitting Services

Sitting Services are where a paid carer will come into the cared for persons home and spend time with them. This gives the carer the opportunity to have a break from their caring role. They can spend this time in any way they want.

Luncheon Clubs

Luncheon Clubs provide the cared for person with hot meals and the chance to socialise with others outside the caring relationship. There are a wide range of luncheon clubs available and they vary in how often they meet, who they cater for and what they charge.

KEY TO SERVICES

PD  Physical Disabilities
SI  Sensory Impairment
LD  Learning Disabilities
SB PD
Disabled Adventure Charity

We are a self-help group. We have socials and holidays together. We have a minibus and use a mobility coach and stay in wheelchair friendly hotels. Holidays are in the UK and abroad. People of all disabilities are welcome. They can come alone or with families or bring a carer. **We DO NOT provide care or supervision** but we do provide friendship and the support of being a group.

**Address:**
31 Glenfrith Close
Mountsorrel
Loughborough
Leics.
LE12 7GB

**Tel:**
0116 2303325

**Fax:**

**Email:**
mayjune1945@hotmail.co.uk

**Website:**
www.disabledadventureclub.org.uk

**Service description:**
Anyone can attend if they are able to look after themselves. They are welcome to bring along family, friends or carers. Disability aids welcome - wheelchairs, guide dogs etc.

**Service charges & Payment details**

**Organisation contact:**
Mary or Gary

**To access, contact:**
Directly or through the website

**Areas covered:**
All areas

**Ethnicities & Genders catered for:**
All welcome, 50% are of Asian origin

**Disabilities catered for:**
Physical Disabilities

**Type of organisation:**
Voluntary Sector / Charitable Organisation
Leicestershire & District Social Club for the hard of Hearing

This group was founded in 1941 to give and foster social and cultural activities for the hard of hearing. It encourages the deafened to equip themselves as fully as possible by means of lip reading and hearing aids or any other manner which would be beneficial to them. We organise days out, social activities and involve speakers / demonstrations to combat feelings of isolation.

Address: The Firs
689 Aylestone Road
Leicester
LE2 8TG

Tel: 07876 180 751
Fax: n/a

Email: enquiries@actiondeafness.org.uk
Website: www.actiondeafness.org.uk

Service description: We try to supply a place where hard of hearing people can meet socially. We have games sessions, speakers and outings 6 days a year.

Service charges & Payment details: Annual fee of £6 and members pay towards outings – coaches, refreshments. Membership fees are paid in January. Drinks paid for on the day.

Organisation contact: Mrs Winterton – secretary on 0116 241 9556

To access, contact: Through Action deafness.

Areas covered: City

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Sensory Impairment

Type of organisation: Voluntary Sector / Charitable Organisation
**SB PD**  
**Leicester, Leicestershire & Rutland Headway**

We offer support and services to adults with an acquired brain injury. We provide an activity day service 5 days a week and a Leicester, Leicestershire and Rutland wide outreach service. We work with individuals to enable them to cope with their changed lives and provide them with the confidence and skills to move on.

**Address:**  
4 Hospital Close  
Leicester  
LE4 5WP

**Tel:** 0116 2739763  
**Fax:** 0116 2733212  
**Email:** headway@headwayleicester.org.uk  
**Website:** www.headwayleicester.org.uk

**Service description:**  
**Day Service** – The Day Service is open Monday – Friday 9.45am – 2.45pm.  
**Support Groups** – There are 3 outreach groups operating in the County at Melton.

**Service charges & Payment details**  
Small daily charges for day services. Payment on the day.

**Organisation contact:**  
Mary Goulty – service Director

**To access, contact:**  
Contact directly or through Social services referral.

**Areas covered:**  
All Areas

**Ethnicities & Genders catered for:**  
All welcome

**Disabilities catered for:**  
Physical Disabilities

**Type of organisation:**  
Voluntary Sector / Charitable organisation
Leicester Mencap started over 50 years ago and is affiliated to Royal Mencap. It is part of the largest learning disability charity in the UK and aims to provide support and services to those with a learning disability and parents and carers.

**Address:**
Business Box
3 Oswin Road
Leicester
LE3 1HR

**Tel:** 0116 2795037
**Fax:** 0116-2795001

**Email:** helen.perry@mencap.org.uk
**Website:**

**Service description:** Offers self-help, social and activity groups and support and social groups. Advocacy Support, Day Services

**Service charges & Payment details:** Charges vary depending on the service used, Advocacy/Carer. Free of charge.

**Organisation contact:** Helen Perry – Advocacy Co-ordinator
**To access, contact:** Contact the organisation directly

**Areas covered:** Leicester City – Advocacy. Leicestershire Council – Carer Project. Day Service. Information Advisor

**Ethnicities & Genders catered for:** All welcome

**Disabilities catered for:** Learning Disabilities

**Type of organisation:** Voluntary Sector / Charitable organisation
Mind For You

We have been providing supported Short Breaks for people living with Dementia & their family & friends since May 2015. Throughout the year our experienced & compassionate support staff are available from 9am every day. Our destinations are selected by our guests to allow them to rekindle happy holiday memories. We have a Dementia friendly, homely accommodation for up to ten guests. We tailor the holiday and the support around the person living with dementia & their carer. Mind For You give our guests personal control & choice to select their individualised activities, excursions & menus before & during their break.

Address: 5 The Willows
Burton On The Wolds
Leicestershire
LE12 5AP

Tel: 07788292938
Fax:

Email: info@mindforyou.co.uk
Website: www.mindforyou.co.uk

Service description: Our Short Breaks are available in Bournemouth, Edinburgh, Lancashire, Peak District, Pitlochry, North Norfolk & Yorkshire. We provide homecooked meals, ensuite accommodation in a holiday property used exclusively by ourselves. Optional, bespoke, flexible activities & excursions available as an extra cost. A door to destination service, tailored to your budget. We provide “my time” for guests to have independent time or with support from 9am-9pm daily. All our staff are experienced with Dementia.

Service charges & Deposit of £100, will be invoiced for the remaining amount 60 days before the start of the Short Break.
Payment details: £550-£750 per person depending on the time of year (all inclusive) Excursions & transport to the destinations will be extra.

Organisation contact: Carol Sargent - Founder
To access, contact: Contact directly, Dementia advisors are recommending our service.

Areas covered: All Areas
Ethnicities & All Welcome
Genders catered for: Disabilities catered for: Physical Disability – Do not have hoist facility. Dementia
Type of organisation: Private Sector Organisation
SB PD LD
Quorndon Care Ltd

This is a Domiciliary Care Agency dealing with people with learning and physical disabilities and older people.

Address: 82 Cannock Street
Thurmaston
Leicestershire
LE4 9HR

tel: 01509 415159
Fax:
Email: quorndoncare@hotmail.com
Website:

Service description: We offer 1 hour – 24 hour care in the client’s own home.
Day care, appointments and social trips. Respite services.

Service charges & Payment details £14.35 per hour weekdays, £16.30 per hour weekends
Direct payment from clients.

Organisation contact: Deborah Plant / Christine Parker
To access, contact: Contact the organisation directly
Areas covered: All Areas

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Learning and Physical Disabilities & Elderly

Type of organisation: Private Sector
South Leicestershire Council for Voluntary Services – Carers Project

The projects role is to provide information, guidance, support and help to access the appropriate services, to anyone looking after a relative or friend who is sick, disabled or elderly.

Address: The Settling Rooms
St. Mary’s Place
Springfield Street
Market Harborough
Leicestershire
LE16 7DR

Tel: 0845 689 9510
Fax: 01858 410 047

Email: maureen@supportforcarers.org
Website: www.supportforcarers.org

Service description: Quarterly forums – with speakers and service providers. This gives carers the opportunity to meet and share information. Newsletter, information events, training, relaxation, monthly group meetings.

Service charges & Payment details: None

Organisation contact: Pat Wilkins – Service Manager

To access, contact: Directly or through service providers.

Areas covered: South Leicestershire

Ethnicities & Genders catered for: All welcome

Disabilities catered for: Physical Disabilities

Type of organisation: Voluntary Sector Organisation
Holidays Catering to the Disabled

We have included a range of holiday homes that cater to Learning and Physical Disabilities. They have a selected choice of meals and services to accommodate both the carer and cared For.

We cannot personally recommend any of the services advertised; this is for general information only to enable individuals to make contact for further information.
Peter Le Marchant Trust

We have over 30 years experience of providing day trips and holidays on waterways for people of all ages with any kind of disability or serious illness.

Address: Canalside Moorings
Beeches Road
Loughborough
LE11 2NS

Tel: 01509 265590
Fax: 01509 265590

Website: [www.peterlemarchanttrust.co.uk](http://www.peterlemarchanttrust.co.uk)

Service description: There are 2 narrow boats, 1 sleeping up to 10 which does trips for 3 or 4 nights and the other which sleeps up to 8 people and is available for weekly hire. Both are disabled / wheelchair friendly. There is another boat which takes up to 26 disabled people and their carers on day trips leaving at 10am and returning at 3pm.

Service charges & Payment details: Contact administrator for details of charges
Payable on booking

Organisation contact: Tina Mist

To access, contact: The organisation directly

Areas covered: All Areas

Ethnicities & Genders catered for: All Welcome

Disabilities catered for: Physical, Sensory and Learning Disabilities

Type of organisation: Voluntary Sector / Charitable Organisation
Revitalise

This is a national charity providing short breaks & holidays (respite care) for people with physical disabilities & carers.

Address: 212 Business Design Centre
          52 Upper Street
          London
          N1 0QH

Openings: Office hours are 9am to 5pm Monday to Friday

Tel: 0303 303 0145
Fax: 0207 354 8786
Email: bookings@revitalise.org.uk
Web: www.revitalise.org.uk

Service description: We provide accessible respite care holidays & short breaks in a friendly & relaxed environment, for family groups or couples across our four suites overlooking accessible landscaped gardens.

Service charges & Payment details: Full board Prices 7 nights per week, 24 hour nursing care on-call & personal support is included in the price of your break.

Ethnicities & Genders catered for: All Genders

Disabilities catered for: Disabled & Older Persons Access

Type of organisation: Independent Charitable Organisation
HB PD
The Chestnuts Holiday Cottages

Our holiday farm has its own private fishing waters nestled within the countryside and close to the East Coast and Lincolnshire Wolds. A short walk to the village of Burgh Le marsh with pubs, restaurants and shops.

Address: The Office – The Chestnuts
Wainfleet Road
Burgh Le Marsh
PE24 5AH

Tel: 01754 810904

Email: chestnutsfarmbreaks@gmail.com
Website: www.chestnutsfarmbreaks.com

Service description: Our well-equipped self-contained cottages provide a relaxing, peaceful environment for all the family. There is plenty of space and a range of cottages to suit your needs, these include enclosed gardens for pets and children, single storey for easy access with ramps, ground floors, wet rooms and widened doors for the disabled.

Service charges & Payment details: Prices vary depending on the time of year, cottage size and accessory needs.

Organisation contact: Claire Mackinder

To access, contact: Directly

Areas covered: East Coast

Ethnicities & Genders catered for: All Genders

Disabilities catered for: Disabled Access

Type of organisation: Private Sector Organisation
Tourism for All UK

Tourism for All UK is an independent charity supporting leisure and tourism opportunities for all, operating an information service to people with disabilities and older people, working with the industry and government to raise the standards for all.

Address: 7A Pixel Mill
44 Appleby Road
Kendal
Cumbria
LA9 6ES

Tel: 0845 124 9971

Email: info@tourismforall.org.uk
Website: www.tourismforall.org.uk

Service description: We provide information about accommodation, travel and attractions along with activity holidays for disabled people; we also provide equipment hire, and information about places where care is available, escorts & carer services. We can supply information about sources of finance towards the cost of a holiday for people on low income.

Service charges & Payment details: Contact the Organisation directly

Organisation contact: Carrie-Ann Lightley – Information Services Manager

To access, contact: Directly

Areas covered: All Genders

Ethnicities & Genders catered for: All Genders

Disabilities catered for: Disabled & Older Persons Access

Type of organisation: Independent Charitable Organisation
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