



# The Carers Centre

LEICESTERSHIRE & RUTLAND

*at the heart of caring*

## Directory of Short Term Residential, Day Care and Support Services

### Short Breaks

### for

## Carers of Adults in Leicester, Leicestershire & Rutland

### 2019-2020

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Registered Charity No: 1043956 • Company No: 2994093 • Patron: Cllr. Manjula Sood MBE  
The Carers Centre is committed to being a quality led organisation providing advocacy,  
information and support to carers across Leicester, Leicestershire & Rutland.



## Introduction

Welcome to the Respite Directory for Carers of Older Adults including a Short Breaks Directory for Carers of Adults with a Learning, Sensory or Physical Disability.

### Who is a carer?

A carer is “someone of any age whose life is affected by the need to help another person with daily living.”

### What are short breaks for carers?

A short break for carers gives the opportunity for carers to have a break from their caring role. This may be for two weeks once a year or for a couple of hours a week, every week, or anything in between.

The Respite Directory is designed to provide a range of information to help carers choose a service. The services included are

- Residential Home and Nursing Home Respite Care
- Day Services, Day Centres, Day Clubs
- Home Respite Care, Domiciliary Care, Care Attendant Schemes,
- Befriending & Sitting Services
- Supported Living
- Social and Activity Groups, Social Clubs, Luncheon Clubs
- Self Help, Support Groups
- Short Breaks
- Holiday Breaks –catering to the disabled in the UK

The Short Breaks Directory is designed as a central reference point for both carers and care workers, showing them what respite services are available in their local areas. It is hoped that this will lead to more carers receiving the type of break from their caring role that they really want and need.

## **The Respite Directory for Carers of Older Adults & The Short Breaks for Carers of Adults with Learning, Sensory or Physical Disabilities**

- Every effort has been made to check that the information in this directory is accurate at the date of publishing.
- The publishers cannot accept any liability for errors or omissions.
- Inclusion of an organisation in the directory does not imply recommendations.

Prepared and published by The Carers Centre with financial support from Health Short Breaks Carers Committee and Learning Disability Health Short Breaks Project Group. If we can be of any further service please Contact The Carers Centre on

**0116 2510 999.**

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## KEY TO SERVICES

As several of the service providers listed in this directory provides more than one type of service, these will appear under the main service provided headings.

Please refer to the key of abbreviations below. Which will appear above each page heading to assist you.

**RH/NC/RA** Residential Homes / Nursing Care / Recruitment Agencies - Respite Care

**HRCS** Home Respite Care Scheme / Domiciliary Care Care Attendant Scheme, Befriending & Sitting Service

**SL** Supportive Living Schemes

**DS** Day Services – Centres & Clubs

**SAG** Social and Activity Groups

**SHSG** Self Help and Support Groups

**SB** Short Breaks

**HB** Holiday Breaks  
Catering to the disabled in the UK

# **Residential Home and Nursing Home Respite Care**

Although residential and nursing care homes are better known as places that older people go to on a permanent basis, many also offer places for respite. This is where the cared for person stays in a residential home for a short period of time which can range from a few days to a few weeks.

Nursing homes provide more specialist care for people who require more help due to a physical or mental condition.

The majority of residential and nursing care homes are privately run businesses, but there are also a small number of local authority run homes. To use residential or nursing home respite services you can either contact the home directly or through Social Services or Health Services, depending on your circumstances.

Many residential homes also run a range of day services.

## Aberry House

We are a registered joint nursing and residential care home set in old Aylestone near to Aylestone village. Our home provides a large range of facilities for comfort & security; providing you with peace of mind that your loved ones are cared for. We are registered by the Care Quality Commission to provide care for adults over 65 years old, people who suffer from mental conditions such as dementia or Parkinson's disease among others, physical disabilities & sensory impairments. We always offer a holistic approach to care to everyone who lives with us.

<b>Address:</b>	6 Monsell Drive Leicester LE2 8PN
<b>Tel:</b>	0116 2915602
<b>Fax:</b>	0116 2915603
<b>Email:</b>	<a href="mailto:admin@magnumcare.com">admin@magnumcare.com</a> or <a href="mailto:manager@magnumcare.com">manager@magnumcare.com</a>
<b>Website:</b>	<a href="http://www.aberryhousecarehome.co.uk">www.aberryhousecarehome.co.uk</a>
<b>Service description:</b>	We offer this service for adults over 65 yrs with physical disabilities, sensory impairments, mental health conditions or dementia. We care for people whose rights are restricted under the Mental Health Act.
<b>Service charges &amp; Payment details:</b>	£715, £850 or £950. For day care £60 /day. Clients will be invoiced, they have the option of paying it on the day.
<b>Organisation contact:</b>	Rachael Brown- Office Deputy Manager
<b>To access, contact:</b>	Social Services, Directly or through Health Care NHS.
<b>Areas covered:</b>	Leicester City, Oadby & Wigston District and Blaby
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical disabilities, sensory impairments
<b>Type of organisation:</b>	Private Sector Organisation

**Abundant Life Care Ltd.**

Our objective is to enable service users to stay in their homes for as long as they wish. We will always work in a transparent, honest manner providing care, support & protection for those through their illness or disability who are unable to express needs & wants or control. We provide a high standard of services & strive to provide that continuum of care through our highly qualified, dependable & compassionate caregivers to give the family peace of mind.

**Address:** 87 London Road  
Office 4  
Leicester  
LE2 0PF

**Tel:** 0116 3196262  
**Fax:** NA

**Email:** info@abundantlifecare.co.uk  
**Website:** www.abundantlifecare.co.uk

**Service description:** We offer home care including 24 hr care, live in, personal, companionship, supported living, light housekeeping, Meal preparation & laundry, Medication assistance.

**Service charges & Payment details:** Home care per hour - £13.90-£16.00. Live In 1 person- £875 per wk. Live in 2 people -£1,050 per wk. Live in respite (only)- £1,400 per wk. minimum 3 days at £300 a day. Clients will be invoiced.

**Organisation contact:** Sithabile Ndhlovu - Manager

**To access, contact:** Social Services, Directly or through Health Care NHS.

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical, Sensory, Learning Disabled

**Type of organisation:** Private Sector Organisation

## RH/NC/RA

### Agnes House, Wyggeston's Hospital

Agnes House is a purpose built residential home giving quality care to frail elderly residents. Staff are well trained and committed to their work. We are supported by Wyggeston's Hospital which is a registered charity and we have been awarded 3 stars by our regulator.

<b>Address:</b>	Wyggeston's Hospital Hinckley Road Leicester LE3 0UX
<b>Tel:</b>	0116 2542973 option 2 Senior on duty
<b>Fax:</b>	0116 2543008
<b>Email:</b>	<a href="mailto:clerk.wyggeston@zen.co.uk">clerk.wyggeston@zen.co.uk</a>
<b>Website:</b>	<a href="http://www.wyggestonshospital.org.uk">www.wyggestonshospital.org.uk</a>
<b>Service description:</b>	We offer permanent and respite care
<b>Service charges &amp; Payment details:</b>	£800 per week privately. £850 Respite. £735 Permanent . Some possibility of Social Services funding at banded levels. Invoiced or Standing Order
<b>Organisation contact:</b>	Louise Richards – Care Manager
<b>To access, contact:</b>	Contact the organisation directly or through Social Services
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome of both Genders
<b>Disabilities catered for:</b>	Physical and Sensory Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation



## RH/NC/RA DS

### Aigburth Residential Home – Methodist Homes for the Aged

Established in 1943 by the Methodist Church as an independent charity to provide care and support for older people in need. Our mission is to improve the quality of life for older people, inspired by a Christian concern. We are open to all older people in need irrespective of their beliefs.

**Address:** 21 Manor Road  
Oadby  
Leicester  
LE2 2LL

**Tel:** 0116 2715086  
**Fax:** 0116 2714288

**Email:** [home.lei@mha.org.uk](mailto:home.lei@mha.org.uk)  
**Website:** [www.mha.org.uk](http://www.mha.org.uk)

**Service charges & Payment details:** Residential only – £755 - £840  
Dementia per week. £881 - £968  
You will be invoiced

**Organisation contact:** Home Manager - Jackie West

**To access, contact:** Contact the organisation directly by phone, email or in person.  
Through Social Service referrals.

**Areas covered:** Leicestershire and Rutland.

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** All including Dementia

**Type of organisation:** Voluntary Sector / Charitable Organisation.

## ALA Care Ltd. – Enderby Grange

Enderby Grange home is 8 years old, built in a private 4 acres and is situated near to all local amenities. It provides an environment where residents can have peace of mind, feel relaxed and secure in the knowledge that their individuality, dignity and privacy are respected and assured.

We encourage residents to maintain their independence by allowing them to undertake normal activities for which they are individually capable.

**Address:** Sparsis Gardens  
Narborough  
Leicester  
LE19 2BQ

**Tel:** 0116 2752555 ext 3  
**Fax:** na

**Email:** [enderby@ala-care.co.uk](mailto:enderby@ala-care.co.uk)

**Service charges & Payment details:** £550 per week – (24 hour care available)  
You can either pay on the day of admission or be invoiced for the period of time you are staying in the home.  
Permanent Residents set up Direct Debits.

**Organisation contact:** Tez Burbank – Care Manager  
Theresa Burbank – Registered Manager

**To access, contact:** Contact the organisation directly.

**Areas covered:** Leicester, Hinckley & Bosworth District, Blaby District and Oadby & Wigston District

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Dementia, and physical and sensory(Nursing and personal care treatment of disease, illness or disorders – (Specialist Nurse)

**Type of organisation:** Private sector organisation

## ALA Care Ltd. – Whetstone Grange

We strive to provide the best care available, valuing all our service users and staff, promoting dignity and care within our home. We take pride in our varied training courses in order to achieve high quality care levels.

<b>Address:</b>	148 Enderby Road Whetstone Leicestershire LE8 6JJ
<b>Tel:</b>	0116 2477876
<b>Fax:</b>	0116 2477007
<b>Email:</b>	<a href="mailto:whetstone@ala-care.co.uk">whetstone@ala-care.co.uk</a>
<b>Website:</b>	<a href="http://www.ALA-care.co.uk">www.ALA-care.co.uk</a>
<b>Service Description:</b>	We do have about 20 places available for people suffering from Dementia.
<b>Service charges &amp; Payment details:</b>	Our charges range from £470 - £550 per week dependent upon initial assessment. Invoiced, Direct Debit, Cheque or a month in advance.
<b>Organisation contact:</b>	Lindsay Frearson – New Care Manager Natasha Smith - Information
<b>To access, contact:</b>	Contact the organisation directly or through Social Services
<b>Areas covered:</b>	Leicester, Hinckley & Bosworth District, Blaby District, Oadby & Wigston District, Harborough District, Rutland
<b>Ethnicities catered &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Dementia, and physical and sensory disabilities
<b>Type of organisation:</b>	Private sector organisation

## Alston House

We are a registered residential care home in Aylestone. Our home provides a large range of facilities for comfort & security; providing you with peace of mind that your loved ones are cared for. We are registered by the Care Quality Commission to provide care for adults over 65 years old who suffer from mental conditions such as: dementia among others, physical disabilities & sensory impairments. We always offer a holistic approach to care to everyone who lives with us.

**Address:** 380 Aylestone Road  
Leicester  
LE2 8BL

**Tel:** 0116 2915601  
**Fax:** 0116 2915611

**Email:** [alston@magnumcare.com](mailto:alston@magnumcare.com)

**Website:**

**Service Description:** We offer this service for adults over 65 yrs with physical disabilities, sensory impairments, mental health conditions or dementia. We care for people whose rights are restricted under the Mental Health Act.

**Service charges & Payment details:** Payable at Leicester City Council or Leicestershire County Council Banded Rates, may include top up of £50-£100/ week, Day Care £60 /day. Clients will be invoiced, they have the option of paying it on the day.

**Organisation contact:** Rachael Brown – Deputy Manager

**To access, contact:** Contact the organisation and any member of staff will be able to deal with this query.

**Areas covered:** Leicester, Blaby District, Oadby & Wigston District

**Ethnicities catered &**

**Genders catered for:** All Welcome

**Disabilities catered for:** Dementia, physical disabilities and sensory impairments

**Type of organisation:** Private sector organisation

## RH/NC/RA

### Amberwood Care Home Ltd

Amberwood is a family run home with an ethos of achieving “home from home” care with a personal approach. We have over 20 years of history in providing residential care to the highest standards.

<b>Address:</b>	218 – 226 Aylestone Lane, Wigston Leicester LE18 1BD
<b>Tel:</b>	0116 2813474 / <b>2152934 Admin.</b>
<b>Fax:</b>	0116 2811639
<b>Email:</b>	<a href="mailto:amberwoodcarehome@mail.com">amberwoodcarehome@mail.com</a>
<b>Service description:</b>	Although we are primarily a permanent place of residence for most of our residents we do offer temporary respite care subject to availability.
<b>Service charges &amp; Payment details:</b>	£665 to £770 weekly Invoiced in advance
<b>Organisation contact:</b>	Katie Wade – Matron Angela Bailey – Office Manager
<b>To access, contact:</b>	The organisation directly.
<b>Areas covered:</b>	Leicester, Leicestershire & Rutland
<b>Ethnicities &amp; Genders catered for:</b>	All welcome
<b>Disabilities catered for:</b>	All
<b>Type of organisation:</b>	Private Sector Organisation

**HRCS/ DS SAG SB**  
**Aspire UK**

Aspire UK has been delivering high quality care services to the citizens of Leicestershire since April 2000 we pride ourselves upon delivering the best level of care using a person centred holistic approach empowering our service users the right of citizenship, respect, dignity and control of their care enabling them to be part of community, learn new things, keep safe while accessing leisure, social activities and developing hobbies. Service users will have the choice of their own care taking into consideration: their personal outcomes, their views/wishes and rights, their preferred choice of carer, personal strength and ability and the reassurance that they are in control of their own care.

<b>Address:</b>	First floor, Peepul Centre Orchardson Avenue Leicester LE4 6DP
<b>Tel:</b>	(0116) 2621999
<b>Fax:</b>	(0116) 2622999
<b>Email:</b>	<a href="mailto:Support@aspire.co.uk">Support@aspire.co.uk</a>
<b>Website:</b>	<a href="http://www.Aspire.co.uk">www.Aspire.co.uk</a>
<b>Service description:</b>	
<b>Service charges &amp; Payment details:</b>	Domiciliary Care- £15.00-£16.68 per hour Day care centre- £45 per day for a 5 hour session <b>Clients will be invoiced</b>
<b>Organisation contact:</b>	Vijay Mijithia (managing director) Tracy Sharman/Varita Patel (associates)
<b>To access, contact:</b>	social services or directly through organisation
<b>Areas covered:</b>	All
<b>Ethnicities &amp; Genders catered for:</b>	All
<b>Disabilities catered for:</b>	All
<b>Type of organisation:</b>	Private

## RH/NC/RA

### **Barchester Tixover House Care Home**

We are committed to enabling our residents to lead full lives within their capabilities, making their own choices about care and general enjoyment of their day. We have a team of friendly efficient nurses and carers who deliver care to a high standard. We have an excellent rating with the Care Quality Commission.

<b>Address:</b>	Tixover Care Home Rutland PE9 3QN
<b>Tel:</b>	01780 444491
<b>Fax:</b>	01780 444572
<b>Email:</b>	<a href="mailto:tixoverhouse@barchester.com">tixoverhouse@barchester.com</a>
<b>Website:</b>	<a href="http://www.Barchester.com">www.Barchester.com</a>
<b>Service charges &amp; Payment details:</b>	Available on request Invoiced / Cheque / Credit or Debit card / S.O.
<b>Organisation contact:</b>	Kerry Angeloni – General Manager
<b>To access, contact:</b>	The organisation directly or through Social Services
<b>Areas covered:</b>	Rutland and Melton
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical Disability and Sensory Impairment
<b>Type of organisation:</b>	Private Sector Organisation

## Berrystead Nursing & Residential Home Ltd

Our aim as an organisation is to provide good quality care to those who use our service. Our philosophy is to treat others as you would wish to be treated yourself, and the way you would care for your own loved ones. Our service users are treated as individuals, with respect and dignity, no two people are alike, and care is tailored to the individual not governed by routine set out by others. Family and friends are part of the experience and welcomed. Berrystead is home and you can relax and be yourself here.

**Address:** 1001 Melton Road,  
Syston  
Leicestershire  
LE7 2BE

**Tel:** 0116 2692366  
**Fax Number:** 0116 2696452

**Email address:** berrysteadnursinghome@outlook.com

**Service Description:** We provide long term care for the over 65's, both residential and nursing. We also accept fully funded (100% continuing healthcare) and short stay including respite care following a full assessment by one of our senior nurses. We offer day care services. Monday to Friday at a cost of £100 per day. We also offer end of life care.

**Service charges & Payment Details:** £800 per week for Respite  
£100 per day for Day Care  
Continuing Health Care – 100% NHS funded  
Invoiced

**Organisation contact:** Sam Long – Manager  
Kuldip Singh Hoojan – General Enquiries

**To access, contact:** Contact the organisation directly.

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical (Nursing & Personal Care, Adults 65+)

**Type of organisation:** Private Sector Organisation



**Bosworth Court Care Home**

**Address:** Station Road  
Market Bosworth  
Nuneaton  
CV13 0JP

**Tel:** 01455 290867  
**Fax Number:** 01455 292455

**Email address:** [bosworthcourt@givecare.co.uk](mailto:bosworthcourt@givecare.co.uk)

**Service Description:** Registered General Nurse and Mental Health Nurse in place, person centred care. Family involvement.

**Service charges & Payment Details:** From £715 - £860 per week. Clients will be invoiced.

**Organisation contact:** Rebecca Thompson - Manager  
Karen Smith - Administrator

**To access, contact:** Through Social services or directly through the care home.  
.

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities Cater for:** Physical Disabilities, Sensory Impaired, Learning Disability, MH Conditions - Dementia and Palliative – end of life Care.

**Type of organisation:** Private Sector Organisation

## Chataway Residential Care Home

Chataway Care Home believes that this is a service users home from home. We create a friendly and homely environment providing a high level of care.

Our clients are always welcome to bring their possessions to bring that extra 'homely' feel. With our specifically designed menu to entice all service users to eat healthily, Chataway Care Home is the place to stay.

**Address:** 4 East Avenue  
Whetstone  
Leicestershire  
LE8 6JG

**Tel:** 0116 2848306

**Fax:**

**Email:** chatawaycarehome@gmail.com

**Website:** na

**Service charges & Payment Details:** Varied depending on banding and individual circumstances. Call for the latest prices. Invoiced if self-funding.

**Organisation contact:** Jackie Payne – Care Manager

**To access, contact:** The organisation directly or through Social Service referrals

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical Disability

**Type of organisation:** Private Sector Organisation

## RH/NC/RA SB

### Clarendon Mews Care Home

We are a leading provider of 24 hour care in Leicester since 2002. Leading providers of 24 hour care. We are located near Leicester City Centre, close to several parks and the River Soar. In 2015 we achieved an Outstanding in Effective and good in all other areas. In 2017 we achieved an Outstanding in Caring and Good in all other areas.

**Address:** Grasmere Street  
Leicester

LE2 7FS

**Tel:** 0116 255 2774

**Fax:** N/A

**Email:** [abbas.alidina@clarendonmews.co.uk](mailto:abbas.alidina@clarendonmews.co.uk)

**Website:** [www.clarendonmews.co.uk](http://www.clarendonmews.co.uk)

**Service description:** All services include elegantly designed rooms in a stylish and homely setting. Rooms are furnished to a high standard, all but two rooms are en-suite. All rooms. Have access to telephone lines, TV lines and WIFI. Utilities included in the package. The service also includes food that are prepared fresh every day. We have a strong team of healthcare professionals, including weekly GP visits and Reach Team involvement. The services includes activities to promote well-being and positive risk taking, activities include: Table Tennis, Days Out, Themed Nights, Chair Aerobics and Bingo. The service also includes Laundry, Hairdressing and Chiropody services are available at an addition fee.

**Service charges & Payment details:** This can vary depending on the need of the service user and type of room (en-suite, Luxurious) the fee start from £525 a week. Self-funding clients are invoiced monthly . Local Authority clients are paid through a separate agreement with that Authority.

**Organisation contact:** Abbas Alidina or Abbas Nurmohamed – Director  
Sylvia Marie Morris - Home Manager

**To access, contact:** Direct with organisation, Social services referral.

**Areas covered:** Leicester City

#### **Ethnicities &**

**Genders catered for:** All Ethnicity. Both Male and Female.

**Disabilities catered for:** Physical Disability and Sensory Impairment . Adults only.

**Type of organisation:** Private Sector Organisation.

## Creative Care Limited

Creative care Limited is a company that offers care and support to individuals often following illness to live as independently as possible. We offer services in residential care homes, domiciliary care and out in the community. We include care in the home, live in 24 hour, supported living, physical and learning disabilities, end of life, Dementia and Alzheimer's, sit in service, nursing and cleaning. We respect individual values and beliefs as well as maximize choice and independence.

**Address:** 253-255 Belgrave Gate  
Phoenix Studio  
Leicester  
LE1 3HU

**Tel:** 07583168816  
**Fax:**

**Email:** enquiries@creativecareuk.co.uk  
**Website:** na

**Service charges & Payment Details:** We charge £13-£16 hour. We invoice on a weekly or monthly basis.

**Organisation contact:** Mary Ann Kana – Operational Manager  
Ester Muiruri –Registered Manager

**To access, contact:** Social Services or Mosaic Disability Team

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical Disability, Sensory, Learning Disabled

**Type of organisation:** Private Sector Organisation

**RH/NC/RA HRCS**  
**Fernleigh Care Home**

We offer 24 hour care for residents with dementia, mental illness and general frailty. The home has been giving service for approximately 30 years. We are a single, independent home. We try to give our service users the best quality of life we can, whilst promoting independence and dignity at all times.

<b>Address:</b>	37 Tamworth Road, Ashby-de-la-Zouch Leicestershire LE65 2PW
<b>Tel:</b>	01530 414755
<b>Fax:</b>	01530 414755
<b>Email:</b>	<a href="mailto:info@fernleighcarehome.co.uk">info@fernleighcarehome.co.uk</a>
<b>Service charges &amp; Payment details:</b>	Between £480 and £575 per week Invoiced in advance
<b>Organisation contact:</b>	Louise Clark – Manager
<b>To access, contact:</b>	The organisation directly or through Social Service referrals
<b>Areas covered:</b>	North West Leicestershire District
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Dementia
<b>Type of organisation:</b>	Private Sector Organisation

## Genesis Homes (Essex) Ltd

We aim to provide quality care to all our residents. We aim to train and mentor our staff to deliver the quality of care required by our residents. We continually improve our services by asking stakeholders to tell us how we are doing and what else they want us to provide.

<b>Address:</b>	Whiteacres 40 Whitehill Road Ellistown, Coalville Leicestershire LE67 1EL
<b>Tel:</b>	01530 260415
<b>Fax:</b>	01530 260415
<b>Email:</b>	<a href="mailto:genesishomes2003@yahoo.co.uk">genesishomes2003@yahoo.co.uk</a>
<b>Service description:</b>	We have en-suite rooms, we have rooms on the ground floor for people with physical disabilities. Our residents go out to clubs, pubs and day trips to be part of the community. We provide short term respite care for people whose carers need a break, or they may have just come from hospital and need time away before being integrated back to their own home.
<b>Service charges &amp; Payment details:</b>	We accept local authority rates based on correct banding levels. Top up may be charged where applicable. Invoiced / pay on the day
<b>Organisation contact: To access, contact:</b>	Adenuga & Nike Managers The organisation directly
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical Disabilities, Sensory Impairment, Learning Disabilities (adults),m
<b>Type of organisation:</b>	Private Sector Organisation

## Glenfield Woodlands Residential Home

We are a privately owned residential care home for men and women aged 65 years and over from all cultural, racial and social backgrounds. The home caters for a wide variety of needs including personal care with supervision and support, dementia and physical disabilities.

<b>Address:</b>	11 Holmwood Drive Glenfield Leicester LE3 9LG
<b>Tel:</b>	0116 2871696
<b>Fax:</b>	0844 5621562
<b>Email:</b>	<a href="mailto:glenfield@pearlcare.co.uk">glenfield@pearlcare.co.uk</a>
<b>Service description:</b>	Day Care services are offered – inclusive of meals, though transport will need to be arranged by the families.
<b>Service charges &amp; Payment details:</b>	£70 Day Care Service daily Clients will be invoiced
<b>Organisation contact:</b>	Glenis Burgess – Care Manager
<b>To access, contact:</b>	The organisation directly or through Social Services
<b>Areas covered:</b>	Leicester and Leicestershire
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical and Sensory Disabilities
<b>Type of organisation:</b>	Private Sector Organisation

## RH/NC/RA

### Groby Lodge – Pine View Care Homes Ltd

Pine View Care Homes Ltd philosophy is to provide a home from home environment where staff and residents are friends. Residents are encouraged to eat, drink and socialise together.

<b>Address:</b>	452 Groby Road Leicester LE3 9QB
<b>Tel:</b>	0116 2871970
<b>Email:</b>	<a href="mailto:info@leicestercare.co.uk">info@leicestercare.co.uk</a>
<b>Website:</b>	<a href="http://www.leicestercare.co.uk">www.leicestercare.co.uk</a>
<b>Service description:</b>	Our homes specialise in Dementia Care, Physical Disability, Mental Health, Parkinson's, Stroke Care, malnutrition and continuing care for the elderly over the age of 65.
<b>Service charges &amp; Payment details:</b>	Available on request Invoiced
<b>Organisation contact:</b>	Dinesh Raja - Manager
<b>To access, contact:</b>	Social Services Referrals
<b>Areas covered:</b>	Leicester, Hinckley & Bosworth District, Blaby District, Oadby & Wigston District
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical Disabilities, Mental Health, Dementia
<b>Type of organisation:</b>	Private Sector Organisation



**RH/NC/RA**  
**Kibworth Knoll**

**Address:** 12 Fleckney Road  
Kibworth Beauchamp  
Leicestershire  
LE8 0HE

**Tel:** 0116 2793879  
**Fax:** 0116 2792568

**Email:** [manager@kibworthknoll.co.uk](mailto:manager@kibworthknoll.co.uk)

**Service description:** We are a 36 bedded Care Home giving quality care to our residents

**Service charges & Payment details:** Contact the service for latest prices  
Standing order or cheque

**Organisation contact:** Kate Flowers - Manager

**To access, contact:** The organisation directly or through Social Services or NHS

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All welcome

**Disabilities catered for:** Physical Disabilities

**Type of organisation:** Private Sector Organisation

**RH/NC/RA DS SAG**  
**Mauricare (A.S) Ltd**

We offer person to person care in a true home from home environment.  
Our caring, qualified and professional staff are on hand to care for all.

<b>Address:</b>	138, Westcotes Drive Leicester LE3 0AS
<b>Tel:</b>	0116 2334300
<b>Fax:</b>	0116 2334300
<b>Email:</b>	<a href="mailto:ascare@mauricare.com">ascare@mauricare.com</a>
<b>Website:</b>	<a href="http://www.mauricare.com">www.mauricare.com</a>
<b>Service charges &amp; Payment details:</b>	Varies according to needs. Invoice
<b>Organisation contact:</b>	Salim Boodhoo - Director
<b>To access, contact:</b>	The organisation directly or through Social Services
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All welcome
<b>Disabilities catered for:</b>	Physical and Sensory Disabilities
<b>Type of organisation:</b>	Private Sector Organisation

## Mauricare

We offer person to person care in a true home from home environment.  
We care from the heart and treat our clients like family.

<b>Address:</b>	22–24 Fosse Road Central Leicester LE3 5SR
<b>Tel:</b>	0116 2513785
<b>Fax:</b>	0116 2513785
<b>Email:</b>	<a href="mailto:contact@mauricare.com">contact@mauricare.com</a>
<b>Website:</b>	<a href="http://www.mauricare.com">www.mauricare.com</a>
<b>Service charges &amp; Payment details:</b>	Varies according to needs. Invoice
<b>Organisation contact:</b>	Salim Boodhoo - Director
<b>To access, contact:</b>	Directly or through Social Services
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical and Sensory Disabilities
<b>Type of organisation:</b>	Private Sector Organisation

## Oak House Residential Home Ltd

Our aim is to provide the best quality care to our residents. We empower them to make decisions about their lives in the home. We offer choice and a good quality nutritious diet. We believe in caring for our residents until end of life rather than moving them into hospital or a nursing home.

**Address:** Main Street  
Greetham  
Oakham  
Rutland  
LE15 7NL

**Tel:** 01572 812647  
**Fax:** 01572 813633

**Email:** [debbie@oakhouse-carehome.co.uk](mailto:debbie@oakhouse-carehome.co.uk)  
**Website:** [www.oakhouse-carehome.co.uk](http://www.oakhouse-carehome.co.uk)

**Service charges & Payment details:** £900 per week for respite (up to a 3 week stay to give families a break) and from £850 - £1,000 Per Room.  
£75 for day care service.

**Payment details:** On the day or by Invoice

**Organisation contact:** Kate Eagle – Office Manager / Co Director  
Debbie Dalby – Care Manager / Director

**To access, contact:** Directly or through Social Services

**Areas covered:** Leicester City, Melton District, Rutland

**Ethnicities & Genders catered for:** All Welcome – over 65 years

**Disabilities catered for:** Physical and Sensory Impairment

**Type of organisation:** Private Sector Organisation

RH/NC/RA

## Pine View Care Homes Ltd (TA Royal Manor Care Group)

Pine View Care Homes philosophy is to provide a home away from home environment where staff and residents are friends. Residents are encouraged to eat, drink and socialise together.

<b>Address:</b>	420 Hinckley Road Leicester LE3 0WA
<b>Tel:</b>	0116 2855868
<b>Email:</b>	<a href="mailto:dinesh@pineviewcarehomes.co.uk">dinesh@pineviewcarehomes.co.uk</a>
<b>Website:</b>	<a href="http://www.royalmanorcaregroup.co.uk">www.royalmanorcaregroup.co.uk</a>
<b>Service description:</b>	We have a range of activities such as sing-a-longs, pantomime shows, pub meals, music and movement classes, games afternoons, bingo, arts & crafts and many more.
<b>Service charges &amp; Payment details:</b>	Please contact the service for latest price charges. Clients will be invoiced.
<b>Organisation contact:</b>	Dinesh Raja
<b>To access, contact:</b>	Social Service Referrals
<b>Areas covered:</b>	Leicester & Derby
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical disabilities, Dementia, Mental Health
<b>Type of organisation:</b>	Private Sector Organisation

**RH/NC/RA HRCS DS SAG SHSG**  
**Precious Hope Health and Home Care**

We are a Home health care Company that achieves the highest standard in the care industry and is a vital part of the continuum of care in the communities we serve.

**Address:** 16 Swan Street  
Leicester  
LE3 5AW

**Tel:** 0116 2622175 / 01708 331590  
**Fax:** 0116 2530775

**Email:** [precioushopehealthcare@yahoo.co.uk](mailto:precioushopehealthcare@yahoo.co.uk)  
**Website:** [www.precioushopecare.co.uk](http://www.precioushopecare.co.uk)

**Service description:** We are here to make a positive difference in the lives of our service users by providing compassionate, high-quality, home health care with dedicated, caring and highly skilled staff. We also have a Befriending Scheme.

**Service charges & Payment details:** Contact the service for latest prices.  
Clients will be Invoiced after care provided.

**Organisation contact:** Chipo Kasenazo - Manager

**To access, contact:** Through Social Services, Directly or through continuing health care via NHS.

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical, Sensory, Learning disabilities (Adults only)

**Type of organisation:** Private Sector Organisation

## Rearsby Residential Home

Well established, purpose built home – providing care for people with dementia, other mental health problems and physical disabilities. We aim to achieve a high standard of care providing personal care. Our main aim is to promote privacy, independence, dignity, choice, rights in all aspects of day to day activities and do not mind taking a certain amount of risk in achieving the above principles of care.

**Address:** 34–36 Station Road  
Rearsby  
Leicester  
LE7 4YY

**Tel:** 01664 424519  
**Fax:** 01664 424519

**Email:** [saira.dhinam@googlemail.com](mailto:saira.dhinam@googlemail.com)

**Service description:** We cater for clients over 55+ years of age, providing personal care (not nursing care). Along with respite care we could also provide day services (from 10am – 6pm time negotiable) for those whose carers need a break. Places are subject to availability.

**Service charges & Payment details:** Respite Band 3 £510 per week, Band 5 £585 per week.  
Day Services – depending on availability  
Payment made on first day.

**Organisation contact:** Saira Dhinam - Manager

**To access, contact:** The organisation directly or through Social Service Referrals

**Areas covered:** Charnwood District

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Dementia / Mental Health, Physical Disabilities, Sensory Impairment

**Type of organisation:** Private Sector Organisation

**RH/NC/RA DS SAG**

## **Rushey Mead Manor Nursing Home**

We are a person centred care and nursing home. The home is well established and part of the community and welcomes visits to the home prior to booking.

**Address:** 30 Coatbridge Avenue  
Leicester  
LE4 7ZS

**Tel:** 0116 2666606

**Fax:** 0116 2660708

**Email:** [rusheymeadmanager@midlandhealthcareltd.co.uk](mailto:rusheymeadmanager@midlandhealthcareltd.co.uk)

**Service charges &  
Payment details:**

Private residential £615-£650 per week, Private nursing £650+ Banding rates are done via the local authority. Clients will be invoiced.

**Organisation contact:** Adi Gokul – Acting Manager

**To access, contact:** The organisation directly or through Social Service referrals

**Areas covered:** Leicester, Charnwood District, North West Leicestershire District, Hinckley & Bosworth District.

**Ethnicities &**

**Genders catered for:** All Welcome

**Disabilities catered for:** Physical Disabilities, Sensory Impairment, Mental Health, Dementia, Elderly.

**Type of organisation:** Private Sector Organisation



## Rutland Care Village - Prime Life Ltd

Our aim is first and foremost to provide care packages that meet the specific needs of each client. We attach importance to quality of life making sure individuals remain keyed into the important elements of respect, dignity, privacy, and choice that are theirs by right.

**Address:** Huntsman Drive  
Barleythorpe Road  
Oakham  
Rutland  
LE15 6RP

**Tel:** 01572 722350 / 0116 2705678 (Head Office)  
**Fax:** 01572 725980

**Email:** [rutland@prime-life.co.uk](mailto:rutland@prime-life.co.uk)  
**Website:** [www.prime-life.co.uk](http://www.prime-life.co.uk)

**Service description:** An initiative concept of care for the future. The site which opened in June 2006 comprises three separate care homes with nursing, together with the Brambles Social Centre and 24 cottages in the grounds, whose occupants can enjoy a high level of support delivered direct to their own homes at any time of the day or night.

**Service charges & Payment details:** All rooms are en-suite at £1037 per week. Bracon Cottage £1081 per week.  
Nursing care is as above with the FNC payment on top.  
Also there are Social Service funded beds available through Rutland County Council.  
Will be invoiced.

**Organisation contact:** Katie Tipper – Sales Manager

**To access, contact:** The organisation directly or through Social Service referrals

**Areas covered:** Rutland (New Homes available in other areas)

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Mental Health- Dementia, Physical, Sensory & Learning Disabilities

**Type of organisation:** Private Sector Organisation

## RH/NC/RA

### Scraptoft Court Nursing & Residential Home

<b>Address:</b>	273A Scraptoft Lane Leicester LE5 2HT
<b>Tel:</b>	0116 2431115
<b>Fax:</b>	0116 2431115
<b>Email:</b>	<a href="mailto:scraptoft@live.co.uk">scraptoft@live.co.uk</a>
<b>Service charges &amp; Payment details:</b>	Please contact the service for latest prices. Clients will be Invoiced.
<b>Organisation contact:</b>	Helen Appleton - Manager
<b>To access, contact:</b>	The organisation directly or through Social Service referrals
<b>Areas covered:</b>	Leicester, Charnwood District, Blaby District, Harborough District, Oadby & Wigston District, Melton District.
<b>Ethnicities &amp; Genders catered for:</b>	All welcome
<b>Disabilities catered for:</b>	Dementia, Physical Disabilities and Nursing Care
<b>Type of organisation:</b>	Private Sector Organisation for over 15 years.

## RH/NC/RA DS

### Shared Lives Services

Leicestershire Shared Lives Services is a National Scheme that has been established for over 40 years. We currently aim to offer support to adults who are eligible for Adult Social carer through age, disability or other circumstances. Shared Lives Services are all about households sharing their lives, families, home, interests, experience and skills with people who need some help and support to live their lives to the full.

**Address:** Shared Lives services,  
Adults & Communities  
Department, room 600,  
County Hall  
Glenfield  
Leicestershire  
LE3 8RL

**Tel:** 0116 3059240 – Business/ Manager –Lis Horton  
0116 305 8133 – main line

**Email:** [sharedlives@leics.gov.uk](mailto:sharedlives@leics.gov.uk)

**Website:** [www.leics.gov.uk/index/social\\_services/asc\\_carer/sharedlives.htm](http://www.leics.gov.uk/index/social_services/asc_carer/sharedlives.htm)

**Service description:** We have approved Carers across the county who provide longer term accommodation and support; short stay care, short breaks (respite, home from hospital care, interim support as a stepping stone into independent living, day time support).

**Service charges & Payment details**

This can vary according to the level of support required & will also depend on the individual's income, savings & disability related expenditure.

**Organisation contact:** Claire Sutskova – Development Worker

**To access, contact:** Individuals should contact via customer services for assess to determine eligibility.  
**Customer Service Centre on 0116 305 0004**

**Areas covered:** Leicestershire

**Ethnicities & Genders catered for:** All Genders

**Disabilities catered for:** All Disabilities

**Type of organisation:** Statutory Sector organisation

## RH/NC/RA

### Sibbertoft Manor Nursing Home

Established 13 years ago as a private, independent home. We offer a superb place to live in, maintained to the highest standard with qualified nursing staff.

**Address:** Church Street  
Sibbertoft  
Market Harborough  
Leicestershire  
LE16 9UA

**Tel:** 01858 881304

**Fax:** 01858 881488

**Email:** [matron@sibbertoftmanor.com](mailto:matron@sibbertoftmanor.com)

**Website:** [www.sibbertoftmanor.co.uk](http://www.sibbertoftmanor.co.uk)

#### **Service charges &**

**Payment details:** Carers respite & permanent residents. Please contact the service for latest prices. Clients will be invoiced.

**Organisation contact:** Mrs Patricia Bevin – Matron / Manager

**To access, contact:** The organisation directly or through Social Service referrals

**Areas covered:** Leicester, Blaby District, Harborough District, Oadby & Wigston District, and Rutland County.

#### **Ethnicities &**

**Genders catered for:** All welcome

**Disabilities catered for:** Physical Disabilities, Sensory Impairment

**Type of organisation:** Private Sector Organisation

RH/NC/RA

## Silver Birch - Pine View Care Homes Ltd

Pine View Care Homes philosophy is to provide a home away from home environment where staff and residents are friends. Residents are encouraged to eat, drink and socialise together.

<b>Address:</b>	85 Lutterworth Road Aylestone Leicester LE2 8PJ
<b>Tel:</b>	0116 2832018
<b>Email:</b>	<a href="mailto:dinesh@pineviewcarehomes.co.uk">dinesh@pineviewcarehomes.co.uk</a>
<b>Service description:</b>	We have a range of activities such as sing-a-longs, pantomime shows, pub meals, music and movement classes, games afternoons, bingo, arts & crafts and many more.
<b>Service charges &amp; Payment details:</b>	Please contact the service for our latest prices Clients will be invoiced
<b>Organisation contact:</b>	Mr Dinsah Raja - Manager
<b>To access, contact:</b>	Social Service Referrals
<b>Areas covered:</b>	Leicester, Hinckley & Bosworth District, Blaby District, Oadby & Wigston District
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical Disabilities, Mental health (Dementia). Accommodation for nursing and personal care (adults over 65+)
<b>Type of organisation:</b>	Private Sector Organisation

## RH/NC/RA

### St George's - Prime Life Ltd

Our aim is first and foremost to provide care packages that meet the specific needs of each client.

We attach importance to quality of life making sure individuals remain keyed into the important elements of respect, dignity, privacy, and choice that are theirs by right.

<b>Address:</b>	Ratcliffe Road Leicester LE2 3TE
<b>Tel:</b>	0116 2705678 (Head Office) 0116 2448624 (Care Home)
<b>Fax:</b>	0116 2704450
<b>Email:</b>	<a href="mailto:info@primelife.co.uk">info@primelife.co.uk</a>
<b>Website:</b>	<a href="http://www.prime-life.co.uk">www.prime-life.co.uk</a>
<b>Service description:</b>	The St George's Care Centre opened in March 2008. This existing care home has undergone a major refurbishment and now provides for 36 clients, all in single accommodation with en-suite facilities, and provides residential care to clients whose needs are associated with dementia.
<b>Service charges &amp; Payment details:</b>	An average room = £763, with en suite room = £800 per week Premium rooms £801 per week  Social Services funded beds are also available. Will be invoiced.
<b>Organisation contact:</b>	Karina Smith – Sales Manager
<b>To access, contact:</b>	The organisation directly or through Social Service referrals
<b>Areas covered:</b>	Leicester, Charnwood District, Blaby District, Harborough District, Oadby & Wigston District, and Rutland
<b>Ethnicities &amp; Genders catered for:</b>	All welcome
<b>Disabilities catered for:</b>	Dementia and Physical Disabilities.
<b>Type of organisation:</b>	Private Sector Organisation

## The Gables Care Home (Market Harborough Ltd)

Our aim is to provide a high standard of care for older people in a home from home environment. Our care is based on individual needs and enables people to be independent in a supported environment. Older people benefit from a warm environment which values their knowledge and experience and promotes relationships based on dignity and respect.

**Address:** 29 Leicester Road  
Market Harborough  
Leicestershire  
LE16 7AX

**Tel:** 01858 464612

**Email:** [gablesreshome@aol.com](mailto:gablesreshome@aol.com)

**Website:** [www.gablesreshome.co.uk](http://www.gablesreshome.co.uk)

**Service description:** Respite beds can be used if a room is available but we cannot pre book respite care.  
There are two day care places available every day which can be booked a week in advance. Care in the person's home can be arranged as requested.

**Service charges & Payment details:** Respite Care (Residential) £675 per week  
Day care Service (no transport provided).  
Home Respite Care £16.48 per hour  
Live in Care (24 hour) £900 per week  
Payment arrangements can be made with each individual and can be charged weekly, or per calendar month for the service used.

**Organisation contact:** Samuel & Vanessa Suffolk - Care Manager / Owners

**To access, contact:** The organisation directly

**Areas covered:** Harborough District

**Ethnicities & Genders catered for:** All Welcome

**Type of organisation:** Private Sector Organisation

## The Grange Nursing & Residential Home

Our aims are to offer 'quality' of care to our clients that are acceptable to their relatives and friends. Happiness, fulfilment and satisfaction are the goals we aim to achieve. We offer a friendly, safe and warm home with home-cooking and open to visitors at any time. Our costs and charges are extremely competitive and over 90% of our staff are NVQ 2 and 3 qualified, and we also employ a number of qualified nurses.

<b>Address:</b>	Smeeton Road Saddington Leicestershire LE8 0QT
<b>Tel:</b>	0116 2402264 / 07824643211
<b>Fax:</b>	0116 2404888
<b>Email:</b>	<a href="mailto:chris@grangesaddington.co.uk">chris@grangesaddington.co.uk</a>
<b>Service charges &amp; Payment details:</b>	Contact the services for the latest prices. Clients will be invoiced.
<b>Organisation contact:</b>	Chris Colledge - Management
<b>To access, contact:</b>	The organisation directly or through Social Service referrals
<b>Areas covered:</b>	Leicester, Hinckley & Bosworth District, Blaby District, Harborough District, Oadby & Wigston District, and Melton District
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical Disabilities, Parkinson's, and Multiple Sclerosis, Dementia
<b>Type of organisation:</b>	Private Sector Organisation



## RH/NC/RA DS

### Tudor Care Home

We are a small residential care home that first opened in May 2010. We have just 9 bedrooms and offer a family style relaxed and comfortable home for older persons. Our aim is to produce high quality care through a philosophy of dignity and respect, choice and inclusion. We have a well trained and very motivated staff team.

**Address:** 68 Tudor Road  
Hinckley  
Leicestershire  
LE10 0EQ

**Tel:** 01455 234968  
**Fax:** 01455 234968

**Email:** [tudorcare@live.co.uk](mailto:tudorcare@live.co.uk)

**Service description:** We offer permanent or respite care to older persons, people with a physical disability and people with dementia. Our day care services are very flexible and are available between 8am & 8pm, 7 days a week. These can include meals, activities, personal care and laundry.

**Service charges & Payment details:** Fees for respite range from £650-£850 per week  
Day care fees are from £7.00 per hour plus extras as required.  
Pay on the day or Invoiced

**Organisation contact:** Cindy Nicholls - Manager  
**To access, contact:** The organisation directly or through Social Service referrals

**Areas covered:** Hinckley & Bosworth District

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Dementia, Physical Disabilities, Sensory Impairment

**Type of organisation:** Private Sector Organisation

## Ty – Gwyn Residential Home

We opened in 1990 and adopted the residents' charter of rights. We believe that all residents have the right to be treated as individuals and reside in a happy, homely and stimulating environment which encourages independence. We believe that by encouraging independence, respecting resident's privacy and encouraging decision making we can retain dignity, self respect and abilities of residents.

<b>Address:</b>	2 Hall Walk Enderby Leicestershire LE19 4AH
<b>Tel:</b>	0116 2864271
<b>Fax:</b>	0116 2861568
<b>Email:</b>	<a href="mailto:tygwyncarehome@gmail.com">tygwyncarehome@gmail.com</a>
<b>Service description:</b>	Residential care – non nursing. Day Care in-house tailored programmes. Some clients choose to attend various day centres away from the home.
<b>Service charges &amp; Payment details:</b>	Prices may vary, please contact the home to confirm. Invoiced or paid by BACS by Leicestershire County Council.
<b>Organisation contact:</b>	Rebecca Lee - Manager
<b>To access, contact:</b>	The organisation directly or through Social Service referrals
<b>Areas covered:</b>	Leicester City, Hinckley & Bosworth District, Blaby District, Oadby & Wigston District
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Learning Disabilities, Physical Disabilities, Sensory Impairment & Mental Health Difficulties
<b>Type of organisation:</b>	Private Sector Organisation

## RH/NC/RA

### Vista – Kathleen Rutland Home

The Kathleen Rutland Home sits in its own beautiful grounds, and offers a home to 47 men and women, who are blind or partially sighted. Admission can also be offered to people who are visually impaired and have dementia, but the home is not able to offer support to people with other mental health conditions. There are a small number of places available for people who are not visually impaired. The home is situated in the heart of the Leicester Forest East community.

<b>Address:</b>	117 Hinckley Road Leicester Forest East Leicester LE3 3PF
<b>Tel:</b>	0116 2394234
<b>Fax:</b>	0116 2394234
<b>Email:</b>	<a href="mailto:Hayley.barr@vistablind.org.uk">Hayley.barr@vistablind.org.uk</a>
<b>Website:</b>	<a href="http://www.vistablind.org.uk">www.vistablind.org.uk</a>
<b>Service description:</b>	The Kathleen Rutland Home is registered for older people. You will have your own room with en-suite toilet and wash basin and your own room key for privacy. It also has attractive large gardens as well as a variety of communal areas, including lounges, a dining room, activity rooms and outside seating areas.
<b>Service charges &amp; Payment details:</b>	Available on request, will be invoiced
<b>Organisation contact:</b>	Hayley Barr – Home Manager
<b>To access, contact:</b>	The organisation or through Social Services referral.
<b>Areas covered:</b>	All areas
<b>Ethnicities &amp; Genders catered for:</b>	All welcome
<b>Disabilities catered for:</b>	Blind & Partially Sighted people with Physical, Sensory or Learning Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## Vista

Vista is a local charity dedicated to improving lives of people with sight loss across Leicester, Leicestershire and Rutland.

<b>Address:</b>	Vista 16 New Walk Leicester LE1 6UB
<b>Tel:</b>	0116 2498839 – Vista’s helpline 0116 249 0909 / 8818– General calls
<b>Email:</b>	<a href="mailto:info@vistablind.org.uk">info@vistablind.org.uk</a>
<b>Website:</b>	<a href="http://www.vistablind.org.uk">www.vistablind.org.uk</a>
<b>Service description:</b>	<b>Early Intervention &amp; Prevention Services</b> – Assessment & Visual Impairment Rehabilitation, Deafblind Reablement, Vistore the Vista Shop <b>Vista’s Community Based Services</b> – Activity Classes, Befriending Services, Children, young people & families support, Community Day Services, Correspondences and Administrative Support, Day trips and Outings, Learning Disability Support, Low Vision Services, Residential Care, Social Groups, Specialist Communication & Guide Support
<b>Service charges &amp; Payment details:</b>	Available on request
<b>Organisation contact:</b>	Marketing Manager - Shilpa Gokani
<b>To access, contact:</b>	The organisation directly or once registered as blind or partially sighted
<b>Areas covered:</b>	Leicester, Leicestershire and Rutland
<b>Ethnicities &amp; Genders catered for:</b>	All welcome
<b>Disabilities catered for:</b>	People with sight loss and other sensory disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## RH/NC/RA

### Western Park View Nursing Home

This is a purpose built family run nursing and residential home, caring for older people and those reaching end of life. We aim to provide person-centred care & support while helping people to maintain their independence & dignity.

**Address:** 390 Hinckley Road  
Leicester  
LE3 0WA

**Tel:** 0116 2470032  
**Fax:** 0116 2544533

**Email:** [manager@westernparkviewcarehome.co.uk](mailto:manager@westernparkviewcarehome.co.uk)  
**Website:** [www.westernparkviewcarehome.co.uk](http://www.westernparkviewcarehome.co.uk)

**Service charges & Payment details:** Residential Private = £686 per week  
Nursing Private = £764 per week + RNCC  
or Social Services banded rate + RNCC  
Invoiced monthly

**Organisation contact:** Lorna Cooper - Manager

**To access, contact:** The organisation directly or through Social Service referrals, also CQC website, local care directory

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical & Sensory

**Type of organisation:** Private Sector Organisation

## **Day Services**

There are a wide range of Day Services available, such as Day Centres and Drop-In Clubs or Residential Homes that also provide Day Care.

Some are run once a week, others five days a week or more and they offer a variety of activities which people can join in. Some Day Services are aimed at specific groups of people i.e. people with a specific condition or disability, of a certain age or from a specific ethnic group.

**DS SAG SHSG**  
**Active Wesley Hall**

The service has been established 40 years, our policies and procedures including Health & Safety, Safeguarding Adults and Data Protection Regulations are in place. We also adapt to the many changes to provide a quality service. We support individuals to be motivated, engaged and develop new skills to improve confidence and social contact. Our qualified staff ensure everyone is included in all activities and at their own pace to continue learning and developing. These are monitored through feedback and consultations with individuals. Staff ensure the service is warm, homely, clean and inviting to all.

**Address:** 76 Hartington Road  
Leicester  
LE2 0GN

**Tel:** 0116 2626791  
**Fax:**

**Email:** [sd@wesleyhallcc.org.uk](mailto:sd@wesleyhallcc.org.uk) / [rz@wesleyhallcc.org.uk](mailto:rz@wesleyhallcc.org.uk)  
**Website:** [www.activewesleyhall.org.uk](http://www.activewesleyhall.org.uk)

**Service description:** Activities from Monday- Friday 10am-3pm. Walking, art & craft, male & female groups, confidence building, mindfulness, cooking, Asian culture groups, singing, computers, exercise, trips out, special events. Sensory room open to individuals and groups to use daily. Our personal mini bus offers transport Mon-Thur for the day service and elderly lunch club on Fri at a small extra charge based on distance.

**Service Charges:** One session 10-12pm or 1-3pm £10. All day 10-3pm £20. Dinner £4. Transport between £4-£10. Special events / day trips extra. Pay on the day or via monthly invoicing, fully registered members pay the placement.

**Organisation contact:** Satwinder Dhanjal and Rebecca Zurek – Senior Centre Manager and Day Care Service Deputy Manager

**To access, contact:** Self-referral or professional. Free taster session available.

**Areas covered:** Leicester, Charnwood, Oadby & Wigston, Blaby Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical, Sensory and Learning Disabilities – Adult 18+

**Type of organisation:** Voluntary Sector / Charitable Organisation

## **DS SAG SHSG**

### **Adhar Project**

The Adhar project was set up in 1989 and is a registered charity. “ADHAR” originates from the Indian language and means “SUPPORT”. The Trustees and management committee are made up of professionals from a range of backgrounds and diversity. The Adhar Project provides a range of Social Care Services to support Asian people with mental health issues in the community.

<b>Address:</b>	79 St Peters Road Leicester LE2 1DH
<b>Tel:</b>	0116 2200070
<b>Fax:</b>	0116 2220074
<b>Email:</b>	<a href="mailto:admin.box@adharproject.org">admin.box@adharproject.org</a>
<b>Website:</b>	<a href="http://www.adharproject.org.uk">www.adharproject.org.uk</a>
<b>Service description:</b>	<b>From April 1<sup>st</sup> 2015</b> – Adhar will be running Drop Ins, Support groups, Peer Support 1-1. They also have direct payment services. 1-1 PA and group work. For low level Mental Health.
<b>Organisation contact:</b>	Harjit Sanahu or Vijaya Gowda
<b>To access, contact:</b>	Contact the organisation directly or through Social Service referrals.
<b>Areas covered:</b>	Leicester Area
<b>Ethnicities &amp; Genders catered for:</b>	BME, both genders
<b>Disabilities catered for:</b>	Mental Health Disabilities – low level
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation



## DS HRCS SAG SHSG

### Age UK Leicester Shire and Rutland

Age UK Leicester Shire & Rutland is a local charity which promotes the wellbeing of older people by helping to make life fulfilling and enjoyable. We are committed to maintaining the dignity, privacy and independence of older people by providing a range of relevant services which meet the needs of Leicester, Leicestershire & Rutland residents.

**Address:** Land House  
113 Princess Road East  
Leicester  
LE1 7LA

**Tel:** 0116 2885203  
**Fax:** 0116 2992244

**Service description:** Wellbeing groups are run across Leicester city, Leicestershire and Rutland to support older people including those with mobility, frailty and mental health issues. Transport can usually be provided in wheelchair enabled minibuses. We also provide luncheon clubs and other services.

**Service charges & Payment details:** Various activities ranging from £4+

**Organisation contact:** Contact Main Reception on 0116 2992233

**To access, contact:** Contact the organisation directly or through Social Services referrals

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Learning Disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation

## DS SAG

### Age UK Oadby & Wigston

Our overall aim and philosophy is to improve the lives of older people living in the borough of Oadby and Wigston. The centre at Paddock Street celebrated its 30<sup>th</sup> year in 2009. It has grown from a small group concerned with older people's welfare to a large centre offering lunches and activities. We also offer lunch at St Peters Church Hall in Oadby 3 days a week.

**Address:** 51 Paddock Street  
Wigston  
Leicester  
LE18 2AN

**Tel:** 0116 2885203

**Email:** [info@ageukoadbyandwigston.org](mailto:info@ageukoadbyandwigston.org)

**Website:** [www.ageukleics.org.uk](http://www.ageukleics.org.uk)

**Service description:** We have a drop-in centre for lunch. Transport can be provided for those unable to access the centre otherwise. We have a day care unit for 12 people (referred by Social Services) and activities include watercolour painting calligraphy, computers, Tai Chi, decoupage, dancing, bowls, whist and days out. We offer an information and advice service for the over 55's.

Hairdresser – Monday and Friday

Chiropodist – Tuesday to Thursday

Coffee Bar open to all from 9:00am – 4pm.

2 Mini Bus Service – 10 People for pick up and drop off lunches Mon-Fri.

Lunch Club – 5 days per week from 12:30pm – 1:30pm.

#### **Service charges &**

**Payment details:** Activities are priced at £4+ please check with the service. Pay on the day or in advance for some courses. Direct Payments may be required.

**Organisation contact:** Gary Burnside – Chief Officer  
Karen Storey – Volunteer/Events/Fundraising Coordinator

**To access, contact:** Contact the organisation directly or through Social Services referrals

**Areas covered:** Oadby & Wigston District

#### **Ethnicities &**

**Genders catered for:** All Welcome

**Disabilities catered for:** Physical and Sensory and Learning disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation

## DS

### Choices for Life

Choices for Life are an independent day service in North West Leicestershire. We have been providing motivating and stimulating sessions and activities since 2002. We are professional, friendly and flexible and believe in providing excellence in community opportunities. We have modern, spacious bases and transport and a qualified and experienced staff team.

**Address:** Units 1 & 2 Phoenix Park  
Telford Way  
Coalville  
Leicestershire  
LE67 3HB

**Tel:** 01530 820 006  
**Fax:** 01530 837110

**Email:** [katherine@choices4life.co.uk](mailto:katherine@choices4life.co.uk)  
**Website:** [www.choices4life.co.uk](http://www.choices4life.co.uk)

**Service Description:** As well as our day support service we are also offering personal assistants for community opportunities including individual service plans and communication passports.

**Service charges & Payment details:** This depends on individual circumstances, to be discussed with the service manager on contact.

**Organisation contact:** Katherine Merryweather – Service Manager  
01530 837110

**To access, contact:** Contact the organisation directly or through Social Services referral

**Areas covered:** North West Leicestershire District  
Charnwood District  
Hinckley & Bosworth District

**Ethnicities & Genders catered for:** All Welcome

**Type of organisation:** Private Sector Organisation

**DS**

## **Conifer Lodge**

We offer a good care team that will treat our clients with dignity and respect their needs.

<b>Address:</b>	33 Aylestone Lane Wigston Leicester LE18 1AB
<b>Tel:</b>	0116 2883170
<b>Fax:</b>	0116 2883170
<b>Email:</b>	conifer_lodge@outlook.com
<b>Service Description:</b>	We have 2 places for Day Care Services. We provide breakfast if required and full personal care if needed. Meals, activities, baths or showers all provided in our friendly Residential Home. We have no time limit and the client can stay from 8am – 8pm if needed.
<b>Service charges &amp; Payment details:</b>	We charge £50 per day, clients will be invoiced
<b>Organisation contact:</b>	Amanda Simpson – Manager or Pamela Simpson – Deputy Manager Christopher Kemp - Owner
<b>To access, contact:</b>	Contact the organisation directly or through Social Services referrals
<b>Areas covered:</b>	Oadby & Wigston District
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	The Elderly, Physical, Sensory & Learning Disabilities
<b>Type of organisation:</b>	Private Sector Organisation

## DS

### Deacon & Hardy Community Support Ltd

Deacon and Hardy have been in operation for the past 3 years. We offer Day Services to adults with learning disabilities mainly but can include Physical Disabilities. Our aim is to provide a caring, stimulating & enjoyable service. The activities are person centred and needs LED. We aim to enable individuals to be as independent as possible.

**Address:** Deacon & Hardy Community Support  
Unit 3, Carr House  
Hawley Road  
Hinckley  
Leicestershire  
LE2 9JS

**Tel:** 01455 616700  
**Fax:**

**Email:** deaconhardy@live.com  
**Website:** www.deaconandhardy.com

**Service Description:** We have 2 locations: Wigston Gardens & Carr House. Both of these bases operate from 9.00 till 4.00 from Monday – Friday.

**Organisation contact:** Jon Hall – Manager; Steve Hardy or Rob Deacon -Directors

**Service charges & Payment Details:** Prices depend on the band rate, contact the service for details.

**To access, contact:** Directly or through Social Services

**Areas covered:** Hinckley & Bosworth, Oadby & Wigston, Blaby, South Leicestershire.

**Ethnicities & Genders catered for:** All welcome

**Disabilities catered for:** Learning Disability (also Physical, Sensory)

**Type of organisation:** Private Sector Organisation

**DS**

## **Guru Tegh Bahadur Day Centre / Carers Link Project**

We are a Day Centre providing respite services and luncheon clubs that provide a hot meal for clients.

**Address:** 106 East Park Road  
Leicester  
LE5 4QB

**Tel:** 0116 2741683

**Fax:** 0116 2741683

**Email:** [G.T.B.DayCentre@hotmail.co.uk](mailto:G.T.B.DayCentre@hotmail.co.uk)

**Service description:** We provide Day Care facilities for the elderly (over 65 yrs), in a warm secure place. We offer a good hot meal and activities for health as well as support and information for carers through the Carers Link Project.

**Organisation contact:** Please contact general enquiries

**To access, contact:** The organisation directly for Luncheon Clubs or through Social Services referrals

**Areas covered:** Leicester City

**Ethnicities & Genders catered for:** Asian Elderly, both genders

**Disabilities catered for:** Physical Disabilities, Sensory Impairment

**Type of organisation:** Voluntary Sector / Charitable Organisation

<b>Address:</b>	Local Branch: 104 Sibson Road Birstall Leicester LE4 4NB
<b>Tel:</b>	0116 2147739
<b>Fax:</b>	N/A
<b>Email:</b>	enquiries@helpinghands.co.uk
<b>Service description:</b>	We provide quality support and care to enable people to remain in their own homes and pursue their chosen lifestyle, regardless of age, disability and geographical area.
<b>Service charges &amp; Payment details:</b>	Live in care starting cost from £900 per week. Hourly visit service starts from £17 per hour, depending on location.
<b>Organisation contact:</b>	Louisa Johnstone – Branch Manager Melanie Geldard – Marketing Manager
<b>To access, contact:</b>	Individually or through Social Services, HCPs.
<b>Areas covered:</b>	Leicester, Melton, Coalville, Loughbrorough & surrounding areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	All
<b>Type of organisation:</b>	Private Sector Organisation

## DS SAG

### Hinckley Stroke Club

The club started 26 years ago as a social outlet for stroke patients and their carers. Carers may stay if desired but are encouraged to go and spend a little time on their own leisure or hobbies – i.e. shopping, hairdressing etc or just some “me” time.

<b>Address:</b>	Westfield Community Centre Rosemary Way Hinckley Leicestershire LE10 0LN
<b>Tel:</b>	01455 637516 (option 5) Stroke Club 01455 630835
<b>Fax:</b>	01455 619921
<b>Email:</b>	<a href="mailto:westfieldcc_uk@yahoo.co.uk">westfieldcc_uk@yahoo.co.uk</a>
<b>Service description:</b>	We offer a chance to meet with other stroke patients and a range of activities including Bingo, cards, dominoes etc. We also provide a 2 course meal which is cooked on the premises. We also give any help we can to contact services.
<b>Service charges &amp; Payment details:</b>	Local Transport (Hinckley & Burbage only) £2.50 2 course cooked dinner £3.50 Pay on the day
<b>Organisation contact:</b>	Jackie Nuttall – Assistant Organiser
<b>To access, contact:</b>	The organisation directly, through Social Services or referrals from other agencies
<b>Areas covered:</b>	Hinckley & Bosworth District
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical and Sensory Disabilities – Stroke Patients
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation



## DS

### Holmfield Day Centre

Holmfield Day Centre offers Day Care for people with dementia. The Day Centre is open from 9am to 4pm Monday to Friday.

<b>Address:</b>	Croft Road Beaumont Leys Leicester LE4 1HA
<b>Tel:</b>	0116 2368115
<b>Fax:</b>	0116 2368117
<b>Email:</b>	<a href="mailto:anne-byrne@ncha.org.uk">anne-byrne@ncha.org.uk</a>
<b>Website:</b>	<a href="http://www.leicesterquakerhousing.co.uk">www.leicesterquakerhousing.co.uk</a>
<b>Service description:</b>	There are stimulating activities and games on offer and a two course midday meal is provided. Holmfield will try and maintain existing skills for all the service users. Bathing facilities are available at a small charge.
<b>Service charges &amp; Payment details:</b>	Private – Direct Payments = £40 per day Commissioned – County = depending on band Commissioned City = depending on band. Payments will be agreed.
<b>Organisation contact:</b>	Kirsty Young - Manager Anne Byrne – Service Leader
<b>To access, contact:</b>	The organisation directly, through Social Services referrals
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Dementia, Physical and Sensory disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

**DS SAG**

## **J&S Day Services Ltd**

The Day Service aims to provide a specialist day service for people with dementia in a relaxing and social environment. This service will be offered five days a week and will also aim to support carers and their families. Our service offers a wide range of activities which include support, activities, and community involvement that help individuals maintain their independence within their own community in a way that is right for them. We also have an enclosed, secure sensory garden.

<b>Address:</b>	1 Tigers Close Kennedy House Wistan Place South Wigston Leicestershire LE18 4WS
<b>Tel:</b>	0116 2785444
<b>Fax:</b>	NA
<b>Email:</b>	<a href="mailto:JandSDayServices@outlook.com">JandSDayServices@outlook.com</a>
<b>Service description:</b>	Our service offers a wide range of activities which include support, activities and community involvement that help individuals maintain their independence with their own community in a way that is right for them. We also have an enclosed , secure sensory garden.
<b>Service charges &amp; Payment details:</b>	£60 Per Day 9:30- 3:30 Arrangements will be made with each individual to suit their circumstances.
<b>Organisation contact:</b>	Julia Leadbetter/ Suzanne Lucas- Directors
<b>To access, contact:</b>	Individuals can contact us direct if this is a private arrangements/ have a cash payment card through a personal budget through adult social care. (Social services)
<b>Areas covered:</b>	Leicester city, Hinckley & Bosworth, Harborough District, Oadby & Wigston District, Blaby
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical and Sensory Disabilities – Dementia related illness
<b>Type of organisation:</b>	Private Sector Organisation

**DS HRCS**

## **National Autistic Society**

We champion the rights and interests of all people with Autism and aim to provide individuals with Autism and their families with help, support and services that they can access, trust and rely upon and which make a positive difference to their lives.

<b>Address:</b>	Unit B Edward House Grange Business Park Enderby Road Whetstone Leicester LE8 6EP
<b>Tel:</b>	0116 286 6956 / Helpline: mon-thur 10-4 0808 800 4140
<b>Fax:</b>	0116 258 1844
<b>Email:</b>	supportcarer@nas.org.uk
<b>Website:</b>	<a href="http://www.autism.org.uk">www.autism.org.uk</a>
<b>Service description:</b>	Outreach – In your home or the community Day Services – Individual & group activities. Day Care - residential and supported living. Respite care.
<b>Service charges &amp; Payment details:</b>	Varies depending on service Direct Payments, Individual Budgets, Social / Health Care Commissioning or privately
<b>Organisation contact:</b>	Stefan Dziewanowski – Registered Manager
<b>To access, contact:</b>	The organisation directly or through Social Services referrals
<b>Areas covered:</b>	All Areas
<b>Ethnicity &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical, Sensory and Learning Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

**DS SAG**

## **Rosebery St Peter's Community Centre Ltd**

To actively promote and provide greater opportunities for the interactive social and education life of the community without distinction.

<b>Address:</b>	Storer Road Loughborough Leicestershire LE11 5EQ
<b>Tel:</b>	01509 213144
<b>Email:</b>	info@roseberycc.co.uk
<b>Website:</b>	<a href="http://www.roseberystpeterscc.co.uk">www.roseberystpeterscc.co.uk</a>
<b>Service description:</b>	We hold the following groups; Charnwood Stroke Club Mosaic Group
<b>Service charges &amp; Payment details:</b>	Varies depending on group, pay on the day
<b>Organisation contact:</b>	Linda Soukes - The Centre Co-ordinator
<b>To access, contact:</b>	The organisation directly or through Social Services referrals or other agencies
<b>Areas covered:</b>	Charnwood
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical, Sensory and Learning Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## DS

### Sanatan Manavta Day Care Service

Our Day Care Service started in 1995. We work with elderly and disabled service users who may be mentally frail or be experiencing memory problems, mental illness, depression, be socially isolated, physically frail, have very poor mobility and are restricted in their activities because of their disabilities. We provide regular respite for carers to enable them to continue to care for the elderly and disabled.

**Address:** 172 Surrey Street.  
Leicester  
LE4 6FH

**Tel:** 0116 2610954

**Fax:** 0116 2610954

**Email:** [yash153@hotmail.com](mailto:yash153@hotmail.com)

**Service charges & Payment details:** Day Centre £31.60, Lunch £3.50 - Pay on the day

**Organisation contact:** Mr Yashwant Patel – Care Manager

**To access, contact:** Through Social Service referrals

**Areas covered:** Leicester City, Charnwood District

**Ethnicities & Genders catered for:** Asian, both genders

**Disabilities catered for:** Physical, Sensory and Learning Disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation

## DS SAG SHSG

### Volunteer Centre Castle Donington & District

We were established in 1975 to help to improve the quality of life in northern parishes in North West Leicestershire, by enabling people to have the opportunity to play an active and positive part in their community, offer a variety of services appropriate to the needs of the community, to provide recruitment and support to our volunteers and voluntary organisations in the local area.

**Address:** 101 Bondgate  
Castle Donington  
Derby  
DE74 2NR

**Tel:** 01332 850526  
**Fax:** 01332 850526

**Email:** [info@cdvc.org.uk](mailto:info@cdvc.org.uk)  
**Website:** [www.cdvc.org.uk](http://www.cdvc.org.uk)

**Service description:** Opening Hours – Monday – Friday 8.30am –1.30pm  
Friday Club – Visually impaired and / or physically disabled  
Free hospital transport scheme – If registered at Kegworth or Castle Donington surgeries. Community Bus Scheme- All buses fully accessible for wheelchairs.  
Free wheelchair loan service. 5 Dial-A-Ride shopping trips per week (Bus).  
Lunch Club Kegworth- every Thursday. Grow Cook Share Lunch Club – starting Monday 16<sup>th</sup> April – aims to grow and eat your own food, Transport provided. Gentle exercise class aimed for wheelchair users, knee and hip therapy. Disabled swimming bus – Thursday pm to Whitwick , will pick up from home. Friday- outings for elders with disabilities

**Service charges & Payment details:** Charges vary depending on service

**Organisation contact:** Julia Burkin

**To access, contact:** The organisation directly, Social Service, GP referrals

**Areas covered:** North West Leicestershire District / South Derbyshire, Long Eaton and Sorley.

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical and Sensory Disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation

## **Home Respite Care Schemes / Domiciliary Care Including Care Attendant, Befriending or Sitting Services.**

Home Respite Care and Care Attendant Schemes are where a paid carer will come into the cared for persons home. They provide services to meet the persons assessed need, often taking over the responsibilities of a carer. This enables the carer to have a short break from their caring role which they can spend however they wish.

Some of the services that these schemes provide include such things as getting the cared for person up in the morning, putting them to bed at night, shopping, cleaning, fetching pensions, taking them to Doctors appointments etc.

We have also included in this section any Befriending Schemes or Sitting Services, as again these are services that can take place in the cared for persons home enabling the carer to have a short break.

## HRCS DS SAG

### Age UK Leicestershire & Rutland (Uppingham)

Age UK is an independent, non political, voluntary organisation with charitable status. We are committed to caring for elderly people, enabling them to remain in the community for as long as possible. We provide practical help, advice and services for the elderly.

<b>Address:</b>	13 High Street East Uppingham Rutland LE15 9PY
<b>Tel:</b>	01572 822171
<b>Email:</b>	<a href="mailto:amanda.bellamy@ageukleics.org.uk">amanda.bellamy@ageukleics.org.uk</a> <a href="mailto:yvonne.rawlings@ageukleics.org.uk">yvonne.rawlings@ageukleics.org.uk</a>
<b>Website:</b>	<a href="http://www.ageukleics.org.uk">www.ageukleics.org.uk</a>
<b>Service description:</b>	We run several social groups-luncheon clubs, outings & excursions, men in sheds, line dancing, keep fit, care & support – Dementia. Befriending home visits, digital support/IT phone service and many more.....
<b>Service charges &amp; Payment details:</b>	Varies depending on type of service, pay on the day
<b>Organisation contact:</b>	Amanda Bellamy (Uppingham Office) Yvonne Rawlings (Oakham Office)
<b>To access, contact:</b>	Contact the organisation directly
<b>Areas covered:</b>	Rutland
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Frail and Elderly
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation



**HRCS DS SHSG**  
**ASPIRE UK**

We have been trading in Leicester for 10 years and nationally there are over 130 offices. We employ over 160 support workers across Leicester and have contracts with both the City and County Councils.

Our overall aim is to deliver the highest quality of care and support to all our clients which are person centred and outcome based. We offer services which range from ½ hour to 24 hr support including sleep-in services.

<b>Address:</b>	First Floor, Peepul Centre Orchardson Avenue Leicester LE4 6DP
<b>Tel:</b>	0116 2621999
<b>Fax:</b>	0116 2622999
<b>Email:</b>	<a href="mailto:support@aspireuk.co.uk">support@aspireuk.co.uk</a>
<b>Website:</b>	<a href="http://www.aspireuk.co.uk">www.aspireuk.co.uk</a>
<b>Service description:</b>	We support people as outlined above. We operate 24 hours a day 365 days a year
<b>Service charges &amp; Payment details:</b>	Between £15 - £19.63 per hour Clients will be invoiced (depending on area)
<b>Organisation contact:</b>	Mr Vijay Majithia (Managing Director)
<b>To access, contact:</b>	Contact the organisation directly or through Social Services referrals
<b>Areas covered:</b>	Leicester & Leicestershire & parts county area
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical, Sensory & Learning Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## HRCS

### Blue Ribbon Community Care

We are an independent provider of “at home services”. We make it possible for people who need carer support, to maintain independence in the comfort of their own home. Our aim is to provide service users with the extra care or help they need to continue to lead the life they wish.

**Address:** Barking House  
Farndon Road  
Market Harborough  
Leicestershire  
LE16 9NP

**Tel:** 01858 827092

**Fax:** na

**Email:** [cathy@blueribboncare.org.uk](mailto:cathy@blueribboncare.org.uk)

**Website:** [www.blueribboncare.org.uk](http://www.blueribboncare.org.uk)

**Service description:** Assistance with Personal Care, Meals, Medication/s, Shopping, all housework chores. Support to appointments, respite care and sitting calls. We also offer support with personal budgets and offer Provider Managed Accounts.

**Service charges & Payment details:**

Monday-Friday £17.95 hr. £12.45 (30min) £15.50 (45 min)  
Weekends £13.45 hr. £13.65 (30min) £16.55 (45min)  
These are available, subject to availability.  
Bank holidays are charged at double rate (starting at £35.90 hour). Service users are invoiced weekly, payment can be payable via cheque, BACS or standing order.

**Organisation contact:** Cathy Thompson (manager)

**To access, contact:** Contact directly or through Social Services in market Harborough.

**Areas covered:** Harborough District

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical, Sensory and Learning Disabilities

**Type of organisation:** Private Sector Organisation

**HRCS DS**  
**Burbage Homecare**

**Address:** 3a Fairway Centre  
9-13 Coventry Road  
Burbage  
Leicestershire  
LE10 2HL

**Tel:** 01455 239435  
**Fax:** 01455 251836

**Email:** [burbage.homecare@virgin.net](mailto:burbage.homecare@virgin.net)  
**Website:** [www.burbagehomecare.co.uk](http://www.burbagehomecare.co.uk)

**Service charges & Payment details:** Depending on service required. Increases at weekend and Bank Holiday.  
Cleaning service available.  
Clients invoiced fortnightly

**Organisation contact:** Lisa Bosden– Manager

**To access, contact:** Contact the organisation directly

**Areas covered:** Hinckley & Bosworth, Burbage, Barwell, Earl Shilton, Lutterworth, Broughton Astley, Croft, Huncote Blaby District, Blaby District.

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical, Sensory & Learning Disabilities

**Type of organisation:** Private Sector Organisation

## HRCS DS

### Caremark – Hinckley, Bosworth & Blaby

We are part of a franchise which has over 90 established offices throughout the country and 2 in Malta. We have robust policies and procedures in place which have been challenged and approved by CQC and many local authorities.

<b>Address:</b>	CAREMARK Unit 4 Vantage Business Park Leicester LE4 9LJ
<b>Tel:</b>	0116 429 1100
<b>Fax</b>	0116 319 0010
<b>Email address:</b>	<a href="mailto:blaby@caremark.co.uk">blaby@caremark.co.uk</a>
<b>Website:</b>	<a href="http://www.caremark.co.uk/blaby">www.caremark.co.uk/blaby</a>
<b>Service Description:</b>	This service can be used for Children. Adults and Elderly who chooses to retain their independence by living at home. This service is also available to anyone who lives in sheltered accommodation.
<b>Service charges &amp; Payment Details:</b>	£16.90 per hour. This is for a Bespoke Care package tailored to the individual's requirements. Direct payments, social service packages. Rate is static for evenings and weekends.
<b>Organisation contact:</b>	Jo Caney – Care Manager / Director
<b>To access, contact:</b>	Through Social Services referrals or directly with the organisation.
<b>Areas covered:</b>	Hinckley & Bosworth, Blaby districts.
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Type of organisation:</b>	Private Sector Organisation

**Caring Companions Homecare**

We are an independently owned and operated care sector. We aim to ensure we deliver a person centred approach to our care ensuring the individual is involved when it comes to setting up his/her care package. We will personalise our need assessment forms to service users & ensure quality & consistency of care.

<b>Address:</b>	8C Devana Road Leicester LE2 1PJ
<b>Tel:</b>	0116 2430888 (main office)
<b>Fax:</b>	0116 3192450
<b>Email:</b>	<a href="mailto:enquiries@caringcompanionshomecare.co.uk">enquiries@caringcompanionshomecare.co.uk</a>
<b>Website:</b>	<a href="http://www.caringcompanionshomecare.co.uk">www.caringcompanionshomecare.co.uk</a>
<b>Service description:</b>	Caring for people whose rights are restricted under the Mental Health Act - dementia, eating disorder, personal care, physical & sensory, substance misuse.
<b>Service charges &amp; Payment details:</b>	Costs £14.00 per hour flat rates. Initial assessment is carried out. Clients will be invoiced with a 14 day's pay period.
<b>Organisation contact:</b>	Manish Kumar - Manager
<b>To access, contact:</b>	Contact the organisation directly or through Social Services referrals
<b>Areas covered:</b>	Leicester City, Charnwood District, North West Leicestershire Oadby & Wigston District.
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical, Sensory Disabilities
<b>Type of organisation:</b>	Private Sector Organisation

**HRCS DS**

## **Carers Trust East Midlands (South Leicestershire Office)**

Our aim is to provide practical, emotional and social care to Carers and people with care needs, to promote independence and autonomy and to allow Carers to have time to themselves.

**Address:** Wycliffe House  
Gilmorton Road  
Lutterworth  
Leicestershire  
LE17 4DY

**Tel:** 01455 560046

**Fax:** 01455 555576

**Email:** [hello@carerstrustem.org](mailto:hello@carerstrustem.org)

**Website:** [www.carerstrustem.org](http://www.carerstrustem.org)

**Service description:** Crossroads Care East Midlands is a charitable organisation providing support to Carers and people with Care needs. Highly trained Carer Support Workers provide one to one support either in the home or community. Each person has a care plan to suit their individual needs. Tasks may include personal care, nourishment, social activities and daily living tasks as well as specialist training. All Carer Support Workers have an enhanced disclosure CRB check and complete a comprehensive ongoing training plan. We provide mental health visits to carers in their own homes or other convenient places to carry out assessments or support. We run regular Carers Groups to offer support on information and advice.

### **Service charges &**

**Payment details:** Monday 8am – 6pm Friday 8am-5pm.  
Evenings & weekends – 8am – 8pm price varies  
and Bank Holiday  
Various methods of payment

**Organisation contact:** Pauline and Claire Orton

**To access, contact:** The organisation directly or through referrals from Social Services, GP's, District Nurses or other agencies.

**Areas covered:** All Areas (Mental Health – Leicester)

### **Ethnicities &**

**Genders catered for:** All Welcome

**Disabilities catered for:** Mental Health and Dementia

**Type of organisation:** Voluntary Sector / Charitable Organisation

**HRCS DS SAG SHSG SB**

## **Destiny Health Care Services Limited**

We provide person centred care and offer a wealth of personal, health and domestic services to meet the needs of dependent clients. These include older people, disabled and those needing assistance due to illness to continue living in their own homes. This will be achieved by promoting a standard of excellence, which embraces fundamental principles of good care practice that is witnessed and evaluated through the practice, conduct and control of quality care in the domestic environment.

**Address:** Business Box  
3 Oswin Road  
Leicester  
Leicestershire  
LE3 1HR

**Tel:** 0116 279 5026

**Fax:**

**Email:** [info@destinyhealthcareservices.co.uk](mailto:info@destinyhealthcareservices.co.uk)

**Website:** [www.destinyhealthcareservices.co.uk](http://www.destinyhealthcareservices.co.uk)

**Service description:** We are a domiciliary care agency and provide a range of personal care and essential domestic support for vulnerable people living in their homes who may be unable to carry out tasks. We offer 1 hour – 24 hour care including live in care.

**Service charges & Payment details:** contact services for current prices

**Organisation contact:** Eunice Munjoma – Manager

**To access, contact:** Social Services or directly to the Organisation.

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All welcome

**Disabilities catered for:** Physical, Sensory and Learning Disabilities

**Type of organisation:** Private Sector Organisation

**HRCS DS SAG SHSG SB**  
**Direct Care (UK) LTD**

As a family we have suffered first hand through the difficulties of receiving unreliable and poor quality care for many years. This has had an impact on all our lives. Direct care (UK) Ltd. Was set up to make a real difference to the most vulnerable in our society. We provide a dedicated service delivered directly to your home, based on trust, commitment to the welfare and an uncompromised belief in bespoke high-quality care for all.

**Address:** Ground Floor  
27 East Street  
Leicester  
Leicestershire  
LE1 6NB

**Tel:** 07548 805 230  
**Fax:**

**Email:** [info@directcare.uk.com](mailto:info@directcare.uk.com)  
**Website:** [www.directcare.uk.com](http://www.directcare.uk.com)

**Service description:** Day Centre-bespoke person centred activities, life skills, community opportunities, physical activities – working towards achieving our client’s goals 24 hours per day. Domiciliary, respite and live in services. Open 7 days per week all year.

**Service charges & Payment details:** Rates vary depending on complexity of care required. Pay by cheque, standing orders, credit/debit card or cash.

**Organisation contact:** Harjinder Sandhu - Director  
Tina Niranane - Manager

**To access, contact:** Contact office directly.

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** Adults of all welcome

**Disabilities catered for:** Learning Disabilities, Dementia, End of Life

**Type of organisation:** Private Sector Organisation



## HRCS DS

### Hinckley Carer Support Scheme

The aim of our scheme is to provide the client with personal assistance, support and respite care in order that the breakdown in care is prevented. We promote best care and independence and offer choice.

**Address:** Hinckley Health Centre  
Hill Street  
Hinckley  
Leicestershire  
LE10 1DS

**Tel:** 07787258360  
**Fax:**

**Email:** [hcsc@talktalkbusiness.net](mailto:hcsc@talktalkbusiness.net)  
**Website:** [www.hinckleycarers.org](http://www.hinckleycarers.org)

**Service description:** We have staff trained to a high competency. We can provide person centred care, tailored to the clients' need.

**Service charges &  
Payment details:**

Alternative payment methods – Direct Payments by Invoice

**Organisation contact:** Mrs Jane Tweed or Mrs Paula Farmer

**To access, contact:** The organisation directly, through Social Services or referrals from other agencies

**Areas covered:** North West Leicestershire District, Hinckley & Bosworth District, some of Blaby District

**Ethnicities &  
Genders catered for:** All Welcome

**Disabilities catered for:** Physical and Sensory Disabilities

**Type of organisation:** Private Sector Organisation

**Home Instead Senior Care**

Home Instead Senior Care provides the special gift of freedom; enabling people to remain at home where they are most happy. Families can enjoy the freedom to relax in the knowledge that their loved ones are in excellent hands, being cared for by the world's leading home care who specialize in older aged adults. We give personalised care built around the needs of the individual.

<b>Address:</b>	46 Boston Road Beaumont Business Centre Beaumont Leys Leicester LE4 1AA
<b>Tel:</b>	0116 3192474 / 01455 698011
<b>Fax:</b>	NA
<b>Email:</b>	<a href="mailto:nisha.chandarana@homeinstead.co.uk">nisha.chandarana@homeinstead.co.uk</a>
<b>Website:</b>	<a href="http://www.homeinstead.co.uk/westleicestershire">www.homeinstead.co.uk/westleicestershire</a>
<b>Service description:</b>	We provide domiciliary care for the elderly, allowing them to stay in their own homes. At present we are providing a lot of Dementia/Alzheimer's and Parkinson's care.
<b>Service charges &amp; Payment details:</b>	We charge £23 hr for Mon-Fri 8am-8pm. £25 hr evenings & weekends. Invoiced on a monthly / weekly basis. .
<b>Organisation contact:</b>	Nisha Chandarana – Managing Director Megan Grossnikalus– Care Manager
<b>To access, contact:</b>	Directly
<b>Areas covered:</b>	Charnwood, NW Leicestershire, Hinckley & Bosworth, Rutland.
<b>Ethnicities &amp; Genders catered for:</b>	All welcome
<b>Disabilities catered for:</b>	All areas
<b>Type of organisation:</b>	Private Sector

## HRCS RH/NC/RA DS Joylink Health Care Services

Joylink is run by health care professionals with longstanding experience working in acute hospitals, community and residential or nursing homes. Our aim is to provide quality staffs for NHS, Private hospital, Care Homes, Prisons and many more. Our services are run throughout the east midlands, UK.

We believe in giving quality comprehensive care with sensitivity, compassion, respect and value to our clients. We are dedicated to giving dignified care and treatment with our friendly, trustworthy and reliable team. We recognize the need and significance of trust and compassion in a secure environment.

<b>Address:</b>	Unit 4B Andrea Building 91-101 Humberstone Road Leicester LE5 3AN
<b>Tel:</b>	07855035430 / 07714639785
<b>Fax:</b>	0116 6261817
<b>Email:</b>	<a href="mailto:info@joylinkhealthcare.co.uk">info@joylinkhealthcare.co.uk</a>
<b>Website</b>	<a href="http://www.joylinkhealthcare.co.uk">www.joylinkhealthcare.co.uk</a>
<b>Service description:</b>	We are a Healthcare Recruitment Agency and supply staff to Nursing homes, Residential Homes and NHS hospitals.
<b>Service charges &amp; Payment details:</b>	Hourly rate and subject to discussion. Invoiced weekly or monthly
<b>Organisation contact:</b>	Nora Badu - Director
<b>To access, contact:</b>	Contact organisation directly or any available access.
<b>Areas covered:</b>	All areas
<b>Ethnicities &amp; Genders catered for:</b>	All welcome
<b>Disabilities catered for:</b>	Physical, Sensory & Learning Disabilities
<b>Type of organisation:</b>	Private Sector organisation

## HRCS DS SAG

### Mosaic: shaping disability services

Founded in 1998 we are a direct service providing organisation managed by disabled people for disabled people. Our aim is to deliver quality services designed by disabled people that disabled people want.

**Address:** 2 Oak Spinney Park  
Ratby Lane  
Leicester Forest East  
Leicester  
LE3 3AW

**Tel:** 0116 2318720

**Fax:** 0116 2312037

**Email:** [enquiries@mosaic1898.co.uk](mailto:enquiries@mosaic1898.co.uk)

**Website:** [www.mosaic1898.co.uk](http://www.mosaic1898.co.uk)

**Service description:** ColtonCare Support Services – delivers personal, domestic and social care in the community.  
Social Groups – we a range of social and leisure groups funded through direct payments. We provide direct payments support services including payroll and managed accounts.

**Service charges & Payment details:** Varies depending on service, invoiced individually

**Organisation contact:** Michael Brittain – General Duty Manager.  
Mob: 07812804809  
Charlotte Henderson – Duty Manager  
Mob: 07792702299

**To access, contact:** The organisation directly or through a full Community Care Assessment

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical and Sensory & Learning Disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation

**New Hope Specialist Care**

We aim to offer client freedom and independence to feel safe and secure, we give training to a care team, in order for them to provide a capable care and support service. We offer support in any area and pride ourselves on going that extra mile, to make sure we give the utmost help and support.

**Address:** 118 Bull Head Street  
Wigston  
Leicester  
LE18 1PB

**Tel:** 0116 288 6974

**Fax:** 0121 544 7104

**Email:** [managerleicester@newhopecare.co.uk](mailto:managerleicester@newhopecare.co.uk)

**Website:** [www.newhopecare.co.uk](http://www.newhopecare.co.uk)

**Service description:** We would provide either 1-2 support workers to give breaks for family members this can be a sitting service within the family home or take the client on a day trip out, so the family have time at home.

**Service charges & Payment details** Clients are invoiced each month

**Organisation contact:** Cynthia Cheza - Manager

**To access, contact:** Directly or from Social Services and C.H.C. we can take clients from private to Social Services.

**Areas covered:** All Areas (except Mkt. Harborough)

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical, Sensory and Learning Disabilities

**Type of organisation:** Private Sector Organisation

## HRCS DS

### Pure Homecare

We are a leading, award winning, Leicester based care agency providing a range of trusted home-based and day to day living services throughout Leicestershire. We help people in need of extra care and to support their families. Our fully qualified and experienced Caregivers offer a variety of quality; client-centred care services to adults whatever their needs as they are all extremely valuable to us. We believe that consistency is important for our clients which is why we generally ensure that all people in our care receive one to one contact from the same Caregiver/s. We feel it is important to reassure our clients and their families that they are receiving a high standard of care. We also provide Training Centres for those working in the care sector & residential homes. These are led by professionals and cover- Moving & handling, Medication, Safe Guarding Adults at risk, End of Life. We also offer tailor made specific training. Contact details for this:- **Mark on 0116 254 9450 (professionals only).**

**Address:** 3.2 suites Linhouse  
Oadby  
Leicester  
LE2 5BB

**Tel:** 0116 2549450  
**Fax:** 0116 2557988

**Email:** [support@purehomecare.co.uk](mailto:support@purehomecare.co.uk)  
**Website:** [www.purehomecare.co.uk](http://www.purehomecare.co.uk)

**Service description:** Pure Homecare offers day, night and weekend support services to cover all areas of care. Live in, night shifts, companionship calls, brain injury, complex needs

**Service charges & Payment details** We charge on an hourly rate, depending on the complexity of care required. Invoiced monthly via cheque, BACs, cash or direct debits.

**Organisation contact:** Aron Johnson– Sales and Marketing Consultant.  
[aronjohnson@purehomecare.co.uk](mailto:aronjohnson@purehomecare.co.uk)

**To access, contact:** CHC, Website, directly or as a referral through your GP or District Nurse.

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical, Sensory and Learning Disabilities  
**Type of organisation:** Private Sector Organisation

**HRCS DS SAG SHSG**  
**The Alzheimer's Society**

Founded in 1979, The Alzheimer's Society is the UK's leading care and research charity for people with Dementia and those who care for them. We exist to champion the rights of everyone with Dementia and those who care for them.

<b>Address:</b>	4 Oak Spinney Park Ratby Lane Leicester LE3 3AW
<b>Tel:</b>	0116 2311111 <b>0300 222 1122 (Alzheimer's Society National Helpline)</b>
<b>Fax:</b>	0116 2510366
<b>Email:</b>	<a href="mailto:sally.grundy@alzheimers.org.uk">sally.grundy@alzheimers.org.uk</a>
<b>Service description:</b>	Befriending services for Leicester & Leicestershire. Local support groups in Loughborough, Coalville, Market Harborough, Oakham, Melton Mowbray, Syston and Blaby providing social activities and information and support to carers and service users.
<b>Service charges &amp; Payment details:</b>	Service is free. Small charge for refreshments
<b>Organisation contact:</b>	Tracey Siniane – Locality Administrator
<b>To access, contact:</b>	The organisation directly or through Social Services, GPs, Day Centres.
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Dementia
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

**HRCS DS**

## **The Care Agency Ltd**

The Care Agency was established in 1990, our aim is to enable our clients to maximise and maintain their personal independence by introducing carers who have similar interests. We liaise with the clients family to provide consistent, competent & caring services. Our carers supply a variety of live in duties, to give peace of mind for both the client and their family.

**Address:** 23a Church Street  
Lutterworth  
Leicestershire  
LE17 4AE

**Tel:** 01455 559988 / 0333 121 2301

**Fax:** 01455 559885

**Email:** [info@thecareagency.co.uk](mailto:info@thecareagency.co.uk)

**Website:** [www.thecareagency.co.uk](http://www.thecareagency.co.uk)

**Service description:** The Care Agency arranges 24 hr, live-in care at home, mainly for elderly clients – this can be for respite or holiday cover. Support can be arranged with washing, dressing, personal care, medications, accompany client to social occasions, shopping as well as all household duties. Will manage affairs within guidelines.

**Service charges & Payment details:** £680 per week  
Daily rates from £80.50 - £100.00 per day.  
Clients pay carers directly at the end of each live in booking.  
Clients are invoiced for the agency fee of £19.96 inc. VAT.  
The carers' fee is paid directly to them at the end of their booking.

**Organisation contact:** Sarah Keeshan – Branch manager

**To access, contact:** The organisation directly

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical & Sensory Disabilities

**Type of organisation:** Private Sector Organisation



## **Supported Living**

Supported living or supportive living provides a choice to people as to where they would like to live and who they would like to live with, along with how they would like to receive their support. This is dependent on the housing availability.

This can be through the Council and Private Housing in Leicester City AND Services to enable people where possible to live close to family and friends. Supported Living is an alternative to residential care for people who are assessed as eligible for services.

## SL

### Adjuvo (Midlands) Support for Living Ltd. Service – Hunters Rest Scheme

Hunters Rest is an integrated living service, providing high quality self-contained accommodation to service users with various levels of needs. The defining feature for this service is the 24 hour presence of support on site.

**Address:** Carlisle Street  
Leicester  
LE3 6AF

**Tel:** 0116 233 6064 / 07867904595  
**Fax:**

**Email:** sandra.green@adjuvocare.co.uk  
**Website:** adjuvocare.co.uk

**Service description:** The core principals of Hunters Rest is to develop the capacity and independence of individuals, contribute to the reduction of people entering residential or nursing care. Increase the number of people into the community. Safe discharges from hospitals. Promote independence, wellbeing and social inclusion. Enabling individuals to achieve positive outcomes and promote self-worth.

#### **Service charges &**

**Payment details:** Please contact the service for current charges. We accept direct payments; Local authority & NHS payments. Privately funded, Personal health budgets.

**Organisation contact:** Sandra Green - Manager

**To access, contact:** Self-referrals and from Organisations, family supporting the individual.

**Areas covered:** All Areas

#### **Ethnicities &**

**Genders catered for:** All welcome

**Disabilities catered for:** Physical, Sensory Impairment, Learning Disabilities

**Type of organisation:** Private Sector Organisation

# Social and Activity Groups

Throughout Leicester, Leicestershire & Rutland there are many Social and Activity groups running for the carer and / or the cared for.

These groups offer a range of activities, some based around a common interest, some based around a condition or disability.

These groups offer carers the chance to either have a short break whilst the person they care for attends or for the carer to attend and meet with similar people to have fun and socialise.

Included in this section are also luncheon clubs. These provide the cared for person with a hot meal and the chance to socialise with others outside the caring relationship.

The groups and luncheon clubs vary in how often they meet, who they cater for and what they charge.

## SAG

### Age UK Lutterworth District

Your local Age UK working for all those people in later life, of Lutterworth and the surrounding villages, to make it a fulfilling and enjoyable experience. A Lutterworth charity working for Lutterworth people.

<b>Address:</b>	7 High Street Lutterworth LE17 4AT
<b>Tel:</b>	01455 557116
<b>Email:</b>	<a href="mailto:info@ageconcernlutterworth.org.uk">info@ageconcernlutterworth.org.uk</a>
<b>Website:</b>	<a href="http://www.ageconcernlutterworth.co.uk">www.ageconcernlutterworth.co.uk</a>
<b>Service description:</b>	We have 2 travelling lunch clubs, line dancing, board games, exercise classes, drop-in, monthly excursions, indoor bowls, bingo, tenpin bowling, day events.
<b>Service charges &amp; Payment details:</b>	Varies depending on the service provided, On the day or in advance
<b>Organisation contact:</b>	Alison Anderson
<b>To access, contact:</b>	Contact the organisation directly
<b>Areas covered:</b>	Lutterworth and surrounding areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical, Sensory & Learning Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## SAG

### Ashby Baptist Church

We are a church community. Our motto is to know God, to love God and to show God through Jesus, which is expressed through our offering of a worship. Space and opportunities are offered to all with spiritual needs and there are fellowship groups for people who are lonely and in need of company and stimulation.

We aim to contribute to the social capital of the community as a whole.

**Address:** Ashby Baptist Church  
Brook Street  
Ashby-de-la-Zouch  
Leicestershire  
LE65 1HA

**Tel:** 01530 413721

**Email:** [info@ashbybaptist.co.uk](mailto:info@ashbybaptist.co.uk)

**Website:** [www.ashbybaptist.co.uk](http://www.ashbybaptist.co.uk)

**Service description:** Mondays – bible study and lunch 11:30-2:00  
Art and crafts afternoon, Mondays twice monthly 2:00-4:00  
Wednesday and Saturday coffee morning  
1:30-12:00  
Wednesday midweek service 2:00-4:00  
Friday lunch club 1:15-3:30  
2<sup>nd</sup> Saturday each month is fellowship service for older people with tea.

**Service charges & Payment details:** No charge – voluntary donations accepted.  
Lunch club £2.50. Holiday at home £6.00 per day. Pay on day.

**Organisation contact:** Rev. Diane Holmes – Team Minister  
Graeme Heath – Team Minister

**To access, contact:** Contact the organisation directly, occasional referrals from Social Services and health centres

**Areas covered:** North West Leicestershire District

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical and Sensory and Learning Disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation

## SAG

### Ashby & District Stroke Support

The group is nearly 20 years old. We meet fortnightly and are a social group for stroke survivors and their carers. Carers are welcome to come or to have a break. No medical referral is necessary.

<b>Address:</b>	Brown Court Atkinson Road Ashby-de-la-Zouch Leicestershire LE65 2LZ
<b>Tel:</b>	01530 413723
<b>Email:</b>	<a href="mailto:ashbygroupsecretary@yahoo.co.uk">ashbygroupsecretary@yahoo.co.uk</a>
<b>Website:</b>	<a href="http://www.ashbystroke.org.uk">www.ashbystroke.org.uk</a>
<b>Service description:</b>	The group offers self help, official information, speakers on a wide variety of subjects, meals out, outings, chat and friendship.
<b>Service charges &amp; Payment details:</b>	Members will be charged for the meeting plus a small transport charge to help with costs. On meals out members pay for themselves.
<b>Organisation contact:</b>	Pat Fone – Organiser
<b>To access, contact:</b>	Contact the organisation directly or via referral
<b>Areas covered:</b>	North West Leicestershire District
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical and Sensory and Learning Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

**SAG DS**  
**GALAXY ARTS**

Galaxy Arts is a performing arts day opportunity for adults with learning disabilities and Autism using dance, drama and music to be creative, explore different art forms, boost confidence and use the arts to express individuality.

<b>Address:</b>	1 Darker Street Leicester LE1 6RH
<b>Tel:</b>	07789498094
<b>Email:</b>	galaxyartsuk@gmail.com
<b>Website:</b>	NA
<b>Service description:</b>	Day opportunity Monday-Drama; Tuesday-Dance;Wednesday-Music 9:30am-2pm based at central dance and creative arts academy Leicester.
<b>Service charges &amp; Payment details:</b>	£25 per session with direct payment or self funded.
<b>Organisation contact:</b>	Victoria Obodoagwu -Director
<b>To access, contact:</b>	The company directly
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Learning Disabilities – Adults 18+.
<b>Type of organisation:</b>	Private Sector Organisation

## **SAG SHSG**

### **Hinckley & District Branch of the Parkinson's Disease Society**

We offer support and friendship to people with Parkinson's, their carers and family. We provide information and advice as a diagnosis can be a devastating piece of news but with help and support life does go on and there is still lots to look forward to.

**Tel:** 01455 891643

**Email:** janet.ankers@ntlworld.com

**Service description:** A monthly meeting on the second Sunday of each month 2:30pm –4:30pm at the Mary Forryan Centre, St Peters Roman Catholic Church, Leicester Road, Hinckley. We also have day trips out. There is always information and advice at the meetings where you can have a cup of tea in a friendly atmosphere.

**Service charges & Payment details:** Just £4 membership fee to head office. £1 refreshment costs.

**Organisation contact:** Jennifer Hill - (chair) 01455 891643  
Jackie Conn –Regional Support Officer

**To access, contact:** The organisation directly

**Areas covered:** Hinckley & Bosworth District

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Parkinson's & Physical Disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation



## SAG

### Parkinson's UK – Leicester & District Branch

**Address:**

282 Hinckley Road  
Leicester  
LE3 0TL

**Tel:**

**Fax:**

0344 225 3626

**Email:**

advisor4.central@parkinsons.org.uk

**Website:**

[www.parkinsons.org.uk/leicester](http://www.parkinsons.org.uk/leicester)

**Service description:**

We hold meetings around the City and County. Leicester, Coalville, Loughborough, Syston, Oadby, Oakham, Market Harborough

**Service charges &**

**Payment details:**

No charge except Donations

**Organisation contact:**

Helen Brewin- Advisor

**To access, contact:**

The organisation directly

**Areas covered:**

All Areas

**Ethnicities &**

**Genders catered for:**

All Welcome

**Disabilities catered for:**

Parkinson's & Physical Disabilities

**Type of organisation:**

Voluntary Sector / Charitable Organisation

## SAG

### Ratby Senior Citizens Welfare Association

Our organisation was set up 50 years ago to cater for the needs of elderly villagers. At present many clubs and groups use our hall for activities such as dancing, bowling, short mat etc.

Our Evergreen club has Bingo sessions and a weekly Drop-in coffee morning has been running for almost 20 years.

A committee made up of 8 people is responsible for the day to day running of the hall.

<b>Address:</b>	Village Hall c/o 18 Station Road Ratby Leicestershire LE6 0JN
<b>Tel:</b>	0116 2387193
<b>Email:</b>	na
<b>Service description:</b>	Our village hall is available for hire and parties etc are booked on a regular basis. Sunday and Bank Holidays closed
<b>Service charges &amp; Payment details:</b>	The hire of the hall is a very competitive rate
<b>Organisation contact:</b>	Elaine Sharp
<b>To access, contact:</b>	Directly.
<b>Areas covered:</b>	Hinckley & Bosworth District
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## SAG

### Thursday Lunch Club

A weekly lunch club to help OAP's get out and meet others and enjoy a meal together.

**Address:** 2 Sherrier Way  
Lutterworth  
Leicestershire  
LE17 4NW

**Tel:** 01455 557412

**Service charges & Payment details:** £4.00 to include cost of meal and rent of premises used. Pay on the day

**Organisation contact:** Rita Nicholls - Organiser

**To access, contact:** The organisation directly or through Social Services referrals

**Areas covered:** Lutterworth / Walcote area

**Ethnicities & Genders catered for:** All Welcome

**Type of organisation:** Voluntary Sector / Charitable Organisation

## **Self Help & Support Groups**

For many carers there is a need not only for respite / short breaks or socialising with other carers but also to try and do as much to help themselves as possible.

This can take the form of joining a support group where they can meet with carers dealing with the same condition or disability to share information and receive moral support.

It may take the form of counselling or befriending for themselves to help them deal with the changes in their lives that taking on a caring role creates.

This section lists organisations that are primarily aimed at giving support to carers rather than the cared for person.

## **SHSG** **Bipolar UK**

The Wigston Bipolar self-help group belongs to the national network of local groups run by Bipolar UK. The group is open to anyone affected by Bipolar, in Wigston and surrounding areas.

**Address:**

Kings Centre  
56 Bull Head Street  
Wigston  
LE18 1PA

**Tel:** 0845 434 9971 0333 323 3880

**Email:** [info@bipolar.org](mailto:info@bipolar.org)

**Service description:** Group meetings are held on third Wednesday of each month from 7.30 – 9.00pm these are friendly, confidential and informative. They are open to all individuals affected by bipolar, including those with a diagnosis, family members, friends and carers.

**Service charges:** This service is FREE

**To access, contact:** Directly, or through the London office on 020 7931 6480.

**Areas covered:** Wigston and Borough

**Ethnicities &  
Genders catered for:** All Welcome

**Disabilities catered for:** Mental Health

**Type of organisation:** Voluntary Sector / Charitable Organisation

## SHSG

### British Red Cross Independent Living

We have a nationwide website and mail order business which has over 400 products on it.

Our retail shop stocks over 800 products all designed to help make life easier.

All funds generated through the sale of our products are used by The British Red Cross to help people in crisis, whoever or wherever they are.

<b>Address:</b>	Bridge Park Plaza Bridge Park Road Thurmaston, Leicester LE4 8BL
<b>Tel:</b>	03450547171 (main line general enquiries)
<b>Email:</b>	<a href="mailto:dlcinfo@redcross.org.uk">dlcinfo@redcross.org.uk</a>
<b>Service description:</b>	The British Red Cross provide a wide range of services throughout Leicester, Leicestershire & Rutland and produce a wide range of information to help you.
<b>Service charges:</b>	Depends on service
<b>To access, contact:</b>	03450547171 Main Line General Enquiries
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical and Sensory and Learning Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## **SHSG SAG**

### **Gujarat Hindu Association**

We

- Create and promote peace and harmony amongst all communities
- Provide advice and support to Gujarati Hindu organisations based locally and nationally
- Initiate and host a series of cultural events such as Raas Garba competitions and Diwali celebrations
- Take a lead role in development of social, cultural and educational projects in communities in Leicester
- Publish the cultural and educational magazine “Ame Gujarati”

**Address:** Leicester Hindu Festival Council  
51 Loughborough Road  
Leicester  
LE4 5LJ

**Tel:** 0116 2668266  
**Fax:** N/A

**Email:** vva@ghauk.com

**Organisation contact:** Mrs Vaidehi V Acharya – General Enquiries

**To access, contact:** Contact the organisation directly

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** All

**Type of organisation:** Voluntary Sector / Charitable Organisation

## **SHSG**

### **Hospice Hope**

Hospice Hope was formed in 2002 to support people with life limiting illnesses in NW Leicestershire. We run two Support Cafes in Ashby & Coalville, where guests (both patients & carers) can relax, take a break & receive emotional support. Our wider aim is to open a day care centre, 5 days a week, to provide a wide range of services to local people.

<b>Address:</b>	Hospice Hope 23 Ashby Road Ravenstone Leicestershire LE67 2AA
<b>Tel:</b>	General enquiries 07935 800 658 Making Referrals contact 01530 222079
<b>Email:</b>	info@hospicehope.org.uk
<b>Website:</b>	<a href="http://www.hospicehope.org.uk">www.hospicehope.org.uk</a>
<b>Service description:</b>	We run a 4 weekly drop-in support group run by an experienced team, In Ashby, Coalville / Whitwick, Ibstock, Castle Donington - you can take part in group activities or relax with a complimentary therapy session. Our Day Centre located in Griffydam is open on Monday & Thursday for extensive support for patience only. This gives carers a break. Transport to and from is offered to those unable to get there.
<b>Service charges &amp; Payment details:</b>	Free
<b>Organisation contact:</b>	Jane Hagreen – Charity Administrator
<b>To access, contact:</b>	Directly by an Individual or through healthcare professionals in the NW Leicestershire area.
<b>Areas covered:</b>	NW Leicestershire
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation



## SHSG

### Leicestershire Citizens Advice Bureau

We can offer advice and information on a wide range of enquiries such as Debt, Welfare Benefit, Housing, Employment, Health & Community Care, Immigration, And More.....

**Address:** 1<sup>st</sup> Floor  
Leicester City Council  
Customer Service Centre  
91 Grandby Street  
Leicester  
LE1 6FB

**Tel:** 0300 330 1025 Monday – Friday 9.00am – 4.30pm

**Website:** [www.leicscab.org.uk](http://www.leicscab.org.uk)

**To access, contact:** Ring Advice Line, or by referral from other organisations.  
(Drop In is available for clients facing an emergency situation – eviction, court action, homelessness, no food/fuel/abuse.)

**Areas covered:** Provides FREE independent and confidential advice to anyone who lives in Leicester.

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical and Sensory & Learning Disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation

## SHSG

### Leicester City Council – Health and Social Care

Leicester City Adult Social Care services, supports adults and older people who are in need of personal care services. We recognise the concerns and anxieties of carers that are often caused by difficulties in finding the right sort of help.

**Address:** Adults & Housing  
1 Grey Friars  
Leicester  
LE1 5PH

**Tel:** 0116 454 1000  
**Emergencies:** 0116 255 1606 (outside office hours & weekends)

**Email:** [customer.services@leicester.gov.uk](mailto:customer.services@leicester.gov.uk)

**Website:** [www.leicester.gov.uk](http://www.leicester.gov.uk)

**Service description:** Open Monday – Friday 9am – 4pm  
When a care relationship is 24 hours per day, 7 days a week a break is not a luxury but essential to maintaining the caring role.  
We can provide or arrange a number of different services which may help people stay independent and help carers to continue their caring role.

**Service charges & Payment details:** Advice and information is free.  
Charges for services vary. Payment varies according to service

**To access, contact:** The organisation directly.

**Areas covered:** Leicester

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical and Sensory and Learning Disabilities

**Type of organisation:** Statutory Sector Organisation

## **SHSG**

### **Leicestershire County Council**

We aim to support people to live in their own homes for as long as they are able to do so. This includes support to carers

**Address:** County Hall  
Glenfield  
Leicester  
LE3 8RL

**Tel:** 0116 232 3232

**Website:** [www.leics.gov.uk](http://www.leics.gov.uk)

**Service description:** Open Monday – Thursday 8am – 5pm  
Friday 8.30am – 4.30pm  
There is a range of ways in which we can offer support. We may be able to provide services for the person for whom you are caring, or for you or for a combination of both.

**Service charges & Payment details:** Advice and Information is free. Charges for services vary.

**To access, contact:** The organisation directly

**Areas covered:** Leicestershire

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical and Sensory and Learning Disabilities

**Type of organisation:** Statutory Sector Organisation

## SHSG

### Papworth Trust Centre

We aim to carry out housing repairs and adaptations to older and more vulnerable people who live in private sector housing or privately rented accommodation, so that they can continue to live at home in comfort, safely and securely. We also run a handy person service to carry out smaller jobs and do benefit checks to ensure that our clients are claiming everything that they are entitled to.

<b>Address:</b>	Papworth Trust 51 Kenilworth Drive Oadby Leicester LE2 5LT
<b>Tel:</b>	0800 952 5000 (free) 10am-5pm Monday-Friday.
<b>Email:</b>	<a href="mailto:info@papworthtrust.org.uk">info@papworthtrust.org.uk</a>
<b>Website:</b>	<a href="http://www.papworth.org.uk">www.papworth.org.uk</a>
<b>Service description:</b>	We administer local authority grants for minor and major works and disabled adaptations and work with local and national charities for those who cannot afford to carry out repairs to their homes. We also organise private work. We have contractors who are vetted and approved to work with vulnerable people. We also have advisers and technical staff to do plans and schedules and give expert advice.
<b>Service charges &amp; Payment Details:</b>	We try to obtain funding but each job is taken on its own merit and dependent on income and benefits.
<b>Payment details:</b>	Generally invoiced when work is complete
<b>Organisation contact:</b>	The phones are answered by administration staff who deal with initial enquiries.
<b>To access, contact:</b>	Contact the organisation directly or through referrals from Social Services, Local Authorities, Age Concern, RBL, SAFFA
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical Sensory and Learning Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## SHSG

### Patient Advice & Liaison Service (PALS)

PALS aim to help solve any problems, concerns or questions you have when using health services in the area. We work with patients and staff to improve our health service for everyone.

**Address:** Leicestershire Partnership NHS Trust  
Riverside House  
Bridge Park Plaza  
Bridge Park Road  
Thurmaston  
Leicester  
LE4 8PQ

**Tel:** 0116 295 0830

**Email:** [PALS@leicspart.nhs.uk](mailto:PALS@leicspart.nhs.uk)

**Service description:** We provide information, advice and support to patients, their families and carers, on NHS services and local support groups.  
We help you with complaints and provide more information on how to get more involved in developing NHS services. We have British Sign Language Support and Interpreters on request.

**To access, contact:** The organisation directly

**Areas covered:** All Areas

**Ethnicities &  
Genders catered for:** All Welcome

**Disabilities catered for:** Physical, Sensory & Learning Disabilities

**Type of organisation:** Voluntary Sector / Charitable Organisation

**SHSG**  
**Rutland County Council**

We provide a wide range of services and we have provided as much information as possible online.

**Address:** Rutland County Council  
Catmose  
Oakham  
Rutland  
LE15 6HP

**Tel:** 01572 722577  
**Fax:** 01572 758307

**Email:** [enquiries@rutland.gov.uk](mailto:enquiries@rutland.gov.uk)

**Areas covered:** Rutland

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Various

**Type of organisation:** Statutory Sector Organisation

## SHSG

### The Bower House – Harborough Christian Counselling Service

We are a trained Christian counselling service available to all. We deal with all kinds of life issues- specific problems, crises, inner conflicts, relationships. This is for individuals, couples or families with the opportunity to talk confidentially. Our services are free, we accept any donations for the furtherance of the service.

<b>Address:</b>	32 Coventry Road Market Harborough Leicestershire LE16 9BZ
<b>Tel:</b>	01858 469257
<b>Service charges &amp; Payment details:</b>	<a href="http://www.bowerhouse.btck.co.uk">www.bowerhouse.btck.co.uk</a>
<b>Organisation contact:</b>	Patricia– Service Co-ordinators Philippa – Counsellor Coordinator
<b>To access, contact:</b>	Contact the organisation directly
<b>Areas covered:</b>	Harborough District
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## SHSG

### The Carers Centre

The Carers Centre is a registered charity which was set up in 1994 to support carers in Leicester, Leicestershire & Rutland. All of our services are aimed at the carer rather than the cared for.

**Address:** Unit 19, 4<sup>th</sup> Floor, Matrix House  
7, Constitution Hill  
Leicester  
LE1 1PL

**Tel:** 0116 2510 999

**Fax:** 0116 251 3514

**Email:** [enquiries@thecarerscentre.org.uk](mailto:enquiries@thecarerscentre.org.uk)

**Website:** [www.thecarerscentre.org.uk](http://www.thecarerscentre.org.uk)

#### Service description:

**Information-** respite care/ short breaks directories for carers of older people & adults with physical, sensory, or learning disabilities. Also a website, newsletter and information covering a wide range of illnesses, conditions and issues.

**Support Groups-** offers carers in Leicester the opportunity to meet with others in similar situations and enjoy quality social time.

**Self-help Groups-** an advocate will offer advice with paperwork, caring issues, questions in a small group meeting. Once a week from 11am-1pm

**Caring with Confidence-** a seven week programme running in the city and county covering looking after yourself physically and mentally, improving your communications skills finding out what you may be entitled to, dealing with everyday caring and emergencies and getting balance in your life and finding a bit of time for yourself.

**Training and Information Sessions –** We hold training and information on a wide range of topics around caring, looking after yourself, your legal rights, first aid, going back to work. All of these sessions are designed to empower carers to make positive changes to their lives.

**Cont :**



**Advice and Information Services** – We can provide you with a directory of services providing short breaks in Leicester, Leicestershire and Rutland, give information about your rights, explain the social care system and how it works and keep you informed through our regular magazine “United!”

**Support Groups** – We offer a range of support activities and meetings for carers, to give you a break from caring and to help you to cope better with your caring situation.

<b>Service charges:</b>	ALL SERVICES ARE FREE
<b>Organisation contact:</b>	Contact Main Reception on 0116 2510 999
<b>To access, contact:</b>	Contact the organisation directly or through referrals from Social Services, GP’s or other agencies.
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	All
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## SHSG

### Voluntary Action Rutland

Our aim is to relieve poverty and stress for the people of Rutland, to support organisational development, to recruit, support and place volunteers and to provide social car schemes.

<b>Address:</b>	Rutland Volunteer Centre Lands End Way Oakham Rutland LE15 6RB
<b>Tel:</b>	01572 722622
<b>Fax:</b>	01572 725488
<b>Email:</b>	<a href="mailto:enquiries@varutland.org.uk">enquiries@varutland.org.uk</a>
<b>Website:</b>	<a href="http://www.varutland.org.uk">www.varutland.org.uk</a>
<b>Service description:</b>	VAR provides the facilities for other organisations to deliver services
<b>Service charges &amp; Payment details</b>	Charges for room and refreshments and support services. Will be invoiced.
<b>Organisation contact:</b>	Carole – Senior Admin
<b>To access, contact:</b>	Contact the organisation directly
<b>Areas covered:</b>	Rutland
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	All
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## SHSG

### VASL Support for Carers in Leicestershire

Support for Carers Leicestershire aspires to inform and support carers in all communities throughout Leicestershire. Our aim is to improve the quality of life for carers, promote their health and well-being and to encourage them to make real choices about their lives.

**Address:** VASL Support for Carers in Leicestershire  
The Settling Rooms  
St Marys Place, Springfield Street  
Market Harborough  
LE16 7DR

**Tel:** 0845 689 9510  
**Fax:** 01858 410047

**Email:** [Maureen@supportforcarers.org](mailto:Maureen@supportforcarers.org)  
**Website:** [www.supportforcarers.org](http://www.supportforcarers.org)

**Service description:** The service offers a range of support including

- A dedicated telephone advice line open Monday – Thursday from 9am – 5pm and Friday 9am – 4.30pm
- A website full of useful information and news on a range of subjects including financial support for carers, local events and activities and a directory of support services available in your area.
- A telephone befriending service specifically for carers.
- The chance to meet and talk to other carers at local carers' support groups and via online forums.

**Organisation contact:** Pat Wilkins– Service Manager

**To access, contact:** The organisation directly

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All Welcome

**Disabilities catered for:** Physical and Sensory & Learning Disabilities

**Type of organisation:** Voluntary sector / Charitable Organisation

# Introduction

This section covers

## **Short Breaks for Carers of Adults with Learning Disabilities, Sensory Impairment and Physical Disabilities**

Who is a carer? A carer is “someone of any age whose life is affected by the need to help another person with daily living.”

What are short breaks? Short breaks are where carers have an opportunity to have a break from their caring role. This may be for two weeks once a year or for a couple of hours every week or for any variation in between.

With this in mind the Short Breaks Section is designed to provide a range of information to help carers take a break.

The Short Breaks Section is designed as a central reference point for both carers and professionals working with carers, showing them what services are available in Leicester, Leicestershire & Rutland. It is hoped that this will lead to more carers receiving the type of short breaks that they really want and need.

- Every effort has been made to check that the information in this directory is accurate at the date of publishing.
- The publishers cannot accept any liability for errors or omissions.
- Inclusion of an organisation in the directory does not imply recommendations.

The directory has been produced by The Carers Centre and funded by the Primary Care Trusts in Leicester, Leicestershire & Rutland.

We would welcome any questions or comments regarding this directory. If you would like to receive this in a different language or format – Braille, Large print or Audio Tape, please contact

**The Carers Centre on 0116 2510 999.**

# Service Descriptions

## Day Services

There are a wide range of Day Services available such as Day Centres and Drop-in Clubs.

Some are run once a week, others five days a week. They offer a variety of activities which people can join in, including drop-in clubs, social or therapeutic groups. Some day centres and day services are aimed at specific groups of people i.e. those with a particular disability or those from a specific ethnic group.

## Home Respite Care Schemes

Care Attendant Schemes and Home Respite Care Schemes are where a paid carer will come into the cared for person's home. They provide services to meet the person's assessed needs, often taking over the responsibilities of the carer. This enables the carer to access respite time. They can spend this time as they wish, from going out, catching up on housework or sleep.

Some of the services that these schemes provide include such things as getting the cared for person up in the morning, putting them to bed at night, shopping, cleaning, taking them to the doctors' appointments etc.

## Sitting Services

Sitting Services are where a paid carer will come into the cared for person's home and spend time with them. This gives the carer the opportunity to have a break from their caring role. They can spend this time in any way they want.

## Luncheon Clubs

Luncheon Clubs provide the cared for person with hot meals and the chance to socialise with others outside the caring relationship. There are a wide range of luncheon clubs available and they vary in how often they meet, who they cater for and what they charge.

## KEY TO SERVICES

**PD**      **Physical Disabilities**

**SI**      **Sensory Impairment**

**LD**      **Learning Disabilities**

## SB PD

### Disabled Adventure Charity

We are a self-help group. We have socials and holidays together. We have a minibus and use a mobility coach and stay in wheelchair friendly hotels. Holidays are in the UK and abroad. People of all disabilities are welcome. They can come alone or with families or bring a carer. **We DO NOT provide care or supervision** but we do provide friendship and the support of being a group.

<b>Address:</b>	31 Glenfrith Close Mountsorrel Loughborough Leics. LE12 7GB
<b>Tel:</b>	0116 2303325
<b>Fax:</b>	
<b>Email:</b>	mayjune1945@hotmail.co.uk
<b>Website:</b>	www.disabledadventureclub.org.uk
<b>Service description:</b>	Anyone can attend if they are able to look after themselves. They are welcome to bring along family, friends or carers. Disability aids welcome- wheelchairs, guide dogs etc.
<b>Service charges &amp; Payment details</b>	1 holiday year using local village Travel Company. Holidays may vary. Outings – pay on day. Holidays – pay in advance.
<b>Organisation contact:</b>	Mary
<b>To access, contact:</b>	Directly or through the website
<b>Areas covered:</b>	All areas
<b>Ethnicities &amp; Genders catered for:</b>	All welcome, 50% are of Asian origin
<b>Disabilities catered for:</b>	Physical Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

**SB PD**

## **Leicester, Leicestershire & Rutland Headway**

We offer support and services to adults with an acquired brain injury. We provide an activity day service 5 days a week and a Leicester, Leicestershire and Rutland wide outreach service. We work with individuals to enable them to cope with their changed lives and provide them with the confidence and skills to move on.

<b>Address:</b>	4 Hospital Close Leicester LE4 5WP
<b>Tel:</b>	0116 2739763
<b>Fax:</b>	0116 2733212
<b>Email:</b>	headway@headwayleicester.org.uk
<b>Website:</b>	www.headwayleicester.org.uk
<b>Service description:</b>	<b>Day Service</b> – The Day Service is open Monday – Friday 9.45am – 2.45pm. <b>Support Groups</b> – There is 1 outreach group operating in the Oakham Area
<b>Service charges &amp; Payment details</b>	£1.40 daily charges for day services. Payment on the day. Lunch £1.50 - £2.00
<b>Organisation contact:</b>	Mary Golty – service Director
<b>To access, contact:</b>	Contact directly or through Social services referral.
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All welcome
<b>Disabilities catered for:</b>	Brain Injuries
<b>Type of organisation:</b>	Voluntary Sector / Charitable organisation

## SB DS LD

### Leicester Mencap Society

Leicester Mencap started over 50 years ago and is affiliated to Royal Mencap. It is part of the largest learning disability charity in the UK and aims to provide support and services to those with a learning disability and parents and carers.

**Address:** 155-157  
Upperton Road  
Leicester  
LE3 0HF

**Tel:** 0116 2547712  
**Fax:**

**Email:** [helpline@mencap.org.uk](mailto:helpline@mencap.org.uk)  
**Website:**

**Service description:** Offers self-help, social and activity groups and support and social groups. Advocacy Support, Day Services

**Service charges & Payment details:** Charges vary depending on the service used, Advocacy/Carer. Free of charge.

**Organisation contact:** Helen Perry – Advocacy Co-ordinator

**To access, contact:** Contact the organisation directly

**Areas covered:** Leicester City – Advocacy. Leicestershire Council – Carer Project. Day Service. Information Advisor

**Ethnicities & Genders catered for:** All welcome

**Disabilities catered for:** Learning Disabilities

**Type of organisation:** Voluntary Sector / Charitable organisation



**SB PD LD**

**Quorndon Care Ltd**

This is a Domiciliary Care Agency dealing with people with learning and physical disabilities and older people.

**Address:** 34 Bakewell Road  
Loughborough  
Leicestershire  
LE11 5QY

**Tel:** 01509 415159  
**Fax:**

**Email:** quorndoncare@hotmail.com  
**Website:** www.quorndoncare.co.uk

**Service description:** We offer 1 hour – 24 hour care in the client's own home.  
Day care, appointments and social trips. Respite services.

**Service charges & Payment details** £14.35 per hour weekdays, £16.30 per hour weekends  
Direct payment from clients.

**Organisation contact:** Deborah Plant / Christine Parker

**To access, contact:** Contact the organisation directly

**Areas covered:** All Areas

**Ethnicities & Genders catered for:** All welcome

**Disabilities catered for:** Learning Disability – over 65+, Mental Health – under 65  
(Dementia and physical sensory)

**Type of organisation:** Private Sector

**SB PD**

## **South Leicestershire Council for Voluntary Services – Carers Project**

The projects role is to provide information, guidance, support and help to access the appropriate services, to anyone looking after a relative or friend who is sick, disabled or elderly.

<b>Address:</b>	The Settling Rooms Torch House Torch Way Market Harborough Leicestershire LE16 9HL
<b>Tel:</b>	01858433232
<b>Fax:</b>	01858 410 047
<b>Email:</b>	<a href="mailto:admin@vasl.org.uk">admin@vasl.org.uk</a>
<b>Website:</b>	<a href="http://www.supportforcarers.org">www.supportforcarers.org</a>
<b>Service description:</b>	Quarterly forums – with speakers and service providers. This gives carers the opportunity to meet and share information. Newsletter, information events, training, relaxation, monthly group meetings.
<b>Service charges &amp; Payment details</b>	None
<b>Organisation contact:</b>	Pat Wilkins – Service Manager
<b>To access, contact:</b>	Directly or through service providers.
<b>Areas covered:</b>	South Leicestershire
<b>Ethnicities &amp; Genders catered for:</b>	All welcome
<b>Disabilities catered for:</b>	Physical Disabilities
<b>Type of organisation:</b>	Voluntary Sector Organisation

## **Holidays Catering to the Disabled**

We have included a range of holiday homes that cater to Learning and Physical Disabilities. They have a selected choice of meals and services to accommodate both the carer and cared For.

We cannot personally recommend any of the services advertised; this is for general information only to enable individuals to make contact for further information.

## HB (Dementia)

### Mind For You Supported Holidays

We have been providing supported Short Breaks for people living with Dementia & their family & friends since May 2015. Throughout the year our experienced & compassionate support staff are available from 9am every day. Our destinations are selected by our guests to allow them to rekindle happy holiday memories. We have a Dementia friendly, homely accommodation for up to ten guests. We tailor the holiday and the support around the person living with dementia & their carer. Mind For You give our guests personal control & choice to select their individualised activities, excursions & menus before & during their break.

**Address:** Head office  
5 The Willows  
Burton On The Wolds  
Leicestershire  
LE12 5AP

**Tel:** 01509351008

**Fax:**

**Email:** [info@mindforyou.co.uk](mailto:info@mindforyou.co.uk)

**Website:** [www.mindforyou.co.uk](http://www.mindforyou.co.uk)

**Service description:** Our Short Breaks are available in Bournemouth, Edinburgh, Lancashire, Peak District, Pitlochry, North Norfolk & Yorkshire. We provide homecooked meals, ensuite accommodation in a holiday property used exclusively by ourselves. Optional, bespoke, flexible activities & excursions available as an extra cost. A door to destination service, tailored to your budget. We provide "my time" for guests to have independent time or with support from mon-fri 9:00am-5:30pm Saturdays- 9-12pm Sunday and bank holiday- closed . All our staff are experienced with Dementia.

**Service charges &** Deposit of £100, will be invoiced for the remaining amount 60 days before the start of the Short Break.

**Payment details:** **From** £550/£750 per person depending on the time of year (all inclusive) Excursions & transport to the destinations will be extra.

**Organisation contact:** Carol Sargent - Founder

**To access, contact:** Contact directly, Dementia advisors are recommending our service.

**Areas covered:** All Areas

**Ethnicities &  
Genders catered for:** All Welcome

**Disabilities catered for:** Physical Disability – Do not have hoist facility. Dementia

**Type of organisation:** Private Sector Organisation

## HB PD

### Peter Le Marchant Trust

We have over 30 years' experience of providing day trips and holidays on waterways for people of all ages with any kind of disability or serious illness.

<b>Address:</b>	Canalside Moorings Beeches Road Loughborough LE11 2NS
<b>Tel:</b>	01509 265590
<b>Fax:</b>	01509 265590
<b>Website:</b>	<a href="http://www.peterlemarchanttrust.co.uk">www.peterlemarchanttrust.co.uk</a>
<b>Email:</b>	<a href="mailto:info@peterlemarchanttrust.co.uk">info@peterlemarchanttrust.co.uk</a>
<b>Service description:</b>	There are 2 narrow boats, 1 sleeping up to 10 which does trips for 3 or 4 nights and the other which sleeps up to 8 people and is available for weekly hire. Both are disabled / wheelchair friendly. There is another boat which takes up to 26 disabled people and their carers on day trips leaving at 10am and returning at 3pm
<b>Service charges &amp; Payment details:</b>	Contact administrator for details of charges Payable on booking
<b>Organisation contact:</b>	Tina Mist
<b>To access, contact:</b>	The organisation directly
<b>Areas covered:</b>	All Areas
<b>Ethnicities &amp; Genders catered for:</b>	All Welcome
<b>Disabilities catered for:</b>	Physical, Sensory and Learning Disabilities
<b>Type of organisation:</b>	Voluntary Sector / Charitable Organisation

## **HB PD** **Revitalise**

This is a national charity providing short breaks & holidays (respite care) for people with physical disabilities & their carers.

**Address:** 212 Business Design Centre  
52 Upper Street  
London  
N1 0QH

**Openings:** Office hours are 9am to 5pm Monday to Friday

**Tel:** 0303 303 0145

**Fax:** 0207 354 8786

**Email:** [info@revitalise.org.uk](mailto:info@revitalise.org.uk)

**Web:** [www.revitalise.org.uk](http://www.revitalise.org.uk)

**Service description:** We provide accessible respite care holidays & short breaks in a friendly & relaxed environment, for family groups or couples across our four suites overlooking accessible landscaped gardens.

**Service charges & Payment details:** Full board Prices 7 nights per week, 24 hour nursing care on-call & personal support is included in the price of your break.

**Ethnicities & Genders catered for:** All Genders

**Disabilities catered for:** Disabled & Older Persons Access

**Type of organisation:** Independent Charitable Organisation

## HB PD

### The Chestnuts Holiday Cottages

Our holiday farm has its own private fishing waters nestled within the countryside and close to the East Coast and Lincolnshire Wolds. A short walk to the village of Burgh Le marsh with pubs, restaurants and shops.

**Address:** The Office – The Chestnuts  
Wainfleet Road  
Burgh Le Marsh  
Skegness  
PE24 5AH

01754 810904

**Tel:**

**Email:** chestnutsfarmbreaks@gmail.com

**Website:** www.chestnutsfarmbreaks.com

**Service description:** Our well-equipped self-contained cottages provide a relaxing, peaceful environment for all the family. There is plenty of space and a range of cottages to suit your needs, these include enclosed gardens for pets and children, single storey for easy access with ramps, ground floors, wet rooms and widened doors for the disabled.

#### **Service charges & Payment details:**

Prices vary depending on the time of year, cottage size and accessory needs.

**Organisation contact:** Claire Mackinder

**To access, contact:** Directly

**Areas covered:** East Coast

#### **Ethnicities &**

**Genders catered for:** All Genders

**Disabilities catered for:** Disabled Access

**Type of organisation:** Private Sector Organisation

## HB PD

### Tourism for All UK

Tourism for All UK is an independent charity supporting leisure and tourism opportunities for all, operating an information service to people with disabilities and older people, working with the industry and government to raise the standards for all

**Address:** 7A Pixel Mill  
44 Appleby Road  
Kendal  
Cumbria  
LA9 6ES

0845 124 9971

**Tel:**

**Email:** [info@tourismforall.org.uk](mailto:info@tourismforall.org.uk)

**Website:** [www.toruisemforall.org.uk](http://www.toruisemforall.org.uk)

**Service description:** We provide information about accommodation, travel and attractions along with activity holidays for disabled people; we also provide equipment hire, and information about places where care is available, escorts & carer services. We can supply information about sources of finance towards the cost of a holiday for people on low income.

**Service charges & Payment details:** Contact the Organisation directly

**Organisation contact:** Carrie-Ann Lightley – Information Services Manager

**To access, contact:** Directly

**Areas covered:**

**Ethnicities &**

**Genders catered for:** All Genders

**Disabilities catered for:** Disabled & Older Persons Access

**Type of organisation:** Independent Charitable Organisation



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